

Email Blast for Feb 7, 2018



# Trinity Times

“Open Hearts, Open Minds,  
Open Doors”

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## Epiphany 6

**Getting to know God's  
friends and family**

## Scripture Readings

**2 Kings 2:1-12**

**Mark 9:2-9**



**Liturgist:** Mystery Guest

**Counters:** Jim Anderson & Kathy Borland

***Scout Dutch Oven Lunch 2/11***

***Our Boy Scouts will be cooking  
lunch for us on the 11th of  
February to celebrate  
Scout Sunday and to practice  
their Dutch Oven skills.***

# Team



# Meetings

## Special Meetings for the Week

**Thursday, Feb 8, 9:00 a.m., Steering Committee**

**Thursday, Feb 8, 1:00 p.m., UMW Unit Meeting**

**Thursday, Feb 8, 6:30 p.m., Finance Committee**

**Tuesday, Feb 13, 6:30 p.m., Shrove Tuesday Pancake dinner**

**Tuesday, Feb 13, 7:00 p.m., Adler Lecture**

**Ash Wednesday, Feb 14, 12:15-12:45 p.m., Service with ashes.**

## On Going Weekly Events

Monday, 6:00 p.m., Beginning Bells

Monday, 7:00 p.m., Wesley Handbells

Monday, 7:00 p.m., Theology On Tap at Tap-n-Fill (**New Time**)

Wednesday, 9:00 a.m., Breakfast at O'Brady's

Wednesday, 11:00 a.m., Upper Room Meeting

Thursday, 6:30 p.m., Choir Rehearsal (**New Time**)

Thursday, 7:15 p.m., Praise Band (**New Time**)

If you know of something that may be of interest to the Blast readers, please send the information to Pam in the office ([office@tumcif.org](mailto:office@tumcif.org)) or directly to the Blast ([blasttumcif@gmail.com](mailto:blasttumcif@gmail.com)).



**The total for the pigs so far is \$1,099.80. This is from the loose change in your pockets. Don't forget to feed your pig and bring him to Church when he is full!**



# Information about Sunday School Classes

Sunday, February 11 at 9:00 am - Hubbell Bible Study - A Disciplined Faith

Don Rohde leading - Meeting in room 108

We will be studying James 3:1-12 – Purpose: To elevate our faith by allowing God to discipline our speech. Key Verse: No one can tame the tongue, though. It is a restless evil, full of deadly poison. (James 3:8)



Rev Ruth's Class is titled "Grown-ups and Others." They meet in the Parlor.

Wouldn't it sometimes "feel great"  
to really boot your computer?



*Sheryl Schaffer 2/8    Diane Croson 2/11*

*Roger Haga 2/13    Lynn Bingham 2/14*

*Savannah Jensen 2/14*

*(Note: if your birthday was missed, contact  
the Church office to update your file.)*

**(Note: if your anniversary was  
missed, contact the Church  
office to update your file.)**

**Weekly Treasurer's Report  
For the General Fund**

**Month to Date: \$4101**

**Monthly Budget: \$17,283**

# Around the Church

**It has come to my attention that many of us are getting hacked lately. If you get an email saying that one of us needs money, please give that person a call. Most likely, email addresses are being sent requests blindly.**

**Most importantly, DO NOT SEND MONEY or SENSITIVE INFORMATION!**

**Pam**

**Theology on Tap is now on Mondays at 7pm! Join us at Tap-n-Fill at Snake River Landing for an evening of discussion of Wesley, life, and prayer. Nonalcoholic beverages are available and we may bring whatever we would like to eat.**

**The Lenten Lunch will be of soups (some dairy- and gluten-free), starches (breads, crackers) and fruit or fresh vegetables.**

**Please sign up with Pam (office@tumcif.org or 208-522-7921) to sign up to provide.**

**Thank you for your generosity!**

## **AARP TAX-AIDE FREE TAX SERVICE**

**574 4<sup>th</sup> Street, Idaho Falls  
(One block west of post office)**

**February 1 to April 17**

**Mon, Wed, Friday 9:30 am to 4:00 pm**

**Tues & Thurs 9:30 am to 7:00 pm**

**All ages - Low to Mid incomes**

**Phone 528-8887**

**IRS certified counselors**

**Senior Citizens may call**

**for Appointment (522-4357)**

## **Kids Time – each Sunday at 10:15**

**We all gather for Worship and then the Kids are invited to gather in the Parlor for stories and activities of all kinds. We welcome all ages and want the older kids to assist the younger too. A nursery is available for kids under 3 years of age. The kids are taking turns assisting with various tasks during the worship and fellowship time and lunches that follow.**

**We are preparing for Valentine's Day by learning about God's love for all people from various stories in the Bible. The Kids are making seasonal table decorations for all to enjoy and valentines to share too. The Lent and Easter Season will soon be here and the children will be assisting with many activities for that as well.**

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## **Shrove Tuesday Pancake Supper – Tues. February 13 – Begins at 6:30 pm**

**Every one – ADULTS, YOUTH, and KIDS including the Cub Scouts, Boy Scouts and Girl Scouts are welcome to participate  
Come and enjoy a supper of pancakes and more!**

**Many games and races and fun activities will follow for everyone!**

**Bring your favorite pancake turner as it will be needed for some of the activities.**

**Most important – Have FUN! All ages can participate but also there is a place for an audience to watch the fun activities too.**

## **DAYS FOR GIRLS- FEBRUARY**

**Trinity's UMW is continuing our effort to help Days for Girls with their mission to provide high quality, washable feminine hygiene kits as well as sanitation and health training to girls who miss school for lack of these materials. There is a basket in the parlor labeled Days for Girls.**

**Thank you so much for your generosity in collecting washcloths in January. They are greatly appreciated. In February, we will be collecting cotton underwear in girl's sizes 10, 12, 14, 16 and women's sizes 5, 6, and 7.**

### **New Women's Book Study**

#### **The Wisdom Jesus by Cynthia Bourgeault**

**"A must read for all students of religion and spirituality. Brilliantly composed and thought provoking through-out." She presents that wisdom is not what you believe about Jesus or even what you know about him. Wisdom is when you encounter him, recognize him, and enter into the mind of Christ.**

**Every Wednesday 11:00am to noon – beginning February 21  
at St. Luke's Episcopal Church, 270 N Placer**

**For more info call (208-569-6149)  
or email (bevmkemp@gmail.com) Bev Kemp**

**Looking for positive caring adults who are willing to help children who have been abused or neglected have a voice in the court system. By being a CASA advocate volunteer will help individual child build resilience, work with the child to develop a strong sense of individual worth, and provide a stable positive role model in their life.**

**For more information you can contact us at [info@casa7.org](mailto:info@casa7.org)  
or 208-523-6525**

**Thank you for being willing to advocate for those too small  
to stand alone.**

**Tiffany Anderson, Volunteer Coordinator (208)523-6525**

**Judicial District VII CASA Program**

**490 Memorial Drive, Idaho Falls, ID 83402**

**[www.casa7.org](http://www.casa7.org) or <https://www.facebook.com/CASA7ofIdaho/>**

# DEPRESSION?

## Chronic Disease Self-Management Education (CDSME)

(Taught by Vonda Smith who was our instructor for "Living Well with Diabetes" and our ADAH speaker on Depression)

CDSME workshops are designed to help people gain self-confidence in their ability to control their symptoms and learn how their health problems affect their lives. Small-group, highly interactive workshops are six weeks long, meeting once a week for 2 hours, and are facilitated by a pair of leaders, one or both of whom are non-health professionals with chronic diseases themselves. For information call Don Rohde 860-810-3227.

The workshop topics include the following:

- How to deal with frustration, fatigue, pain, and isolation
- Ways to maintain and improve strength, flexibility, and endurance
- Managing medications
- How to communicate more effectively with family, friends, and health professionals
- Healthy eating

Wednesday Evenings at 6:30  
February 21, 28 & March 7, 14, 21, 28  
Trinity United Methodist Church  
237 N Water Ave, Idaho Falls, ID 83402



**Trinity United Methodist Church**  
**237 N. Water Ave. Idaho Falls, Idaho**



**Jan.—April, 2018**

**Every Sunday — 10:15 a.m.**

**To: Parents, All Children and Youth**

During Sunday worship kids will be dismissed for “**Kids Time**” to the Parlor for stories and activities suitable for them. All ages are welcome and the older youth assist younger ones. The Nursery is available for kids under 3 years of age.

**EACH SUNDAY**—We want kids to continue helping in the worship as acolytes, readers, ushers, musicians and some older trained youth in the sound booth..

**Please Volunteer.**— A schedule will be made 1-4 weeks in advance. Parents are welcome to assist also. Let us know how and when you can serve the church family.

**The Season of Lent**— begins on Tues. February 13 with **Shrove Tuesday** Pancake Supper and Pancake Races with fun for all ages. 6:30 p.m.

**Ash Wednesday**—February 14— 12:15-12:45pm Worship service with ashes (school release eligible?)

**Sundays of Lent**— Feb 18, 25, March 4, 11, 18, 25, Soup and bread lunches for everyone following worship. We will invite kids and parents to assist. A Lenten study will follow and activities for kids and the nursery for young ones are available.

**Palm Sunday**—March 25—Plans are being made with kids and youth as participants.

**Easter Sunday** — April 1—Bible Sunday for 3rd Graders, Easter Egg Hunt and celebration of the Resurrection of Jesus.

**More details will be coming as we move through the activities that are scheduled.**

**Contacts:** Betty Anderson, 208-521-3039 (text or call)

Rev. Ruth Marsh, 208-419-7870 (text or call)



## **Idaho Legislative Advocacy Event**

**The United Methodist Women of the Oregon-Idaho Conference are sponsoring an Idaho Legislative Event February 25 and 26 in Boise. This is an opportunity to become acquainted, or better acquainted, with the legislative process in Idaho. You do not need to be a member of United Methodist Women, do not need to be Methodist, and do not even need to be a woman to participate!**

**Sunday will focus on an overview of legislative issues. We have an interesting guest speaker and 2 important issues to be covered in this year. Our first speaker is Representative Priscilla Giddings from Whitebird, ID. She is a conservative Republican legislator and former US Air Force pilot who will talk about the role of women in the Idaho Legislature, and answer our questions.**

**The primary issues to be covered by the other speakers are the proposed U. S. Constitutional Convention, and expansion of Medicaid. The proposed US Constitutional Convention has potential for far-reaching consequences and is gaining traction in the Legislature. Expansion of health care coverage in Idaho is being approached on several different fronts and, while some of the proposals are compatible, others are of concern to many advocates of expanded coverage.**

**Participants will also receive printed materials about the legislative process and the state's budget process, and agendas of the Monday committee meetings. Monday, participants will visit the Capitol for a 9 am tour, and then have the option to attend committee meetings and sessions of the House and Senate.**

**Monday noon we will have lunch with our legislators at Lindsay Hall of the First Presbyterian Church, a block from the Capitol.**

**Cost is \$25, which includes Sunday supper and Monday lunch.**

**Deadline for registration is February 19. Additional information and a registration form are available at <http://umoi-email.brtapp.com/files/tables/emails/1935351/files/2018%2bumw%2bleg%2breg%2bform%2b2.pdf>**

**For more information, you can contact Mary Getchell at [mlgetchell@aol.com](mailto:mlgetchell@aol.com).**

# THE HOLY LAND

## **Journey through the Bible: October 22 - November 1, 2018**

Have you ever wanted to walk the streets that Jesus walked or sail across the Sea of Galilee? If you answered yes to these questions, I encourage you to pray about joining me on a journey from Boise to the Holy Land. Reverend Duane Anders and Reverend Steve Tollefson will be leading this experience into the the life, times, land and Hebrew faith of Jesus Christ. I will be the liaison for the Eastern part of Idaho. The dates of the trip are October 22 through November 1st 2018 unless you add an extension onto your trip. There are two options available. This is a tentative schedule:

Bethlehem Oct. 23rd - 25<sup>th</sup>

Tiberias Oct. 26th - 27<sup>th</sup>

Jerusalem Oct. 28th - Oct. 30th

Study guides will be available before we depart and there will be times for us to gather together for faith-filled discussions. I have always heard that going to the Holy Land is like opening up the fifth Gospel. You might be wondering what do you gain by going a trip so far away? You will gain

Greater appreciation of Scripture

Enriched prayer life

Enriched fellowship with the group

Experience walking in the footsteps of Jesus


Return home with a renewed spirit

Greater knowledge of the Bible

Deeper knowledge of Jesus and His ministry

Better understanding of the Geography

Total trip price is \$3,656 includes: basic tour and guided sightseeing, roundtrip international airfare, admission fees, entrance fees, hotel gratuities and program fees, daily buffet breakfast and dinner. If you are interested in going to the Holy Land please contact Pastor Nancy (at St. Paul's, [208-522-9076](tel:208-522-9076)) for more information. There are some savings for early registration.




**THEATRICAL  
ON DEMAND®**

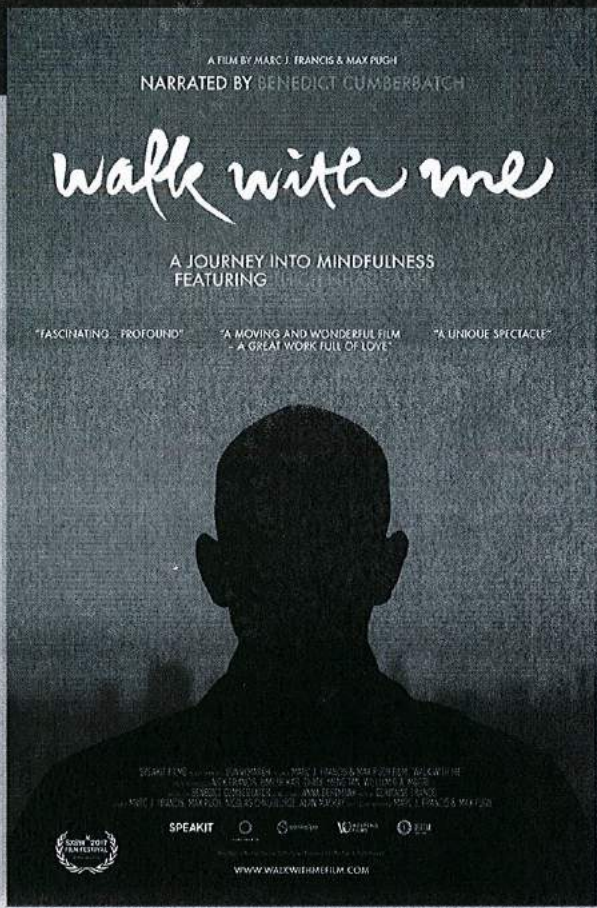
**TICKETS MUST BE PURCHASED IN ADVANCE**

**WALK WITH ME**  
**March 24 at 3:00 pm**  
**Grand Teton Stadium**  
**14**  
**2707 South 25th East, Idaho**  
**Falls, ID**

Reserve Your Tickets  
[gathr.us/s/22210](http://gathr.us/s/22210)



SCAN WITH YOUR  
SMARTPHONE  
TO RESERVE  
YOUR TICKET(S).



**THIS SCREENING WILL ONLY HAPPEN IF 53 TICKET(S) ARE RESERVED BY 2:00PM ON MARCH 14**


### What is Theatrical On Demand®?

Theatrical On Demand® allows individuals like you the opportunity to organize and promote film screenings in movie theaters across the country.



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# Aging, Dementia, Alzheimer's, Help (ADAH)

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Trinity United Methodist Church Presents:

## Adult Protective Services.

Our speaker will be Brian Payton from the area Agency on Ageing in Idaho Falls. He will tell us about his work in Adult Protective Services.

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Brian Payton works as an Supportive Services Technician for the Area VI, Area Agency on Aging as part of the Eastern Idaho Community Action Partnership.

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### Program Topics:

1. What agencies assist in resolving an issue?
  2. What should a volunteer be looking for as they visit seniors?
  3. What should a family look for as they visit nursing home?
  4. How can we be part of the solution to keep abuse from happening?
  5. What community organizations work to head off the senior abuse?
  6. Other EICAP programs such as caregiver training.
  7. Questions and Answers
- 

Everyone is welcome to attend.

Tuesday, February 27 at 6:30 pm in the Parlor.

ADAH's goal is to identify resources and bring aging information / help to the community. ADAH meets at Trinity UMC the fourth Tuesday of each month for a program and to share information. To get on the email list contact Don Rohde at [donrohde@aol.com](mailto:donrohde@aol.com).

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Trinity United Methodist Church,  
237 N. Water Ave., Idaho Falls, ID 83402 208-522-7921

**!!!Sign up sheet for February now available!!!**

Do you like to be heard above the crowd?  
Do you want people to listen to what you say?  
If so, then be sure you sign up to be a Liturgist  
on Sunday morning. By using our microphones,  
you're assured to be heard by everyone.

**Pray as you ought, and you will live as you  
pray. God will create a new spirit in you  
and will revive your enthusiasm for living.**

**Do you carry your Bible with you everywhere you go? How about  
carrying several different versions of the Bible? If you have a  
smartphone or tablet, there are many different Bible programs  
which you can download. They can include several different Bibles  
and lots of other related items. The best part is that most of these  
programs are free. Many can be synced to your home computer.**

.....  
: And Finally:

: Please send any comments or suggestions to [Blasttumcif@gmail.com](mailto:Blasttumcif@gmail.com). If you  
: have an article or picture to share, please send them as well to the same  
: address. If you would like to unsubscribe from this newsletter, please reply  
: to this email with "Unsubscribe" in the text box.  
: .....

# Valentine's Day

Valentine's Day is celebrated on February 14. It is a festival of romantic love and many people give cards, letters, flowers or presents to their spouse or partner. They may also arrange a romantic meal in a restaurant or night in a hotel. Common symbols of Valentine's Day are hearts, red roses and Cupid.

**Valentine's Day: one of the most romantic days of the year.**

## What Do People Do?

Many people celebrate their love for their partner by sending cards or letters, giving gifts or flowers and arranging meals in restaurants or romantic nights in hotels. People who would like to have a romantic relationship with somebody may use the occasion to make this known, often anonymously. Valentine's cards are often decorated with images of hearts, red roses or Cupid. Common Valentine's Day gifts are flowers chocolates, candy, lingerie and champagne or sparkling wine. However, some people use the occasion to present lavish gifts, such as jewelry. Many restaurants and hotels have special offers at this time. These can include romantic meals or weekend breaks.

## Public Life

Valentine's Day is not a public holiday. Government offices, stores, schools and other organizations are open as usual. Public transit systems run on their regular schedule. Restaurants may be busier than usual as many people go out for an evening with their spouse or partner. Valentine's Day is also a very popular date for weddings.

## Background

There are a number of Saints called Valentine who are honored on February 14. The day became associated with romantic love in the Middle Ages in England. This may have followed on from the Pagan fertility festivals that were held all over Europe as the winter came to an end. Traditionally, lovers exchanged hand written notes. Commercial cards became available in the mid nineteenth century.

## Symbols

The most common Valentine's Day symbols are the heart, particularly in reds and pinks, and pictures or models of Cupid. Cupid is usually portrayed as a small winged figure with a bow and arrow. In mythology, he uses his arrow to strike the hearts of people. People who have fallen in love are sometimes said to be 'struck by Cupid's arrow. Other symbols of Valentine's Day are couples in loving embraces and the gifts of flowers, chocolate, red roses and lingerie that couples often give each other.