

## News Update for February 9, 2022

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### Sermon from 2/6

Sermon: “Be Like the Disciples; Signal for Help”

A version of today’s storyline also appears in the Gospel of John, chapter 21 as a post resurrection narrative. In that telling, the disciples catch precisely 153 fish, and then take some to Jesus who is cooking breakfast for them on the beach. In the Gospel lesson which David read from Luke, the miraculous catch of fish takes place early in the ministry of Jesus and results in Peter, as well as James and John, the sons of Zebedee, joining Jesus vocationally as disciples.

One of the things I love about the bible is that no matter how many times you read through the scriptures, God keeps revealing new insights. This time, the words that jumped out at me were: “So they signaled their partners in the other boat to come and help them.”

There has been a popular meme on Facebook that says “be like so and so then gives a name and says why you should be like them.



Here's an example: Be like Bill...

So I always figure it is good advice to be like the disciples. They are real people and don't set the bar impossibly high, yet those guys learn, and love, and fail, and try again to follow Jesus. Because they are right there with Jesus sometimes even those knucklehead have insight into what it takes to be successful followers of the Christ! Today, in the scripture lesson that we heard David read, and when Logan and I studied it last Sunday afternoon, the part that jumps out is that the disciples realize that when you are doing what Jesus suggests, you may need to signal for help.

This week I struggled to do this; to signal for help, even though I needed it. — Trinity hasn't had a dependable office manager since early in December. This fact boomed in my ears as I read the email from the District Superintendent saying that she noticed that I had not turned in Trinity's year-end report by January 31 — something that Pam would have reminded me of and then provided the information that I needed to complete the forms. The counselor that I had been seeing to debrief COVID life as someone who helps others, had a personal crisis and was not going to be seeing clients anymore. No-one in her practice has room for me for the next 4 months. I've been really worried about various people without really being able to do anything to help them except say "I love you, and I care" (which by the way is usually exactly the right thing).

Her name was Barbara Strayer. We were the same age. She was smart, and came from a smart, well-educated family. Barbara and I grew up together in the McMinnville United Methodist Church.

We were in the same confirmation class at church and shared several advanced classes at school through the years. My older sister had dated her older brother some, and I had dated another one of her older brothers. Our parents were close friends, and belonged to the same long term accountability group at church.

Barbara seemed the world by the tail. She was pretty enough, smart enough, and cared enough, to make a difference in the world and be a great success. She had gotten into a good college and was on her way!

All of that was true until the day my mother called and asked if anyone else was in the house with me. After I assured mom that my husband was present, she told me that Barbara had hanged herself in her dorm room the day before.

Why do I tell you this story...? because no one saw this coming. Barbara had so much going for her and had so many people she could have signaled for help. She could have called me, although we hadn't spoken in several years. She had sisters both younger and older than her whom she could have contacted. Barbara's parents were each the kind of folks that you could talk to about almost anything. They were caring and supportive.

Why do I tell you about Barbara? Because she got to the end of her rope, and tied a noose in it, instead of signaling someone to help her tie knot so she could hold on just a little bit longer until things got better. And they do, I promise. Because we need to be like the disciples and signal for help when we need it. Each of us needs to identify people in our lives that we can signal for

help when the nets are tearing with too many fish to handle.

Last week, signaling for help meant calling 911 for an ambulance because I couldn't get out of the chair after wrenching my back. The EMT's came, they helped me, and my back is way better! This week, signaling for help meant calling my Employee Assistance Program line to get the names of some new counselors who are in my health insurance network. I tied the knot in the rope so I can easily hold on until a provider returns my call. Just yesterday, signaling for help meant hiring a new office manager for Trinity. Frank starts in the morning.

Slowly, but surely, I'm learning to be like the disciples and signal for help. I hope you will too.

Amen.

Blessings  
Ruth

## UMW News

The February UMW meeting will be held on Thursday, the 10th at 1:00 in the church parlor. We will welcome new members Pam Prince and Sharon Stickley. Kathy Gaskill will present a program on membership nurture and outreach. Lyndell Bradshaw and Mary Nagel will be hostesses.



Thank you, Mary Nagel, for leading the UMW worship on January 23rd and presenting an informative history of UMW. You did an outstanding job of

describing the purpose and programs of UMW.

There are several new books in the UMW library in the parlor. Kay Pottorff especially enjoyed *Grit in Juarez: Beyond the Wall* and *We are Called to be a Movement*, which she summarized at the executive board meeting. Everyone is welcome to check them out and enjoy.

Our next meeting will be March 10 at 1:00. Plan to be there.

Happy Valentine's Day!

## Sunday's Worship 2/13

This Sunday Ruth's sermon will be: "Now or Later" the theme is: "The Beatitudes according to Luke"

LESSON FROM THE CHRISTIAN GOSPEL  
Luke 6:17-26

17 When they came down from the mountain, the disciples stood with Jesus on a large, level area, surrounded by many of his followers and by the crowds. There were people from all over Judea and from Jerusalem and from as far north as the seacoasts of Tyre and Sidon. 18 They had come to hear him and to be healed of their diseases; and those troubled by evil[a] spirits were healed. 19 Everyone tried to touch him, because healing power went out from him, and he healed everyone.

THE BEATITUDES

20 Then Jesus turned to his disciples and said, "God blesses you who are poor, for the Kingdom of God is yours. 21 God blesses you who are hungry now, for you

will be satisfied. God blesses you who weep now, for in due time you will laugh. 22 What blessings await you when people hate you and exclude you and mock you and curse you as evil because you follow the Son of Man. 23 When that happens, be happy! Yes, leap for joy! For a great reward awaits you in heaven. And remember, their ancestors treated the ancient prophets that same way. 24 "What sorrow awaits you who are rich, for you have your only happiness now. 25 What sorrow awaits you who are fat and prosperous now, for a time of awful hunger awaits you. What sorrow awaits you who laugh now, for your laughing will turn to mourning and sorrow. 26 What sorrow awaits you who are praised by the crowds, for their ancestors also praised false prophets.. (NLT)

## Staying Connected

Each Sunday Worship videos will be posted on Trinity's Facebook page (<https://www.facebook.com/TUMCIF/>). If you go to Trinity's web page ([www.TUMCIF.org](http://www.TUMCIF.org)) you can find a link to the Facebook page. Be sure to "like" and "follow" Trinity's Facebook page if you want our content to show up in your personal Facebook feed. Please call Ruth at 208-419-7870 if you have difficulties finding the videos.

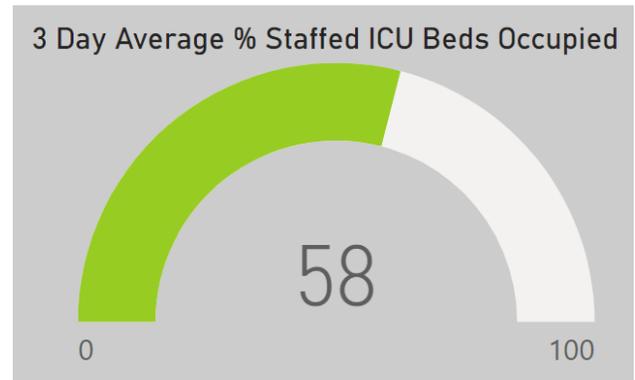
Check Trinity's YouTube channel for videos of weekly worship at:

<https://www.youtube.com/channel/UCZz1YGrdRCH6HIND2LpVCgg>

## COVID Graphs

Trinity is now using **Percent Of ICU Used** as the indicator for if we should conduct in person church. If the **% ICU Used** gets above 80% we will reconsider having In-Person church.

### Bonneville County COVID Graphs



Percent of ICU Used: 71% (covidactnow.com)



5 COVID Deaths in the last 7 days

## Gather at the Table

Join us to reconnect during this time of COVID isolation. It would be wonderful see you on screen, and socialize with you, as we continue our faith journey. A brief deep-thought question and time for prayers will be available. Looking forward to seeing and visiting with everyone **Wednesday, February 16<sup>nd</sup> at 6:30.**



New guests, please call the office if you would like an invitation to this zoom.

## Scout Dutch Oven Breakfast

The February 20<sup>th</sup> Scout breakfast will be the Dutch oven cooking event. Remember to mark it on your calendar and stay after church for a great meal.



## Trais Kellogg 1968 - 2022

Betty Ringquist's daughter, Trais Kellogg, passed away last week. The funeral services will be held in Modesto, California, Friday 12, 2022.

## Welcome Frank Halgas



Frank joins us this week as the new administrative assistant for Trinity. Frank comes to us from Southern California. He worked as a Communications Technician for many years programming Nortel and Lucent switches before working in industrial power. He was excited to join the Trinity team to make a difference in peoples' lives. He also enjoys tinkering with computers, especially old computers and their related components. He also plays electric guitar and loves people. Say hello to Frank between 9:00 a.m. to 2:00 p.m. Monday through Thursday.

## Birthdays & Anniversaries

Rose, Gary	02/02
Caveness, Fields	02/03
Esparza, Trudy	02/03
Burket, Judy	02/04
Mcclure, Ariana	02/04
Holaday, Steve	02/08
Rodriguez, Espy	02/08
Schaffer, Sheryl	02/08
Biorn, Roberta	02/09
Croson, Diane	02/11
Allison, Brian	02/12
Harmon, Shelbee	02/12
Haga, Roger	02/13
Norris Jr., David	02/13
Jensen, Savannah	02/14
Campbell, Kristy	02/15
Cole, Tara	02/15
Byron, Ruth	02/16
Meyer, Leroy	02/17
Oliver, Johnathan	02/21
Oar, Ruth	02/22
Bottcher, Hayden	02/23
French, Tim	02/23
Mcburney-Rebol, Jesse T.	02/25
Mower, Savon	02/25
Oliver, Daniel	02/25
Pickens, Logan	02/25
Borland, Kathy	02/28
Mahnami, Dan	02/28
Stewart, Don	02/28
Tuckett, Jake	02/29

## John Wesley Quote

Beware of indulging gloomy thoughts; they are the bane of thankfulness. You are encompassed with 10,000 mercies let these sink you into humble thankfulness.

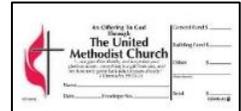


To Miss March 1775

## Finance & Giving

Thank you for your continued financial support of Trinity by:

- a. delivering your regular giving personally
- b. calling the office and give via credit card
- c. using US Postal Service to send a check
- d. going to Trinity's website and give via credit card or PayPal
- e. or, signing up for bill-pay at your bank so they can send a check



Our church's financial status for year-to-date January 31, 2021:



Income = \$ 7,162  
 Expenses = \$16,550  
 Difference = <\$ -9,387>

Thank you for your continued generosity. More than ever, the world needs what our church offers!

## Sunday Activities 2022

We are happy to report that we have resumed some opportunities for families, adults, children, and youth to participate in meaningful worship, study, and fellowship. Everyone must wear masks inside the building, except when eating or drinking. Here are some of the activities:

### Sunday Worship - each week

- 10:15 a.m. In person and on the internet
  - 11:15 a.m. Parlor - Coffee & Fellowship
  - Adults, Youth, Children (grade school)
  - Childcare Available from 10 - 12:30 p.m.
  - "Kid's Time" is back in Worship too.
- Come in and enjoy the beautiful Sanctuary.

*See you at*

*Trinity United Methodist Church!*

## Crockpot Lunches Needed

Compassionate Care Need!

We need crock pot or casserole lunches for the homeless people that stop by the Day Shelter.



We will provide the cooking container and the ingredients, as necessary. Please help with all the love in your heart. Contact Don in the office.

The next available dates are February 13<sup>th</sup>, 14<sup>th</sup> & 15<sup>th</sup>.

Also, donations of canned food would be greatly appreciated. Examples of greatest needs are:

- Ramen Noodles
- Pasta (for example Chef Boyardee)
- Corn, Green Beans, & Mixed Vegetables
- Meats
- Soups
- Spaghetti Sauce

**Thanks** to Ann Shively, Jill Ecklesdaffer, Joe Goyen, Cindy Woolf, Heather Rutledge, Dixie Oswald, Kay Kiefner, Kathy Harder, Bev Kemp, Pam Mayes, Jo Ann & Gary Rose, and Marcia & Tommy Lew for their preparation of food, generous donation of time, and compassion in helping with feeding the hungry.

## Today's Greatest Needs:

- **Winter coats, clothing, boots, gloves**
- Kitchen Storage Containers

## Trinity Leadership

Below are the names and contacts for the leadership positions for the next year. Please let the appropriate leader know how you are willing to serve.

- Bev Kemp - Chair of Staff/Parish Relations  
208-569-6149  
[bevmkemp@gmail.com](mailto:bevmkemp@gmail.com)
- Don Rohde - Chair of Trustees  
860-810-3227  
[donrohde@aol.com](mailto:donrohde@aol.com)
- Robin Stewart - Chair of Administrative Council  
208-521-6358  
[robin.s.stewart@gmail.com](mailto:robin.s.stewart@gmail.com)
- Scott Taylor, Chair of Finance  
208-201-5593

## How to Watch on Facebook

Watching Trinity Worship Video Without a F.B. Account. (P)

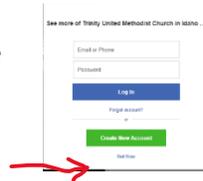
Yes, you can watch Trinity Sunday morning worship video without a Facebook account.

### ON THE LAPTOP:

1. go to GOOGLE CHROME web browser and type in:
2. <https://www.facebook.com/TUMCIF/>
3. The Trinity Facebook page comes up and you can see the video.
4. Then a Facebook "sign on" window comes up
5. At the bottom of the Sign on Window there was a "NOT NOW" button
6. Push that button and you are free to watch the live stream on a laptop without a Facebook account.

### ON THE CELL PHONE:

1. go to web browser and type in:
2. <https://www.facebook.com/TUMCIF/>
3. The Trinity Facebook page comes up and you can see the video.
4. Then a Facebook sign on window came up
5. Using your finger scroll down the screen
6. A second Facebook sign on window comes up
7. Close that 2nd window by pressing the "X" box up in the top right corner
8. You can see the video on the screen and play it by pressing the play triangle
9. It only shows the latest videos.
10. If you press SHOW ALL you can see all the videos back to March.
11. You are free to watch the live stream on an iPhone without a Facebook account.



## This Week at Trinity

### Wednesday (February 9<sup>th</sup>)

- **Upper Room** 10:00 am by Zoom
- 6:30 Finance Meeting by Zoom

### Thursday (February 10<sup>th</sup>)

- 1:00 UMW Unit Meeting

### Friday (February 11<sup>th</sup>)

### Saturday (February 12<sup>th</sup>)

### Sunday (February 13<sup>th</sup>)

- **Indoor, In-Person Church and Video Worship** on Facebook Page at 10:15am.
- 11:30 Coffee hour

Do church in person or from the comfort of your couch!

[\(https://www.facebook.com/TUMCIF/\)](https://www.facebook.com/TUMCIF/)

### Monday (February 14<sup>th</sup>)

- 10:00 F.I.S.H.
- **Theology on Tap** 7:00 pm Zoom

### Tuesday (February 15<sup>th</sup>)

- Admin Meeting 6:30 by Zoom
- **7:00 Cub Scouts Pack & Den**

### Upcoming:

Feb 20 – Scout Dutch-Oven Breakfast

Feb 21 – Presidents' Day Holiday

<u>Sunday</u>	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>
<h1>February</h1>		8 <del>6:30 Trustees meeting zoom</del> 7:00 Cub Scouts Pack & Den	9 10:00 Upper Room by Zoom  6:30 Finance Meeting Zoom 7:30 Troop 6	10 1:00 UMW Unit Meeting	11 Office Closed	12
		13 10:15 Indoor Church with Live stream on Facebook 11:30 Coffee hour  4:00 Handbell Practice	14 <u>Valentine's Day</u>  10:00 F.I.S.H.  7:00 Theology on Tap (Zoom)	15  6:30 Admin Meeting (Zoom) 7:00 Cub Scouts Pack & Den	16 10:00 Upper Room by Zoom  6:30 pm Gather at the Table (zoom) 7:30 Troop 6	17
20 10:15 Indoor Church with Live stream on Facebook 11:30 Scout Dutch Oven Breakfast in MD Hall  4:00 Handbell Practice	21  7:00 Theology on Tap (Zoom)	22  7:00 Cub Scouts Pack & Den	23 10:00 Upper Room by Zoom  7:30 Troop 6	24	25 Office Closed	26
27 10:15 Indoor Church with Live stream on Facebook 11:30 Coffee hour  4:00 Handbell Practice	28  7:00 Theology on Tap (Zoom)	1  7:00 Cub Scouts Pack & Den	2 10:00 Upper Room by Zoom  6:30 pm Gather at the Table (zoom) 7:30 Troop 6	3	4 Office Closed	5