

News update for October 26, 2023

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This Week at Trinity

- Thursday** (October 26th)
- Friday** (October 27th) *Office Closed*
- 7:00pm N.A.
 - 7:00pm Candlelight N.A.
- Saturday** (October 28th) *Office Closed*
- Sunday** (October 29th)
[JOINT WORSHIP WITH ST. PAUL’S]
- 9:30am Donuts and coffee
 - 10:00am Sunday Worship
 - 11:15am Fellowship Potluck brunch
 - 6:00pm N.A.
- Monday** (October 30th)
- 7:00pm N.A.
- Tuesday** (October 31st)
- 7:00pm N.A.
- Wednesday** (November 1st)
- 10:00am Upper Room Study
 - 6:30pm Gather at the Table
 - 6:30pm Cub Scout Pack Meeting
 - 7:30pm Scouts BSA

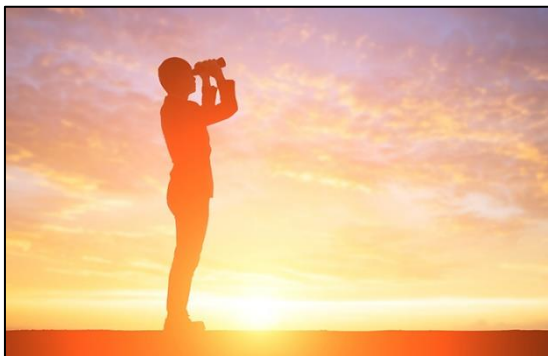
Save the Date!



November 19, 2023, Bishop Cedrick will be speaking at Trinity
 10:00am worship followed by lunch.
 St. Paul’s, Trinity, and Ashton UMC will attend

Looking Ahead

- October 29 @ 10:00am - Joint Worship at Trinity with Melinda from St. Paul's speaking. This is a practice worship service for the Bishop's visit (Both Trinity & St Paul's together at Trinity)(reformation Sunday)
- October 29 @ 11:30am - Potluck Brunch at Trinity for both churches (130 people in Mary Dawson Hall)
- November 3 (Friday) @ 6:30 to 8:30 - Church Leadership Training - Pastor Kathy Workshop at Trinity on Discernment Process in the Parlor
- November 4 (Saturday) @ 9 am to 3 pm Brian & Andrew from Genesis Mediation - Retreat exercise for leadership team from both churches at St. Paul's.
- November 5 (Sunday) - 9 am - Worship with Brian and Andrew at Trinity
- November 5 - Sunday - 4 pm Workshop at Trinity by Brian and Andrew - Listening sessions - Parlor
- November 12 -9:00am - Worship with Pastor Kathy at Trinity
- November 19 @ 10:00am - Bishops Cedric's Visit with St. Paul's, Trinity, and Ashton present. Held at Trinity. Followed by luncheon in Mary Dawson Hall.
- November 19 @ 4:00pm - Workshop with Bishops Cedric's at St. Paul's
- November 26 @ 9:00am - Worship with Tommy Lew speaking at Trinity.



Potluck

UWF News



United
Women
in Faith

Greetings! What a great unit meeting we had on Thursday! Twenty plus members and guests enjoyed gingerbread with lemon curd topping. Delish! The hostesses were Mary, Joni, and Kay with many helpers. Chanse Powell, the CEO of Senior Solutions, provided the program. What a wonderful business for our area. The consulting

company helps seniors and their families find needed resources in several areas such as housing and in-home assistance. Anything that a senior needs, they can help connect to those resources.

Marilyn shared a devotion from “101 Moments of Hope”, reminding us it’s ok to worry. Worry is a form of love!

Joni collected donations for World Thank Offering. Mary shared some “thoughts of gratitude”. Kathy told us about the Shepherd’s Inn fundraiser Shoot for the Moon and Win the Whole Cow. You can purchase a raffle ticket through October 31. Talk to Kathy if interested or go to www.shepherdsinn.org to donate.

Pam gave us information about the Festival of Trees which is being held at the Elks’ Club on November 13-17. This project supports the Development Workshop and other local programs. Volunteers are always needed.

Sherry and Kay told us about the cookie exchange and tea being held at St. Paul’s Methodist Church on December 2 from 2:00-4:00. There is no charge. Everyone is welcome.

At our next unit meeting on November 9, we will have a speaker from the crisis center to talk about mental health services available in our area. Plan to attend.

Mary reminded us about the conference fall celebration on Saturday, October 21. Mary also reviewed the Sage District Fall Celebration ZOOM meeting in September. The theme was Women with Purpose. United Women in Faith speak for those who cannot act.

Mark your calendar with all the activities coming up in the next weeks. Lots to see and do.

Sunday Morning Fellowship

There is always food and fellowship after church

- **Every 1st Sunday: Soup Potluck**
Bring your favorite Soup.
- **Every 2th Sunday: Regular Brunch**
Bring your favorite dish
- **Every 3rd Sunday: Scout Brunch**
This is a fundraiser for Troop 6 and a wonderful meal to share as we visit.
- **Every 4th Sunday: Regular Brunch**
Bring your favorite dish

Financial Statements

Our church's financial status January 1 - September 30, 2023



Income	\$136,154
Expenses	<u>\$128,685</u>
Current net income	\$ 7,469

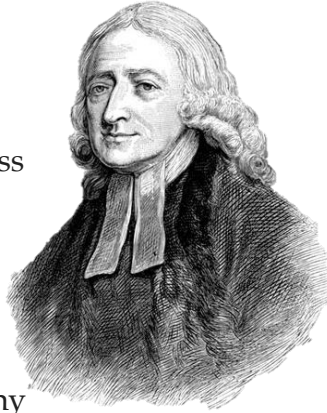
Birthdays

June

Lybeck, Carter	10/26
Thorp, Amanda	10/27
Rigby, Henry	10/28
Esparza, Vince	10/31
Oar, Mike	11/01
Henze, Dan	11/03
McBurney-Rebol, Kyla	11/05
Stewart, Nancy	11/06
McCall, Stepheny	11/09

John Wesley Quote

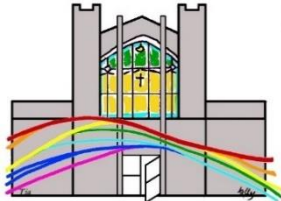
"I have spoken the more explicitly upon this head because it is so little understood; because so many of those who profess much religion, nay, and really enjoy a measure of it, have not the least conception of this matter, neither imagine such a separation to be any sin at all."



~Schism

Trinity Leadership

Below are the leadership positions for the next leader year. Please let the appropriate person know how you are willing to serve: **Chair of Admin Council;**
Open Position



Chair of Staff/Parish Relations
Bev Kemp-(208)569-6149
bevmkemp@gmail.com

Chair of Trustee
Don Rohde (860)810-3227-
donrohde@aol.com

Chair of Finance
Scott Taylor (208)201-5593]

How to Talk with Your District Superintendent

Leadership Retreat Nov. 3-5

The United Methodist system for getting the right pastors to the right churches is a bit convoluted. To understand the system, we need to start with the fact that we are a connectional system, which means all our churches and pastors rely on each other to be the Body of Christ in the world. We trust that we are all working toward the growth of the Kingdom of God on earth. We've been this way (connected) since the time of John Wesley.

For this system to work, we need a lot of trust and a lot of communication between the leadership of each church and the district superintendent. We place our trust in our DS and the entire Cabinet; (the bishop and all the DSs of the area) to discern, with the help of the Holy Spirit, what configuration of pastoral leadership will work best for our congregations and who might be the best pastor for each church. At the same time, the leadership of the church has a great responsibility to discern God's will for the church and commit to the vision we develop from this discernment.

To help us prepare for our responsibilities in this system we are going to be holding a leadership retreat from Friday to Sunday, Nov. 3-5. Brian Shimer and Andrew Arthur of Genesis Christian Mediation will be joining us as we practice discernment skills, develop our vision out of that discernment, and learn how to listen to and communicate well with our district superintendent Karen Hernandez. We also need to learn to listen clearly to Karen as she explains to us the scope of her work as district superintendent to the churches of the Sage District. We are

expecting a lot of pastoral changes in the district this year and DS Karen oversees them all.

We will be meeting on:

Friday, Nov. 3 from 6:30-8:30 pm, as separate church leadership groups at both churches

Saturday, Nov. 4 from 9 to 3 pm together at St. Paul's church and Sunday, Nov. 5, from 4 to 6 pm, as separate church leadership groups at both churches.

Our "regular, elected leaders" have already received an invitation to this retreat, but if any of you feel called to help our churches with these next steps in planning our future, please send me an email (kneary@pnwumc.org) and I will be sure to send you an invitation as well. We could use all the help we can get!

Habitat House Progress

The roof joists and roof decking are in place for the house and the porch. The gable ends and overhangs are also finished. This week they will start on the interior work.



Do all the good you can, by all the means you can, in all the ways you can, in all the places you can, at all the times you can, to all the people you can, as long as ever you can.
~John Wesley



Community Food Basket

Please help Community Food Basket - Idaho Falls spread the word!

Our 4th annual Regional Food Drive starts this week!!! This is our largest food drive of the year and not only keeps our shelves stocked through the holiday season but allows us to also share with other food nonprofits.

Our goal is 100,000 lbs. of food! Starting this week, we will have collection barrels at the following partner grocery stores with our most needed items flyer attached:

- ALBERTSONS - AMMON
- BROULIMS - AMMON
- SAM'S CLUB - IDAHO FALLS
- ALBERTSONS - 17TH ST
- ALBERTSONS - BROADWAY

Please donate if you are able to help us help others!

COMMUNITY Food For Today, Hope For Tomorrow Food Drive OCT 2-31

Most Needed Items

- Canned Fruit (high need)
- Tomato Sauce (high need)
- 1-2lb Dry Pasta (high need)
- Cereal (high need)
- Mac & cheese (high need)
- Canned Tuna (high need)
- Any Other Food You Wish to Donate
- Canned Pasta (high need) (Ravioli, Spaghetti's, etc)
- Canned Beans (high need) (Black, Pinto, Kidney, etc)
- Peanut Butter
- Spaghetti Sauce
- Diced Tomatoes
- 1-2lb Bagged Rice (high need)

Drop Off Locations:

Albertson's - Hitt Road
 Albertson's - 17th St
 Albertson's - W. Broadway

Broulim's - E Sunnyside Rd
 Sam's Club - 17th St

Questions? Call Us At 208-524-0994

Cash Donations Welcome | Please Make Checks Payable to Community Food Basket - Idaho Falls and Mail to: 1895 N Boulevard, Idaho Falls, ID 83401
 Every \$1.00 Donated Will Buy \$4.80 of Food

How to Talk with Your Pastor

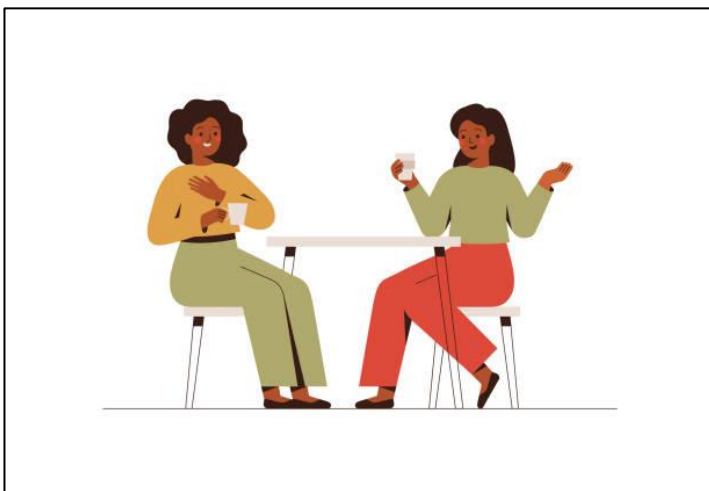
Someone at Trinity asked me why we have set up a communion table down in front of the altar (on “ground level”) rather than use the very nice communion altar that is built in, high up a flight of stairs, in the front of the sanctuary. My very nuanced, theologically informed answer was, “I don’t want to fall going up or down those stairs.” That answer seemed to satisfy the questioner, but it brought up a whole host of questions about why the folks who built the Trinity building designed the sanctuary that way. The reason is that we used to believe there should be a distance maintained between pastors and congregants. The pastor was thought of as separate and special, and churches were designed with spaces that only the pastor (and choir!) could enter. In addition, the pastor was literally “elevated” above the congregation, symbolizing their closeness to God, and their spiritual superiority over the congregation. Also, the grandness of the design was supposed to remind the congregation of the greatness of God.

It’s obvious that our view of pastors has changed drastically over the last half century. A comparison of the design of St. Paul’s sanctuary to that of Trinity’s gives us a clear visual showing how attitudes have changed. St. Paul’s sanctuary reflects the idea that pastors are now seen as being on the same “level” as the congregation.

However, now we are often unclear as to what the role and authority of a pastor are. Lucky for us, Rev. John Tucker, district superintendent of the Crater Lake district, is going to be helping us understand pastoral authority today, and how pastors and congregants can work together to live into

the church's vision. Rev. Tucker will be preaching for us on Oct. 22, and will be leading a workshop on this topic at 4 pm at Trinity United Methodist church.

In the meantime, I can tell you we do have a clear process for talking with your pastor whenever a problem or disagreement arises. (You can talk with me when we agree as well!) If you have a problem with anything I say or do, I invite you to speak with me directly, as soon as possible. I am available in person during the first part of the month, and you can reach me by phone, email, or text the rest of the time. If you don't feel comfortable speaking with me directly, please talk with the SPR chair of your church (Bev Kemp at Trinity and Tracy Gohr at St. Paul's). When we communicate directly, it is easier to solve problems. The days of seeing the pastor as both set apart from the congregation, and as an unapproachable leader are gone. I'm just like you, but with some special knowledge and skills that allow me to help you live into your vision. I'm just like you: scared of falling down those stairs in the Trinity sanctuary!



Bishop Cedrick's M.I.L.E

You can watch Bishop Cendrick Bridgeforth videos from the Greater NW Area conferences regarding his direction for our churches. There are 5 of them in total and all follow the theme of M.I.L.E.

M: Ministry That Matters

I: Itineration & Location (being window people not mirror people)

L: Lay Ministry Enhancement

E: Eliminating Racism

This will give you a clearer understanding of where Pastor Kathy is leading us. You can view these on-line using the link below. I'd encourage you to watch them, especially before Bishop Bridgeforth comes to Idaho Falls on November 19th.

<https://vimeo.com/showcase/10470305>

Homeless Services

In September there were 162 homeless services supplied in the 16 days we were open. This represented services to 67 unique people. The services provided included 137 showers, 44 loads of laundry, and 20 requests for supplies. The supplies included emergency food, Tarp(4), socks(5), underwear (3), gas(1), mail(2), and WIFI to study for a class(7). The clients ranged in age from 14 to 78 with an average age of 46.7. Time in the church varied from 4 min to 300 minutes with an average of 67 minutes. 19 visitors were new clients for us. 55% have cellphones and 81% have valid ID.

Volunteers Needed

Habitat for Humanity®
Idaho Falls Area

VOLUNTEER OPPORTUNITY
IDAHO FALLS BUILD #48
353 W 18th Street, Idaho Falls



Home ownership creates strength, stability, and self-reliance.



Volunteering on a Habitat for Humanity build is an opportunity to help a local family achieve home ownership. It is an empowering experience for you and life changing for the family.

Call 208-521-6370 to reserve your volunteer spot.

Food Drive for Soup Kitchen

The Idaho Falls Soup Kitchen is in **desperate need** of food for lunches. Kathy Harder has been talking to the team there and their greatest needs are:

- Pasta
- Instant Potatoes
- Cream of Chicken soups
- Tomato Sauces
- Macaroni and Cheese

If you would like to donate food, please bring it to the church and we will get it to the soup kitchen.

IF Soup Kitchen



(For the whole story read article by DAVID PACE at www.postregister.com)

For 20 years the Idaho Falls Soup Kitchen has been providing a free meal to anyone 365 days a year from 12 to 1 p.m. at 301 S. Boulevard – no questions asked. The soup kitchen serves an average of 125 meals per day, said Eric Hamlin, the kitchen’s director. Some days that total rises to 200 meals. The kitchen served 3,593 meals in September and approximately 33,058 meals so far in 2023.

For many years Trinity and St. Paul’s were the cooks and servers for every Monday of the year. That responsibility has now been passed on to new organizations.

Choir Opportunity

After the Joint Service with St. Paul's on October 29th, 2023, St. Paul's choir will have a rehearsal for the performance for when Bishop Cedrice is here on November 19th, 2023. Trinity has been invited to join the performance. Anyone interested in joining the choir performance will be welcome to join.



Life of a Church Workshop

(Meeting Notes by Don Rohde)

District Superintendent John Tucker spoke at the Sunday afternoon workshop about the “**Life Cycle of a Church**” He described it in 7 stages represented by letters.

Growth:

V = Someone has a **Vision** of a need

VR = People collect and form **Relationships** around that **Vision**.

VRM = The people in **Relationship** start **Ministries** to enact their **Vision**.

VRMS = It is necessary to create a **Structure** of committees and paperwork to support the **Ministries** decline

vRMS = The **vision** is forgotten but the existing missions continue, and the relationships and structure are strong. You hear terms like “Church Family”

vRmS = With the vision gone the **ministries** begin to drop away. What you have is a social club lamenting “all the things we use to do.”

vrms = As the people leave the **relationships** fall apart. You hear people say, “Where have all the people gone?” The structure of committees and paperwork are the last things to go.

John wanted us to look at our churches and possibly other not-for-profits we are involved in and see where we thought we were in the lifecycle of the organization.

The next exercise was called “**Sacred Cows**”. The goal was to identify things we held more dear or were more concerned about that our mission. A few that came up were:

1. Our beautiful historic building – We are curators of a historic building with all the costs and time commitments involved.
2. Our 107-year history in Idaho Falls. There is a proud tradition of Methodism in Idaho Falls. Are we looking back and not forward?
3. Our worship style. Everyone has a different preference of worship style from Traditional to Praise to downright Theatrical. Is our worship style a challenge to where we are headed?

We will see the full list some time in the future. Each “Sacred Cow” is loaded with emotion and personal feelings and can be a distraction from who we might want to become. Because of all the energy around Sacred Cows they are very hard to overcome.

The third topic was “**Pick A Pastor**”. Pastors come in 4 basic flavors, and they are sometimes exclusive of other flavors.

1. Generalist – A little bit good at all aspects of running a church.
2. Nurturing – Excellent at nurturing those in need in congregation, hospital, and the community.
3. Reforming – Making bold changes and leading in new directions.
4. Starter - Building new churches and new programs. (not necessary running them)

The challenge is that if a church asks for a generalist pastor, they may be disappointed when the pastor does not make bold changes or really enjoy hospital visits. Likewise, if the church asks for a reformer to turn the church around, they may be disappointed in the

nurturing and general clerical performance of the pastor.

There are additional challenges in the lack of pastors applying for open positions. This makes matching the skill set of the pastor to the churches more difficult.

Shoot for the Moon!



Consider supporting The Sheperd's Inn this week by purchasing one of their anniversary raffle tickets!

The Sheperd's Inn is a pregnancy clinic that provides free counseling, baby items, and support to new mothers with unplanned pregnancies. They have been changing lives, two at a time, for the last 25 years!

If you purchase a ticket, you will be entered to win an entire cow! (Curtesy of Thieman's Meats and Melaleuca.)

WIN THE WHOLE COW!
+ up to \$5K additional prizes

Your donation will help us reach our goal of **\$25K to celebrate 25 years** of making a difference two lives at a time!

Purchase Tickets Online

**1 for \$5
5 for \$20**

Scan the QR Code or go to www.shepherdsinn.org and click "buy now"

Get your tickets by **October 31, 2023**. Proceeds benefit the Shepherd's Inn.

Your support provides counseling, education, and resources for expecting parents.

If you have questions about raffle tickets, please call 208-525-2014

The Shepherd's Inn is a 501(c)(3) non-profit pregnancy support center.

The Shepherd's Inn
Pregnancy Support Center

The Shepherd's Inn is a Pregnancy Support Center located in Idaho Falls. We provide free and confidential pregnancy and parenting support and education to young women facing an unplanned pregnancy.

We provide the following services to our clients at no charge:

- Counseling and support
- Parenting Support Groups
- Newborn Layettes
- Social activities for clients
- Baby Items through our E.W.Y.L. Program
- Individualized assistance and scholarships for clients




How you can support us:

- Donations of gently-used baby items and baby clothes
- Regular or one-time monetary donations
- Participation in our annual fundraisers, such as Win the Whole Cow, Idaho Gives and the Golf Scramble

The Shepherd's Inn is a non-profit organization and donations are tax-deductible. Currently our funding sources are: 60% donors, 35% fundraising, 5% grants. We receive no state or federal funding.

If you'd like to donate, please visit our website and click "Donate"

437 Parkway Circle • Idaho Falls, ID 83401
208.525.2014 • shepherdsinn.org • help@shepherdsinn.org

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			25 10:00am Upper Room Study 6:30pm Cub Scout Pack Meeting 7:30pm Scouts BSA	26	27 Office Closed 7:00pm Candlelight N.A. 7:00pm N.A.	28 Office Closed
29 9:30am Fellowship Coffee & Donuts 10:00am Worship 11:30am Fellowship Joint Potluck lunch with St. Paul's @ Trinity 6:00pm N.A. JOINT WORSHIP	30 7:00pm N.A.	31 <i>Halloween</i> 7:00pm N.A. 	1 10:00am Upper Room Study 6:30pm Gather at the Table 6:30pm Cub Scout Pack Meeting 7:30pm Scouts BSA November	2 9:00am UWF Executive Board meeting	3 Office Closed 7:00pm Candlelight N.A. 7:00pm N.A.	4 Office Closed
5 8:30am Fellowship Coffee & Donuts 9:00am Worship 10:30am Fellowship Soup Brunch 6:00pm N.A.	6 10:00 am Mrs. Hanken Funeral 7:00pm N.A. 	7 7:00pm N.A.	8 10:00am Upper Room Study 6:30pm Finance Zoom Meeting 6:30pm Cub Scout Pack Meeting 7:30pm Scouts BSA	9 1:00pm UWF Unit Meeting	10 Office Closed 7:00pm Candlelight N.A. 7:00pm N.A.	11 Office Closed 10:00am NA HNI Training
12 8:30am Fellowship Coffee & Donuts 9:00am Worship 10:30am Fellowship Scout Brunch 6:00pm N.A.	13 7:00pm N.A.	14 6:30pm Trustee Meeting 7:00pm N.A.	15 10:00am Upper Room Study 6:30pm Gather at the Table 6:30pm Cub Scout Pack Meeting 7:30pm Scouts BSA	16	17 Office Closed 7:00pm Candlelight N.A. 7:00pm N.A.	18 Office Closed
19 9:30am Fellowship Coffee & Donuts 10:00am Worship 11:30am Fellowship lunch 6:00pm N.A. Bishop Cedrick Visits	20 7:00pm N.A.	21 6:30pm Administrative Council Meeting 7:00pm N.A.	22 10:00am Upper Room Study 6:30pm Cub Scout Pack Meeting 7:30pm Scouts BSA	23	24 Office Closed 7:00pm Candlelight N.A. 7:00pm N.A.	25 Office Closed