



Email Blast for Mar 7, 2018

trinity times

“Open Hearts, Open Minds,
Open Doors”

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Lent 4

Look at this and live Scripture Readings

Numbers 21:4-9

John 3:14-21



Liturgist: Mystery Guest

Counters: Jim Anderson & Kathy Borland

*Palm Sunday worship (March 25)
Maundy Thursday (March 29th) worship
at 7pm with open communion
Good Friday (March 30) prayer vigil: noon to 3pm
EASTER (April 1) Sunrise worship 6:45am-
7:30 at Snake River Landing
Pot Luck breakfast at church 9am
10:15 worship followed by egg hunts for all ages*

Sunday's Time Change Again: Spring Forward!!!

DONT FORGET TO
SPRING FORWARD
THIS SUNDAY



The hour we lose
this weekend was
the one when I was
planning to go to
the gym.



somedecards

Tonight we move the clocks ahead
one hour and spring forward.



After the winter we've had,
I'm all for anything with the
word "spring" in it!

Visit Jim Hunt at facebook.com/huntcartoons

COFFEE SIZES



3/9

mariascrivan.com gocomics.com/half-full

© Maria Scrivan

This weekend we're
supposed to turn our
clocks back. Personally,
I'd much rather turn
my scale back.



Visit Jim Hunt at facebook.com/huntcartoons

I REALLY NEED A DAY
BETWEEN
SATURDAY
AND
SUNDAY
**One Extra Hour
Just Isn't Enough!**



via LoveThisPic.com

 SPRING
FORWARD

Team Meetings

Special Meetings for the Week

Thursday, Mar 8, 9:00 a.m., Steering Committee

Thursday, Mar 8, 1:00 p.m., UMW Unit Meeting

Friday, Mar 9, 11:30 a.m., RCCM Lenten Lunch at 1st Presby.

Friday, Mar 9, 8:00 a.m., Weekly Service Club is Cancelled

Sunday, Mar 11, Daylight Savings Begins

Sunday, Mar 11, 8:00 a.m., Scout Breakfast (Change/new day)

On Going Weekly Events

Monday, 6:00 p.m., Beginning Bells

Monday, 7:00 p.m., Wesley Handbells

Monday, 7:00 p.m., Theology On Tap at Tap-n-Fill

Wednesday, 9:00 a.m., Breakfast at O'Brady's

Wednesday, 11:00 a.m., Upper Room Meeting

Thursday, 6:30 p.m., Choir Rehearsal

Thursday, 7:15 p.m., Praise Band

Friday, 8:00 a.m., Friday Morning Service Club



The total for the pigs so far is \$1,399.90. This is from the loose change in your pockets. Don't forget to feed your pig and bring him to Church when he is full! So far we have opened over 60 blue piggy banks.



Information about Sunday School Classes

Sunday, March 11 at 9:00 am - Hubbell Bible Study - There Is No God Like You

Tommy Lew will lead the meeting in room 108

We will be studying 2 Chronicles 6: 12-21

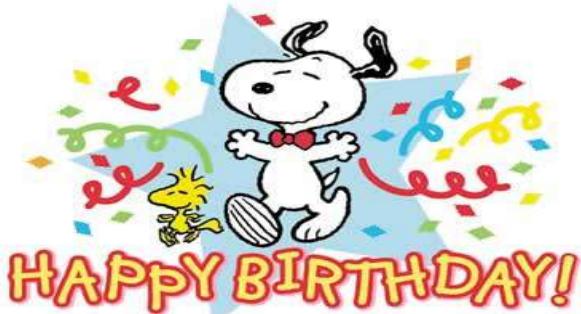
Purpose: To build on the promises God made to those who have come before us



Rev Ruth's Class is titled "Grown-ups and Others." They meet in the Parlor.

*It is no use walking anywhere to preach
unless our walking is our preaching.*

St Francis of Assisi



Sheila Mullin 3/10 Chelsea Gaskill 3/11

Ruth Anne Cole 3/12 Adyllena Castillo 3/13

*(Note: if your birthday was missed, contact
the Church office to update your file.)*

**(Note: if your anniversary was
missed, contact the Church office
to update your file.)**

Weekly Treasurer's Report

For the General Fund

Month to Date: \$3,870

Monthly Budget: \$17,283

Around the Church

Needed for Lenten lunch March 11th: we need soups, breads, veggies or fruit.

And since we are asking for stuff, we also need contributions of candy for the plastic Easter eggs and aluminum foil (for the Mary Dawson Hall kitchen).

The Lenten Lunch will be of soups (some dairy- and gluten-free), starches (breads, crackers) and fruit or fresh vegetables.

Please sign up with Pam (office@tumcif.org or 208-522-7921) to sign up to provide.

Thank you for your generosity!

Deadline Nears for Annual Conference Legislative Proposals

If you have proposals for potential legislation to be discussed at our Annual Conference Session this June 13-16 in Boise, the deadline is March 19, for proposals to receive developer help. Otherwise, proposals are due April 1.

The Oregon-Idaho Legislative Assembly will meet Saturday, April 14, at Lake Oswego United Methodist Church. The meeting will begin at 9:30 a.m. and conclude when the work is complete. Guests are welcome.

The assembly will review the 2018 legislative items - making edits and recommendations for the 2018 Annual Conference Session to review. Some items, if recommended with a 90% or higher vote, will be grouped on a consent calendar for voting by the Annual Conference Members in blocks. For more information, check out the Annual Conference Session website, or contact Warren Light.

Kids Time – each Sunday at 10:15

We all gather for Worship and then the Kids are invited to gather in the Parlor for stories and activities of all kinds. We welcome all ages and want the older kids to assist the younger too. A nursery is available for kids under 3 years of age. The kids are taking turns assisting with various tasks during the worship and fellowship time and lunches that follow.

UMCOR Sunday coming March 11

A new year brings great potential for hope, generosity and compassion. UMCOR Sunday, one of the most popular churchwide special Sundays with an offering, is on the horizon.

Make sure it is on your calendar.

On March 11, 2018, people are invited to join with thousands of other congregations across the connection in a special offering to support the United Methodist Committee on Relief. When congregations participate in UMCOR Sunday, they help cover the operating budget of UMCOR.

Support on this day makes it possible for UMCOR to direct 100 percent of all other contributions to the projects our donors specify, instead of using this money on administrative or fundraising costs.

You can read more about UMCOR Sunday by visiting the following web site: www.umcgiving.org.

Trinity folks are very aware of UMCOR and always supported in the past as well as helped with necessary supplies. The large UMCOR Depot in Salt Lake is the closest one to us.

DAYS FOR GIRLS- March

Trinity's UMW is continuing our effort to help Days for Girls with their mission to provide high quality, washable feminine hygiene kits as well as sanitation and health training to girls who miss school for lack of these materials. There is a basket in the parlor labeled *Days for Girls*. Thank you so much for your generosity in collecting cotton underwear. They are greatly appreciated. In March, we will be continuing to collect cotton underwear in girl's sizes 10, 12, 14, 16 and women's sizes 5, 6, and 7. You are truly appreciated.

Regional Council for Christian Ministry

Lenten Series

Schedule for each Friday:

11:30 Lunch Noon to 12:30 Worship 12:30 Lunch

Date:	Location:	Preacher:
March 2	Trinity UMC	Jason Ginsburg
March 9	First Presbyterian	Susan Speir
March 16	St. Paul's UMC	Phil Hagen
March 23	St. Luke's Episcopal	Ruth Marsh



**Time to start thinking about
Summer Camp**

Extend Genuine Christian Hospitality and Community

by Todd Bartlett, Executive Director for Camp and Retreat Ministries

At the core of our mission in Oregon-Idaho Camp and Retreat Ministries is Christian hospitality – “we are a people dedicated to creating quality environments of Christian hospitality and learning.” Leaders in United Methodist Camp and Retreat Ministries also understand that this is essential to our work and how we are known, by including this as one of the 7 Foundations of United Methodist Camp and Retreat Ministries.

For those of us who serve in Camp and Retreat Ministries, I have come to see hospitality as a spiritual practice. This is different from what is commonly known as the “hospitality industry,” that is, restaurants and hotels. It is different for us because at the heart of our practice of hospitality is that we are followers of Jesus. At all of our sites, the acts of preparing meals, preparing places for meeting and sleeping, and leading outdoor activities are all done in the context of our Christian discipleship. It is our faithful response to God’s call in our lives. Just as importantly, we hire staff to carry out the mission rather than simply performing the tasks involved.

We do this work because we believe that, by offering genuine Christian hospitality, we create spaces that are conducive to experiencing God. Many have heard a call to ordained ministry while in one of these sacred places, and others have encountered God to such a degree that the direction of their lives and who they understand themselves to be have changed. Henri Nouwen wrote in his book Reaching Out, “Hospitality is not to change people but to offer them space where change can take place.” In this statement there is an assumption that change is of value or something that we as human beings seek. In our hospitality, we create these spaces without dictating that change happen, all the while knowing that it is possible, and we watch for it.

Sometimes we see that change in the first week that we meet someone at camp and at other times the change takes place slowly and gradually over the course of years. No matter the length of time in which change occurs, there is great rejoicing for the individual, the community of which they are a part, and for us as camp and retreat staff, as we all witness the transformation of mind, body, and soul.

We who have received the blessing of hospitality from God and others know the truth of the words from Abba James, “It is better to receive hospitality than it is to offer it.” These words also keep us humble in our striving for quality and genuine hospitality. May you experience genuine hospitality at our sites this year, and may you receive the blessing of this gift from us and from God.

See you around the campfire soon,

Friday Morning Service Club presents opportunities to serve:

You can be of service this week:

1. Serve at the soup Kitchen on Monday March 5th
2. Sign up to be the liturgist for worship on Sunday
3. Sign up for kitchen duty after fellowship time.
4. Help with cleanup around the church.
5. Sign up to cook a soup for the Lenten Lunch Series.
6. Apply for the Christian Education Position
7. Buy a Veterinary Gift Certificate for companion animals annual checkup.
8. Volunteer to do child care for children of people in recovery programs at the church.
9. Drive a fellow church goer to church
10. Signup to help dye Easter eggs on Palm Sunday
11. Signup to help fill Easter eggs with candy
12. Signup to hide Easter eggs on Easter.
13. Attend Upper Room prayer group Wed at 11am

For more information and to signup for these service opportunities please call Pam at 208-522-7921

Please come and join us in service!

For information on the Friday Morning Service Club call Don Rohde 860-810-3227
donrohde@aol.com.

DEPRESSION?

Chronic Disease Self-Management Education (CDSME)

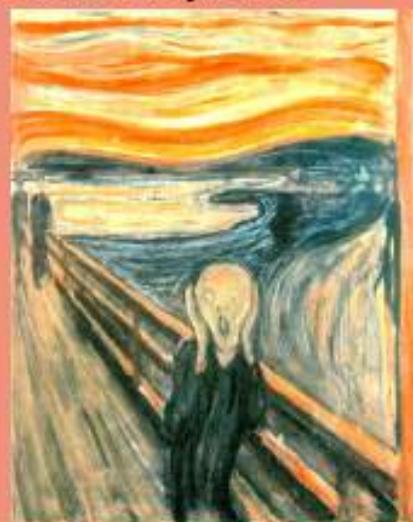
(Taught by Vonda Smith who was our instructor for "Living Well with Diabetes" and our ADAH speaker on Depression)

CDSME workshops are designed to help people gain self-confidence in their ability to control their symptoms and learn how their health problems affect their lives. Small-group, highly interactive workshops are six weeks long, meeting once a week for 2 hours, and are facilitated by a pair of leaders, one or both of whom are non-health professionals with chronic diseases themselves. For information call Don Rohde 860-810-3227.

The workshop topics include the following:

- How to deal with frustration, fatigue, pain, and isolation
- Ways to maintain and improve strength, flexibility, and endurance
- Managing medications
- How to communicate more effectively with family, friends, and health professionals
- Healthy eating

Wednesday Evenings at 6:30
February 21, 28 & March 7, 14, 21, 28
Trinity United Methodist Church
237 N Water Ave, Idaho Falls, ID 83402



Living Well with Chronic Conditions

A Free Workshop

This workshop is 6 sessions, 2.5 hours each

Open to anyone living with chronic health conditions

WHEN

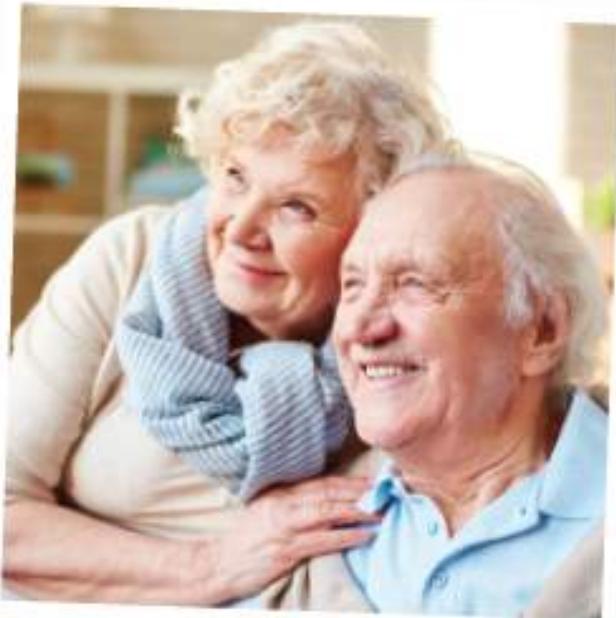
6 Wednesdays

February 21 - March 28, 2018

6:30pm - 8:30pm

WHERE

Trinity United Methodist Church
237 N. Water Avenue, Room 108
Idaho Falls, ID 83401



LEARN HOW TO BETTER MANAGE YOUR CHRONIC CONDITION

- Healthy eating
- Managing medications
- Safe exercise
- Communication skills
- Dealing with depression & stress
- Working with your healthcare team

Free workshop designed for individuals who are living with chronic health conditions. Each session focuses on problem-solving, decision-making and coping skills which help you confront the ever-changing challenges of living with chronic conditions like diabetes, high blood pressure and heart disease.

Please call Vonda Smith at 208-716-2593 to sign up for the workshop.



This material was prepared by Qualis Health, the Medicare Quality Innovation Network - Quality Improvement Organization (QIN-QIO) for Idaho and Washington, under contract with the Centers for Medicare & Medicaid Services (CMS), an agency of the U.S. Department of Health and Human Services. The contents presented do not necessarily reflect CMS policy. ID-EDC-OH-3347-02-18

!!!!Sign up sheet for March now available!!!!

Do you like to be heard above the crowd?
Do you want people to listen to what you say?
If so, then be sure you sign up to be a Liturgust
on Sunday morning. By using our microphones,
you're assured to be heard by everyone.

**Pray as you ought, and you will live as you
pray. God will create a new spirit in you
and will revive your enthusiasm for living.**

Do you carry your Bible with you everywhere you go? How about carrying several different versions of the Bible? If you have a smartphone or tablet, there are many different Bible programs which you can download. They can include several different Bibles and lots of other related items. The best part is that most of these programs are free. Many can be synced to your home computer.

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And Finally:

Please send any comments or suggestions to Blasttumcif@gmail.com. If you have an article or picture to share, please send them as well to the same address. If you would like to unsubscribe from this newsletter, please reply to this email with "Unsubscribe" in the text box.

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