

**News update for November 2, 2023**

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**Save the Date!**

**November 19, 2023, Bishop Cedrick will be speaking at Trinity**  
 10:00am worship followed by lunch.  
 St. Paul’s, Trinity, and Ashton UMC will attend

**This Week at Trinity**

- Thursday** (November 2nd)
- 9:30pm UWF Executive board meeting
- Friday** (November 3rd) *Office Closed*
- 7:00pm N.A.
  - 7:00pm Candlelight N.A.
- Saturday** (November 4th) *Office Closed*
- Sunday** (November 5th)
- 9:30am Donuts and coffee
  - 10:00am Sunday Worship
  - 11:15am Fellowship Potluck soup brunch
  - 6:00pm N.A.
- Monday** (October 6th) **Mrs. Henken Funeral**
- 10:00am Mrs. Henken funeral
  - 7:00pm N.A.
- Tuesday** (October 7th)
- 6:00pm ‘Twas Christmas Rehearsals
  - 7:00pm PEO
  - 7:00pm N.A.
- Wednesday** (November 8th)
- 10:00am Upper Room Study
  - 6:00pm ‘Twas Christmas Rehearsals
  - 6:30pm Finance meeting
  - 6:30pm Cub Scout Pack Meeting
  - 7:30pm Scouts BSA

## Looking Ahead

- **November 3** (Friday) @ 6:30 to 8:30 - Church Leadership Training - Pastor Kathy Workshop at Trinity on Discernment Process in the Parlor
- **November 4** (Saturday) @ 9 am to 3 pm Brian & Andrew from Genesis Mediation - Retreat exercise for leadership team from both churches at St. Paul's.
- **November 5** (Sunday) - 9 am - Worship with Brian and Andrew at Trinity
- **November 5** - Sunday - 4 pm Workshop at Trinity by Brian and Andrew - Listening sessions - Parlor
- **November 12** -9:00am - Worship with Pastor Kathy at Trinity
- **November 19** @ 10:00am - Bishops Cedric's Visit with St. Paul's, Trinity, and Ashton present. Held at Trinity. Followed by luncheon in Mary Dawson Hall.
- **November 19** @ 4:00pm - Workshop with Bishops Cedric's at St. Paul's
- **November 26** @ 9:00am - Worship with Tommy Lew speaking at Trinity.



## UWF News



## United Women in Faith

Hey all! The next unit meeting will be November 9th at 1:00. Jill and Pam are the hostesses. We will have a guest speaker from the crisis center to talk about mental health resources in the area. It will be a great program.

See you there!

## Free Trolley Rides!

Experience the magic of Downtown Idaho Falls during the holiday season, by riding through downtown on a Horse Drawn Trolley! All Trolley rides are free. Wait for the trolley to pick you up across from Civitan Plaza at the corner of Park and B street. The trolley will take you along the festive streets of downtown and then drop you back off at Civitan Plaza!

THANK YOU to our sponsors: The SnakeBite Restaurant, XVIII, Devcon and Boss Group, for providing free Trolley rides for the community this year!



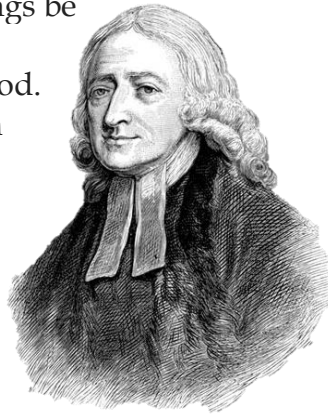
## Birthdays

### June

Henze, Dan	11/03
McBurney-Rebol, Kyla	11/05
Stewart, Nancy	11/06
McCall, Stepheny	11/09
Edwards, Martin	11/12
Rhys, Dylann	11/15
Erikson, Robert	11/16
Lybeck, Tim	11/17
Rhoades, Bailee	11/17

## John Wesley Quote

“It is desired that all things be considered as in the immediate presence of God. That we may meet with a single eye, and as little children, who have everything to learn; that every point which is proposed may be examined to the foundation.



~Minutes of Conversations, 1744

## Financial Statements

Our church's financial status January 1 - September 30, 2023



Income	\$136,154
Expenses	<u>\$128,685</u>
Current net income	\$ 7,469

## Sunday Morning Fellowship

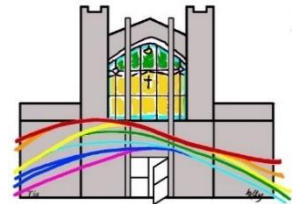
There is always food and fellowship after church

- **Every 1<sup>st</sup> Sunday: Soup Potluck**  
Bring your favorite Soup.
- **Every 2<sup>th</sup> Sunday: Regular Brunch**  
Bring your favorite dish
- **Every 3<sup>rd</sup> Sunday: Scout Brunch**  
This is a fundraiser for Troop 6 and a wonderful meal to share as we visit.
- **Every 4<sup>th</sup> Sunday: Regular Brunch**  
Bring your favorite dish

## Trinity Leadership

Below are the leadership positions for the next leader year. Please let the appropriate person know how you are willing to serve: **Chair of**

**Admin Council;**  
Open Position



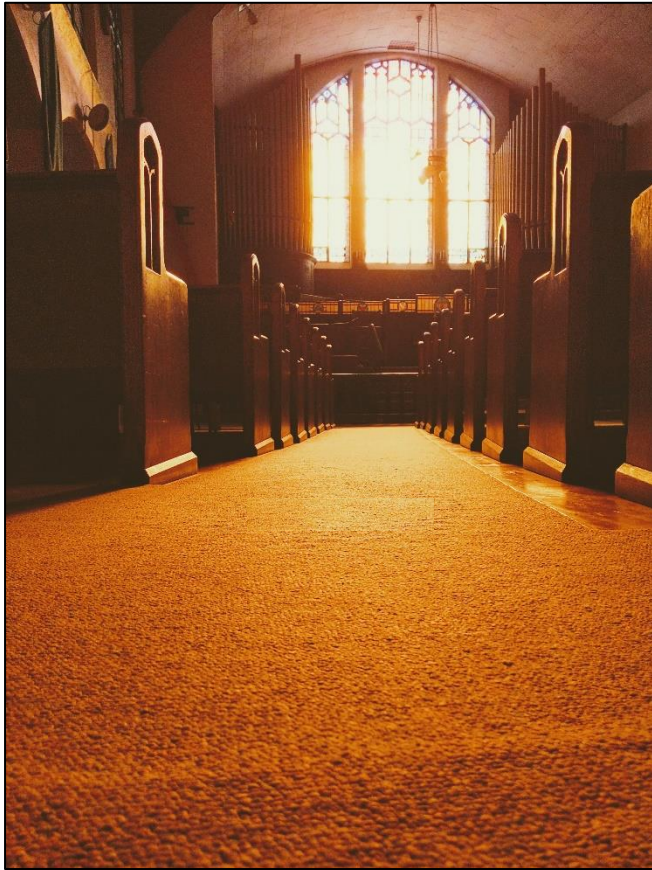
Chair of Staff/Parish Relations  
Bev Kemp-(208)569-6149  
[bevmkemp@gmail.com](mailto:bevmkemp@gmail.com)

Chair of Trustee  
Don Rohde (860)810-3227-  
[donrohde@aol.com](mailto:donrohde@aol.com)

Chair of Finance  
Scott Taylor (208)201-5593]



## The Beauty of Trinity



Very often, when the sun is still rising and the dew hasn't melted off of the grass yet, I will stand in the pews of Trinity and just gaze at its beauty.

There is a wonderful and peaceful silence that cloaks the building in the early hours of the day, and stays with it throughout.

From the golden glow in the upstairs sanctuary, to the pale white light of the staircase, every room has a special radiance.

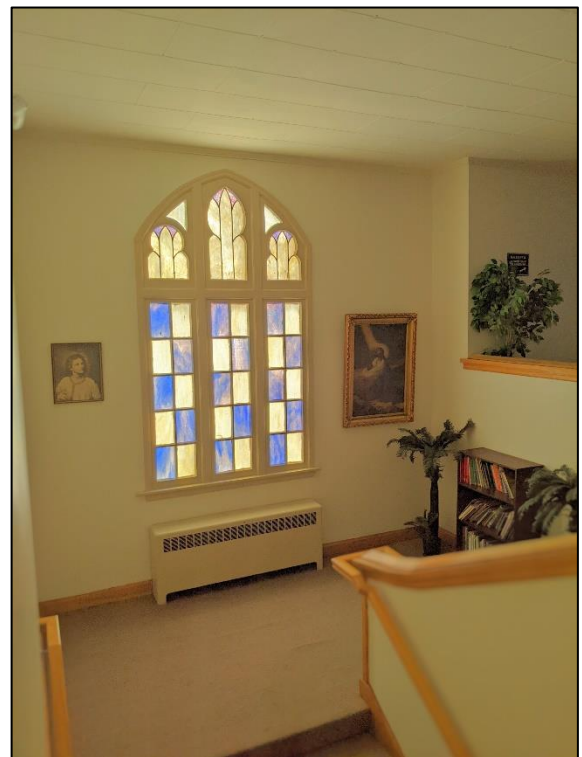
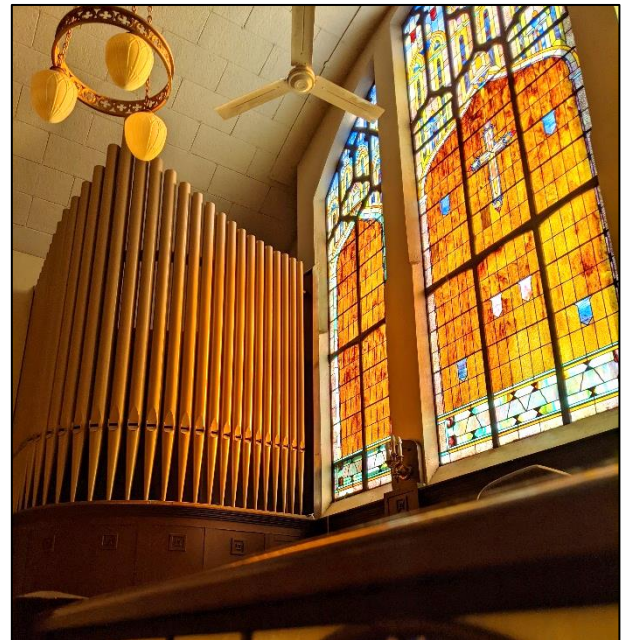


Even something as simple as the wooden benches and their flat, orange cushions have a certain charm about them.

I hope the next time you join us; you are able to take a moment to take in the astounding beauty of our church.

Peace and love,

~Nicolai Starkey



## How to Talk with Your District Superintendent

### Leadership Retreat Nov. 3-5

The United Methodist system for getting the right pastors to the right churches is a bit convoluted. To understand the system, we need to start with the fact that we are a connectional system, which means all our churches and pastors rely on each other to be the Body of Christ in the world. We trust that we are all working toward the growth of the Kingdom of God on earth. We've been this way (connected) since the time of John Wesley.

For this system to work, we need a lot of trust and a lot of communication between the leadership of each church and the district superintendent. We place our trust in our DS and the entire Cabinet; (the bishop and all the DSs of the area) to discern, with the help of the Holy Spirit, what configuration of pastoral leadership will work best for our congregations and who might be the best pastor for each church. At the same time, the leadership of the church has a great responsibility to discern God's will for the church and commit to the vision we develop from this discernment.

To help us prepare for our responsibilities in this system we are going to be holding a leadership retreat from Friday to Sunday, Nov. 3-5. Brian Shimer and Andrew Arthur of Genesis Christian Mediation will be joining us as we practice discernment skills, develop our vision out of that discernment, and learn how to listen to and communicate well with our district superintendent Karen Hernandez. We also need to learn to listen clearly to Karen as she explains to us the scope of her work as district superintendent to the churches of the Sage District. We are

expecting a lot of pastoral changes in the district this year and DS Karen oversees them all.

### We will be meeting on:

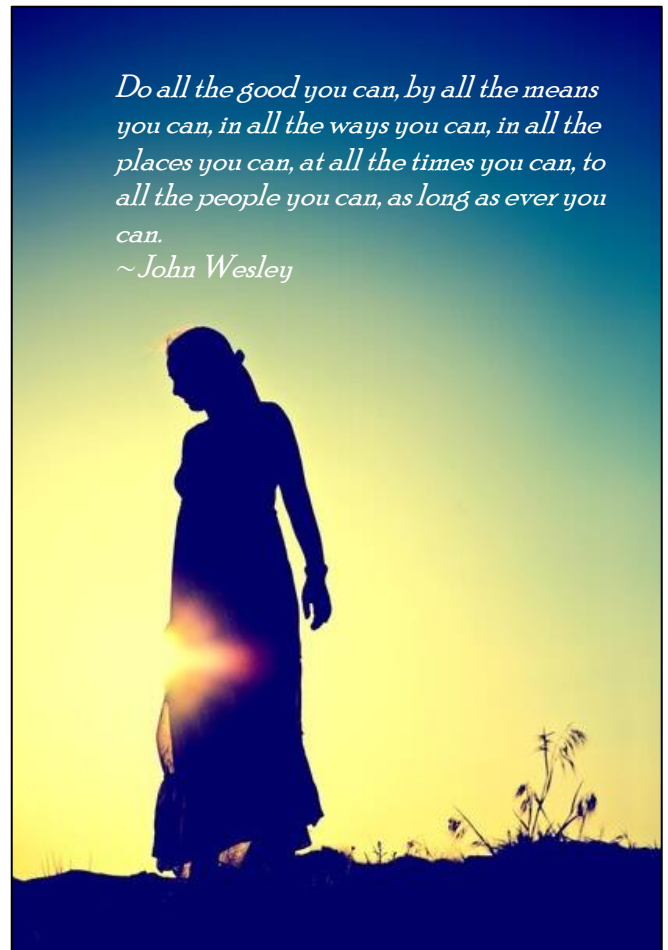
Friday, Nov. 3 from 6:30-8:30 pm, as separate church leadership groups at both churches

Saturday, Nov. 4 from 9 to 3 pm together at St. Paul's church and Sunday, Nov. 5, from 4 to 6 pm, as separate church leadership groups at both churches.

Our "regular, elected leaders" have already received an invitation to this retreat, but if any of you feel called to help our churches with these next steps in planning our future, please send me an email ([kneary@pnwumc.org](mailto:kneary@pnwumc.org)) and I will be sure to send you an invitation as well. We could use all the help we can get!

*Do all the good you can, by all the means you can, in all the ways you can, in all the places you can, at all the times you can, to all the people you can, as long as ever you can.*

*~John Wesley*





## Habitat House Progress

This week was building the stairs to the basement, blocking in the kitchen walls to hold the cabinets, and part of the house wrap in the exterior walls.



## Community Food Basket

Please help Community Food Basket - Idaho Falls spread the word!

Our 4th annual Regional Food Drive starts this week!!! This is our largest food drive of the year and not only keeps our shelves stocked through the holiday season but allows us to also share with other food nonprofits.

Our goal is 100,000 lbs. of food! Starting this week, we will have collection barrels at the following partner grocery stores with our most needed items flyer attached:

- ALBERTSONS - AMMON
- BROULIMS - AMMON
- SAM'S CLUB - IDAHO FALLS
- ALBERTSONS - 17TH ST
- ALBERTSONS - BROADWAY

Please donate if you are able to help us help others!

**COMMUNITY Food For Today, Hope For Tomorrow**

# Food Drive

**OCT 2-31**

**Most Needed Items**

- Canned Fruit (high need)
- Tomato Sauce (high need)
- 1-2lb Dry Pasta (high need)
- Cereal (high need)
- Mac & cheese (high need)
- Canned Tuna (high need)
- Any Other Food You Wish to Donate
- Canned Pasta (high need) (Ravioli, Spaghetti's, etc)
- Canned Beans (high need) (Black, Pinto, Kidney, etc)
- Peanut Butter
- Spaghetti Sauce
- Diced Tomatoes
- 1-2lb Bagged Rice (high need)

**Drop Off Locations:**

- Albertson's - Hitt Road
- Albertson's - 17th St
- Albertson's - W. Broadway
- Broulim's - E Sunnyside Rd
- Sam's Club - 17th St

Questions? Call Us At 208-524-0994

@CFBIdahoFalls  
venmo

**CASH DONATIONS WELCOME** | Please Make Checks Payable to Community Food Basket - Idaho Falls and Mail to: 1895 N Boulevard, Idaho Falls, ID 85401  
Every \$1.00 Donated Will Buy \$4.80 of Food

## Beatlemania Returns!



Idaho Falls audiences can relive Beatlemania with Beatles tribute band, "The Fab Four." The Fab Four come to Idaho Falls this November to bring the "Rubber Soul" album to the stage.

The show will be 7:30 p.m. Nov. 10 at the Colonial Theater, 450 A St. in Idaho Falls.

Ardy Sarraf, who portrays Paul McCartney in The Fab Four, is one of the people who started the band.

"We've been doing it for 25 years," Sarraf said.

All the band members have a story of being Beatles' fans growing up, which then carried into adulthood.

The members "met at a Beatle fest out here in Los Angeles, and then we soon realized, let's start our own band and we'll call it the Fab Four," Sarraff said.

When it comes to recreating the sound of The Beatles, constant practice and analysis of the original records are a must.

"To us, the records of The Beatles are the bibles (of) what to listen to," Sarraf said. "We try to replicate and duplicate what they do, and we do it with just four guys on stage."

The album "Rubber Soul" was chosen for this show partially because it is a well-regarded album.

"Rubber Soul is probably ranked up there with the top three or four Beatle albums," Sarraf said. "It has songs like 'In my Life,' one of the ... greatest songs ever, not just by The Beatles."

The show's format is chronological.

The Fab Four comes out in "early 'Rubber Soul,' 1965, (attire). And then we progress to '67 and then '69," Sarraf said. "And we usually go through about three or four different costume changes in each show. Each show runs about two hours with an intermission."

There also will be songs from other albums, such as "Abbey Road," "Revolver" and "Sgt. Pepper's Lonely Hearts Club Band."

In addition to recreating the sound of The Beatles, The Fab Four also takes on other jobs.

"We're musicians, we're actors, we're makeup artists. ... We're (also) costumers because we do our own most of our own costumes," Sarraf said.

In playing the part of McCartney, Sarraf mimics his personality onstage.

"Paul was very whimsical on stage," Sarraf said. "(McCartney and Lennon) were the ones that were talking to the audience for the most part."

Members of The Fab Four also replicate the English accents of The Beatles. While some members are English, most are American.



“We have to put on the accent and over years and ... it’s gotten better to the point where we’ve we fooled even people in Liverpool where The Beatles are from,” Sarraf said.

The Fab Four’s show is for all ages.

“We’re very proud to be doing what we do, and it’s the greatest job in the world for us,” Sarraf said.

Tickets are \$55, \$45 and \$35, plus fees.

For tickets, visit [tinyurl.com/9ppkcdmz](http://tinyurl.com/9ppkcdmz)

[Note from Nicolai:]

(I bought my ticket back in July, and even then, spots were filling up, so be sure to get a seat soon! It’s going to be popular!)



## Bishop Cedrick’s M.I.L.E

You can watch Bishop Cendrick Bridgeforth videos from the Greater NW Area conferences regarding his direction for our churches. There are 5 of them in total and all follow the theme of M.I.L.E.

- M:** Ministry That Matters
- I:** Itineration & Location (being window people not mirror people)
- L:** Lay Ministry Enhancement
- E:** Eliminating Racism

This will give you a clearer understanding of where Pastor Kathy is leading us. You can view these on-line using the link below. I’d encourage you to watch them, especially before Bishop Bridgeforth comes to Idaho Falls on November 19th.

<https://vimeo.com/showcase/10470305>

## Homeless Services

In September there were 162 homeless services supplied in the 16 days we were open. This represented services to 67 unique people. The services provided included 137 showers, 44 loads of laundry, and 20 requests for supplies. The supplies included emergency food, Tarp(4), socks(5), underwear (3), gas(1), mail(2), and WIFI to study for a class(7). The clients ranged in age from 14 to 78 with an average age of 46.7. Time in the church varied from 4 min to 300 minutes with an average of 67 minutes. 19 visitors were new clients for us. 55% have cellphones and 81% have valid ID.



## Lay Ministries Classes

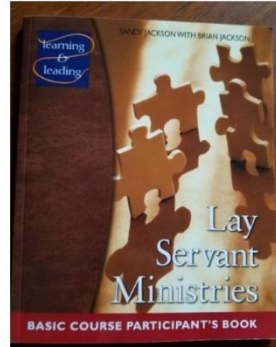
Dear Congregation,  
 The Lay Ministries classes are being offered in November. The classes are essential for the development of leaders for both Methodist Churches in Idaho Falls. IF WE ARE NOT ABLE TO ACQUIRE A PASTOR IN JULY 2024, we will need members to step up for the future of our church. The classes are FREE! The only expense is the cost of the book, and your time. If you are interested in becoming a lay leader, you must start with the Lay Servant Basic Course. It is being offered on Tuesdays and Thursdays, January 23,25,30, + February 1 and 6, 2023, from 6 to 8pm PST. After this class, you will be eligible for the Spiritual Gifts, Methodist theology, Methodist Devotional life, and preaching class. These classes have blessed my life, and I am sure they will be a blessing to yours as well.

If you have any questions, please contact me .  
 Tommy Lew  
 208 589 8185



### Lay Servant Ministries Basic Course

January 23 - February 6, 2024



**TIME:** Tues & Thurs 6 – 8 pm PST  
 Jan 23, 25, 30, + Feb 1 & 6 2024

**LOCATION:** On Line Zoom Course

**INSTRUCTOR:** Emilie Kroen,  
 Oregon - Idaho Conf.  
 Director of Lay Servant Ministries  
 & Cindy Abbey, CLM

**COST:** The cost of the book

**REGISTER By Jan 16, 2024:**

Email: ekroen@yahoo.com, or  
 Call or text Emilie at 503-312-4138  
 Provide your Name, Address, Phone #  
 And your local church setting.

**Lay Servant Ministries \***

*Sandy Zeigler Jackson and Brian Jackson*

Participant's Book • DR626 • 978-0-88177-626-3 • \$11.00

Participants' books available at Cokesbury and from Amazon in paperback and for Kindle.

The "Introduction to Lay Ministry: The BASIC Course" is the foundational course for Lay Servant Ministries. This is the gateway course for those who are called to be Certified Lay Servants, Lay Speakers, and Lay Ministers. And can also be part of a person's discipleship plan to acquaint you with their gifts, calling, and responsibilities as followers of Christ.

*\*Each participant must have a book and be fully engaged in all 5 sessions with audio and video capability active.*

**LAY SERVANT MINISTRIES** is a leadership development program in The United Methodist Church focused on equipping and empowering laypersons who have responded to the call of God to serve in mission and ministry.

These laypersons are called to live out their own discipleship as servants in leadership through the ministries of leading, caring, and communicating.

Being called to ministry is a serious endeavor. It takes a disciple to make a disciple. Thus we must do all we can to prepare ourselves and others to serve.

For additional information and resources for Lay Servant Ministries please visit our website at [www.UMCdiscipleship.org/laity](http://www.UMCdiscipleship.org/laity) or contact the Office of Laity at [laity@UMCdiscipleship.org](mailto:laity@UMCdiscipleship.org).

**Discipleship Ministries**

1908 Grand Avenue  
 Nashville, TN 37212

[UMCdiscipleship.org](http://UMCdiscipleship.org)  
 877.899.2780

[info@UMCdiscipleship.org](mailto:info@UMCdiscipleship.org)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 10:00am Upper Room Study 6:30pm Gather at the Table 6:30pm Cub Scout Pack Meeting 7:30pm Scouts BSA <b>November</b>	9:00am UWF Executive Board meeting	3 Office Closed  7:00pm Candlelight N.A  7:00pm N.A	4 Office Closed
5 8:30am Fellowship Coffee & Donuts 9:00am Worship 10:30am Fellowship Soup Brunch  6:00pm N.A	6 10:00 am Mrs. Henken Funeral  7:00pm N.A.  	7  6:00pm 'Twas Christmas Rehearsals 7:00pm PEO 7:00pm N.A.	8 10:00am Upper Room Study 6:00pm 'Twas Christmas Rehearsals 6:30pm Finance Zoom Meeting 6:30pm Cub Scout Pack Meeting 7:30pm Scouts BSA	9  1:00pm UWF Unit Meeting 6:00pm 'Twas Christmas Rehearsals	10 Office Closed  7:00pm Candlelight N.A  7:00pm N.A	11 Office Closed  10:00am NA HNI Training
12 8:30am Fellowship Coffee & Donuts 9:00am Worship 10:30am Fellowship Scout Brunch  6:00pm N.A	13  7:00pm N.A.	14  6:00pm 'Twas Christmas Rehearsals 6:30pm Trustee Meeting 7:00pm N.A.	15 10:00am Upper Room Study 6:00pm 'Twas Christmas Rehearsals 6:30pm Gather at the Table 6:30pm Cub Scout Pack Meeting 7:30pm Scouts BSA	16  6:00pm 'Twas Christmas Rehearsals	17 Office Closed  7:00pm Candlelight N.A  7:00pm N.A	18 Office Closed
19 9:30am Fellowship Coffee & Donuts 10:00am Worship 11:30am Fellowship lunch 6:00pm N.A  Bishop Cedrick Visits	20  7:00pm N.A.	21  6:30pm Administrative Council Meeting 7:00pm N.A.	22 10:00am Upper Room Study  6:30pm Cub Scout Pack Meeting 7:30pm Scouts BSA	23  6:00pm 'Twas Christmas Rehearsals	24 Office Closed  7:00pm Candlelight N.A 6:00pm 'Twas Christmas Rehearsals  7:00pm N.A	25 Office Closed
26 8:30am Fellowship Coffee & Donuts 9:00am Worship 10:30am Fellowship lunch 6:00pm N.A	27  6:00pm 'Twas Christmas  7:00pm N.A.	28  6:00pm 'Twas Christmas  6:30pm Administrative Council Meeting 7:00pm N.A.	29 10:00am Upper Room Study 6:00pm 'Twas Christmas 6:30pm Cub Scout Pack Meeting 7:30pm Scouts BSA	30  6:00pm 'Twas Christmas	1 Office Closed 9:00 PEO CM 7:00pm Candlelight N.A 7:00pm N.A  	2 Office Closed