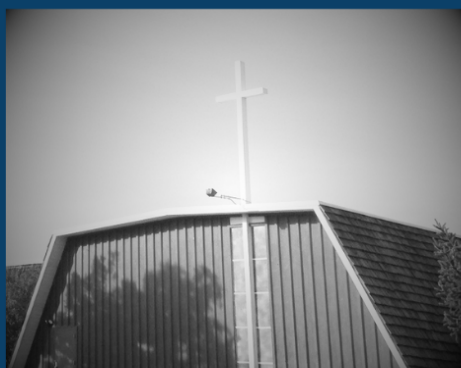


# TRINITY UMC & ST. PAUL'S UMC NEWSLETTER

January 16, 2025



## Sunday Morning

January 19, 2025

MLK/Human Relations Sunday

Rev. Elizabeth McVicker

Scripture: Psalm 36:5-10

Sermon: "Remembering MLK"

Services are streamed on  
Facebook Live at 9am at  
Trinity UMC and 11am at  
St. Paul's UMC.

## Elizabeth's Epiphanies

Dear Friends,

What a year it has been in worship already. On the first Sunday of the year, we left behind some of the things that didn't need to follow us into 2024 by writing it down on a piece of dissolving rice paper and placing in the baptismal font. Last Sunday, as we remembered the Lord's baptism and God's actions upon us in our own baptism, we went back to the baptismal font. The water from the previous week was poured away and replaced with clean, fresh water. It was a symbol of how the baptismal waters allow us to begin afresh with God's grace. If you were not able to be in worship, you can watch the recordings on the Facebook pages: St. Pauls Idaho Falls UMC and Trinity United Methodist Church in Idaho Falls.

This Sunday, we will honor the legacy of the Rev. Dr. Martin Luther King, Jr. His faith compelled him to change the discriminatory practices of our country, so that all citizens of the United States could have voting rights, equal treatment at restaurants and public places, and economic opportunity. At the heart of all of his work was his faith in God. I will talk about his faith as we remember the impact he had on this country.

Also in remembrance of this great leader, the Regional Council of Christian Ministries is hosting a special performance. The main program is a reader's theater written by Jim Francis and Chloe Doucette, both well-known, longtime residents of Idaho Falls. Adelaide Castillo, who grew up at Trinity, and Mosy Moran, whose company, The Heart, handles the audio visual services for both Trinity and St. Paul's, are participants in the program. I hope you will plan to join me at one of the 2 performances: Saturday, Jan. 18 at 7pm at the Museum of Idaho and Sunday, January 19 at 3pm at the Community Food Basket.

See you in worship--online or in person!

*-Rev. Elizabeth*

"TO MAKE DISCIPLES OF JESUS CHRIST FOR THE TRANSFORMATION OF THE WORLD"

**TRINITY UNITED METHODIST CHURCH-SUNDAY WORSHIP 9:00 AM**

237 N. WATER AVE. IDAHO FALLS, ID 83402 | 208-522-7921

**ST. PAUL'S UNITED METHODIST CHURCH- SUNDAY WORSHIP 11:00 AM**

1730 ST. CLAIR ROAD IDAHO FALLS, ID 83404 | 208-522-9076



**The Discernment Team has begun working with the C3 project to envision God's future for the Idaho Falls United Methodists. Four others churches in the Oregon-Idaho Conference who are also exploring Cooperative ministries are also involved. We will meet monthly for the next several months with a goal to develop ideas to attract new people.**

**The Discernment Team includes Rev. Elizabeth, Melinda Ginosar, Don Rohde, Ray Miles, Tommy Lew, Ryan Atwood, Kelly Lawrence, Gene Summers, Jeanie and Richard Hughes and Jill Eckelsdaffer. The Third Sunday workshops for December and January are cancelled. The next Third Sunday workshop is scheduled for **Sunday, February 15 at 3pm at Trinity UMC.****



## LUNAR NEW YEAR CELEBRATION

All are invited to the parsonage to celebrate the Lunar New Year on Sunday, February 9.

Rev. Elizabeth will serve homemade eggrolls and fried rice. It will be open house style, but please sign up for a time slot. 3pm, 4pm, and 5pm. Sign up sheets are at each church. Gung Hai Fat Choy!

## BECOMING A MEMBER

Are you interested in becoming a member of St. Paul's or Trinity UMC? We're excited to invite you to our upcoming New Member Classes!

**When:**

- **Sunday, January 26, at 3 p.m.**
- **Sunday, February 2, at 3 p.m.**

**Where: The Parsonage**

These classes are a wonderful opportunity to learn more about our church community, explore what it means to be a member, and connect with others in faith.

Please sign up at Trinity or St. Paul's to reserve your spot. We look forward to welcoming you into our church family!

For questions, contact the church office.

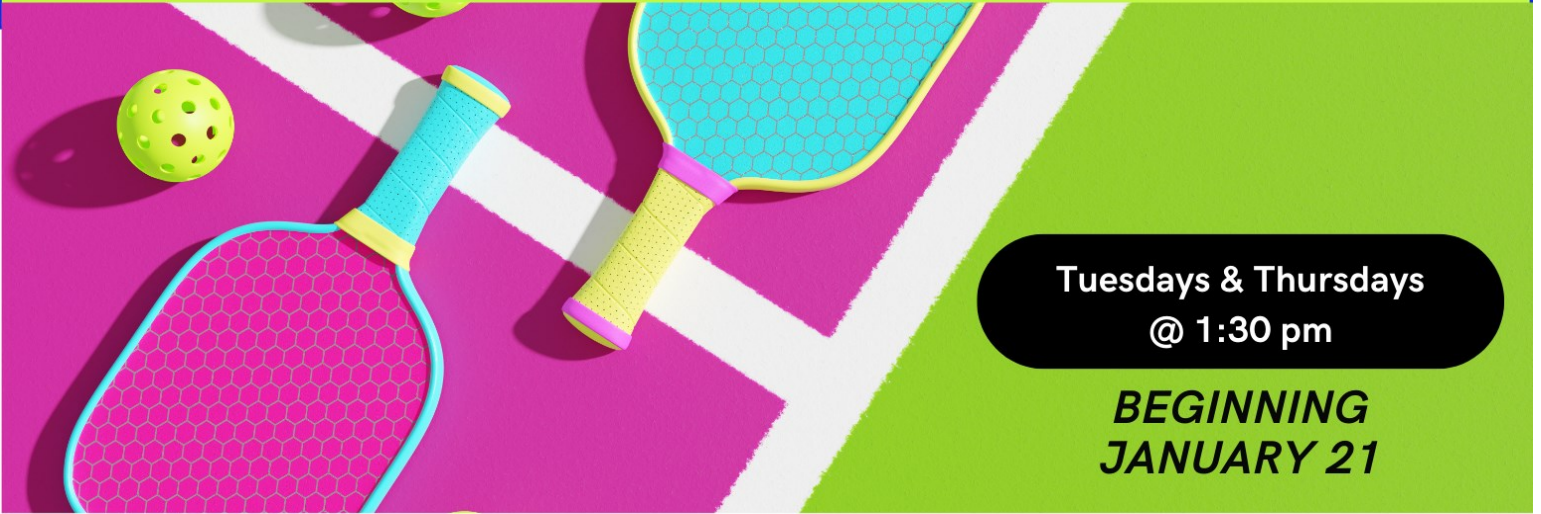
**THANK YOU**

Thank you to everyone who has generously contributed toward the purchase of our new sign. So far, we have received \$9,284 in donations—your generosity is truly appreciated!

We are still accepting contributions, and every gift makes a difference. Thank you!

-Jerry Cass- Missions

# IDAHO FALLS UNITED METHODISTS



Tuesdays & Thursdays  
@ 1:30 pm

**BEGINNING  
JANUARY 21**

## PickleBall.



**INTERESTED IN PLAYING PICKLEBALL AND PUTTING SOME FUN IN YOUR LIFE?**

Ralph Halsted will be offering free lessons at St. Paul's UMC gym. Open play will follow. Paddles and balls will be available.

Please wear good court shoes. Cross-trainer shoes lead to turned ankles!  
For questions, talk to Ralph or call the church office.

**THERE IS A REASON WHY PICKLEBALL IS THE FASTEST GROWING SPORT...AND THAT IS FUN!**

At St. Paul's United Methodist Church  
1730 St. Clair Rd, Idaho Falls

## **BREAKTHROUGH PRAYER**



**Relax and breathe deeply for just 60 seconds!**

**Visualize the breathe of God filling every pore and all that is old, negative and stale being released.**

**Lord, give me an Open Heart.  
Lord, give me an Open Mind.**

**Lord, may our gathered fellowship always have an Open Door.**



**Join us for a fun-filled evening of games and fellowship!**

**When: Friday, February 7, at 6 p.m.  
Where: St. Paul's UMC**

Everyone is welcome to come and enjoy the fun! For more information contact Stephanie Henrich or Cathy Gray or the church office.

### Men's Coffee Group:

Wednesdays at 8:30 am at Perkins. All men are invited.

### Women's Outreach and Fellowship Group:

Wednesdays at 9:30 am at St. Paul's

### United Women of Faith

The UMW meets at Trinity UMC at 1:00pm the second Thursday of each month.

### United Methodist Women's Luncheon

Tuesday January 14th at 1pm all women are invited to lunch at Sizzler's. Please RSVP or Talk to Sharon Evans for more information.

**Sunday School at Trinity** Sunday School for children is offered each Sunday at Trinity during the 9am worship service. The children experience worship in the sanctuary and then go to Sunday School after the Kid's Message.

## WHERE THERE IS HELP

### THERE IS HOPE

- **Narcotics Anonymous** Tuesday's and Friday's 7pm at Trinity United Methodist Church.
- **Candlelight Narcotics Anonymous** 7pm at Trinity United Methodist Church
- **Women's AA** Thursdays 6:30pm at St. Paul's United Methodist Church
- **Trinity United Methodist Day Shelter and Homeless Services.** Open Monday-Thursday 9am-2pm.



## UNITED WOMEN OF FAITH

**Enjoy not having to go out in the cold this month for a meeting! The January meeting for UWF is cancelled so see you in February! Our year end giving for 2024 was \$1,000 to the following: \$200 each to CASA, FISH, GED PROGRAM, SOUP KITCHEN, and Hospice of Eastern Idaho. The December Offering went to Rise Up Crisis Center.**



The General Board of Higher Education and Ministry (GBHEM) scholarship application portal is open for United Methodist students seeking scholarships for undergraduate and graduate study at colleges, universities and seminaries in the United States. Potential scholarships awarded range from \$500 to \$1,200, on average.

Students may submit one application per year, which will be screened for the appropriate scholarship program.

Scholarship programs are divided into three categories:

- **General Scholarships**
- **HBCU Scholarships**
- **Ministry as a Career Scholarships**

The deadline to complete the application is **Monday, March 31, 2025.**

Email [umscholar@gbhem.org](mailto:umscholar@gbhem.org) for more information.



## WOMEN'S OUTREACH AND FELLOWSHIP GROUP

This month, our Women's Group is collecting new blankets, throws, and fleece fabric (1½- to 2-yard pieces) to support St. Paul's and Trinity UMC's blessing ministry, C.A.S.A., and the Ronald McDonald House at EIRMC. Donations are needed and can be brought to St. Paul's UMC.

All women are welcome to join our group! We meet every Wednesday at 9:30 a.m. in the Fellowship Hall at St. Paul's UMC. Together, we are blessed to be a blessing!



## Trinity Bell Choir

### Bell Choir at Trinity - Come Ring with Us!

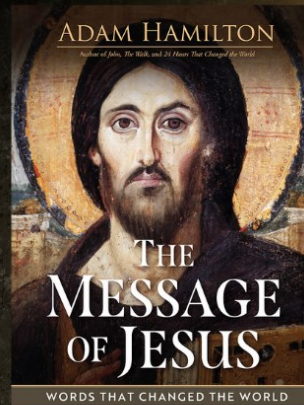
Whether you're a beginner or experienced, there's a place for you in Trinity's Bell Choir.

**Beginners practice on Sundays at 3 p.m., and the Wesley Bell Choir practices Sunday from 4 to 5:30 p.m.**

Come join the fun! For more information, reach out to Janet Miller.

# NEW ADAM HAMILTON BOOK STUDY

Women's Study  
Beginning Thursday  
Jan 23rd  
1:00 PM



CO-ED Study  
Beginning Friday  
Jan 24th  
2:30 PM

More than 3 billion people claim to follow Jesus. But aside from a few verses, how many actually know what he taught? In fact, much of what people think Jesus taught, he never said. In this six-week study, pastor and best-selling author Adam Hamilton explores six of the most important themes in Jesus's teachings, why they matter, and how they speak to us today. The book will explore Jesus's preaching on the Kingdom of God, the Sermon on the Mount, the parables, the "I am" sayings in John, and more. Jesus's message is not only life-changing, but world-changing.

### STUDIES WILL BE AT ST. PAUL'S UNITED METHODIST CHURCH

Contact Connie Dobbins or Mary Bash if you plan to attend and need the book so we can reserve a copy for you.

Connie Dobbins: 208-589-9646  
conniedobbins.idaho@gmail.com  
Mary Bash: 208-524-4106  
cheetah1954@live.com

## SOUP & SALAD FUNDRAISER January 18th at 2:00

Worthy Matron  
Kamber Weninger

Worthy Patron  
Mel Brown

Soup and Salad fundraiser  
Order of the Eastern Star  
Idaho Falls Chapter 85  
225 South Capital Avenue  
Idaho Falls, Idaho 83402



January 18th, 2025  
12:00 to 2:00  
\$15:00 per person  
\$50:00 per family  
Children 5 and below free

Secretary  
Jan Brown



# BOOK STUDY

*6 Week Study*

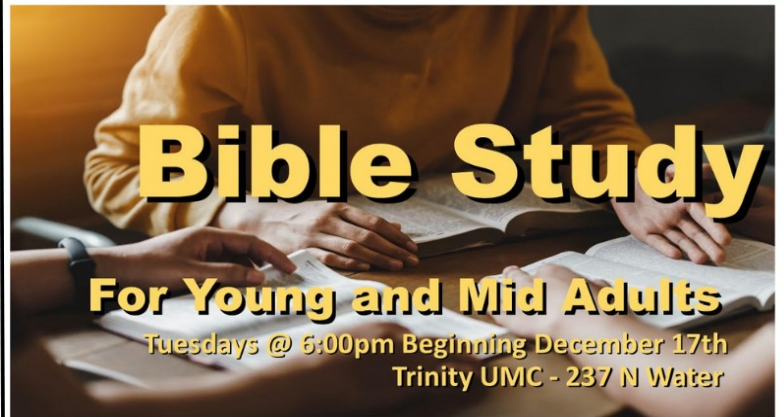
**THURSDAYS, 6:30 PM  
MARCH 6 - APRIL 10**

**AT TRINITY UNITED METHODIST  
CHURCH OR VIA ZOOM**

This 6-week study is an Exploration of the History of United Methodism, Slavery and White Supremacy Sponsored by the United Methodists of Idaho Falls.

Please order your book online. Each church has 2 copies of the book to loan as well.

**USE THE QR CODE TO  
ACCESS ZOOM**



## UPPER ROOM STUDY

**Wednesday mornings at 10:00 am  
at Trinity UMC.  
All are welcome.**

## **MLK DAY CIVIL RIGHTS REMEMBRANCE**

**Choices: Facing Injustice  
and Martin Luther King's  
Messages for Humanity**



Sunday, January 19th  
3:00 pm  
Community Food Basket  
351 W. 14th Street

**Free Event**

**A Readers' Theater  
Sponsored by  
The Regional Council of Christian Churches**

# JANUARY

**Red Text=Events at St. Paul's**  
**Blue Text=Events at Trinity**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>5</p> <p>8:30am Fellowship Coffee &amp; Donuts 9:00am Worship 10:30am Fellowship Soup Brunch <b>11:00am St. Paul's Worship</b> <b>12:30am Choir Practice</b> 3:00pm Beginning Bell Choir 4:00pm Wesley Bell Choir 6:00pm N.A.</p>	<p>6</p> <p><b>6:00pm BSA Female Troop</b> 7:00pm N.A.</p>	<p>7</p> <p>7:00pm N.A.</p>	<p>8</p> <p>9:00am Men's Pit Stop 9:30am Women's Coffee 10:00am Upper Room Study <b>12:00pm Soup for the Soul</b> 6:30pm Cub Scout Pack 7:00pm Contemporary Practice 7:30pm Scouts BSA</p>	<p>9</p> <p>10:30am Worship Planning Meeting @ Trinity 1:00pm UWF Unit Meeting <b>6:30pm - Women's AA Group</b></p>	<p>10</p> <p>Office Closed 7:00pm Candlelight N.A. 7:00pm N.A.</p>	<p>11</p> <p>Office Closed</p>
<p>12</p> <p>8:30am Fellowship Coffee &amp; Donuts 9:00am Worship 10:30am Fellowship Potluck Brunch <b>11:00am St. Paul's Worship</b> <b>12:30am Choir Practice</b> 3:00pm Beginning Bell Choir 3:00pm 3<sup>rd</sup> Sunday "Fun" Shop 4:00pm Wesley Bell Choir 6:00pm N.A.</p>	<p>13</p> <p><b>6:00pm BSA Female Troop</b> 6:30pm Girl Scouts 7:00pm N.A.</p>	<p>14</p> <p>7:00pm N.A.</p>	<p>15</p> <p>9:00am Men's Pit Stop 9:30am Women's Coffee 10:00am Upper Room Study <b>12:00pm Soup for the Soul</b> 6:30pm Cub Scout Pack 7:00pm Contemporary Practice 7:30pm Scouts BSA</p>	<p>16</p> <p>10:30am Worship Planning Meeting @ Trinity <b>6:30pm - Women's AA Group</b></p>	<p>17</p> <p>Office Closed 7:00pm Candlelight N.A. 7:00pm N.A.</p>	<p>18</p> <p>Office Closed</p>
<p>19</p> <p>8:30am Fellowship Coffee &amp; Donuts 9:00am Worship 10:30am Fellowship Scout Brunch <b>11:00am St. Paul's Worship</b> <b>12:30am Choir Practice</b> 3:00pm Beginning Bell Choir 4:00pm Wesley Bell Choir 6:00pm N.A.</p>	<p>20</p> <p><b>Martin Luther King, Jr. Day</b> Office Closed <b>6:00pm BSA Female Troop</b> 6:30pm Girl Scouts 7:00pm N.A.</p>	<p>21</p> <p>7:00pm N.A.</p>	<p>22</p> <p>9:00am Men's Pit Stop 9:30am Women's Coffee 10:00am Upper Room Study <b>12:00pm Soup for the Soul</b> 6:30pm Cub Scout Pack 7:00pm Contemporary Practice 7:30pm Scouts BSA</p>	<p>23</p> <p>Office Closed 10:30am Worship Planning Meeting @ Trinity <b>6:30pm - Women's AA Group</b></p>	<p>24</p> <p>Office Closed 7:00pm Candlelight N.A. 7:00pm N.A.</p>	<p>25</p> <p>Office Closed</p>
<p>26</p> <p>8:30am Fellowship Coffee &amp; Donuts 9:00am Worship 10:30am Fellowship Potluck Brunch <b>11:00am St. Paul's Worship</b> <b>12:30am Choir Practice</b> 3:00pm Beginning Bell Choir 4:00pm Wesley Bell Choir 6:00pm N.A.</p>	<p>27</p> <p>Office Closed <b>6:00pm BSA Female Troop</b> 6:30pm Girl Scouts 7:00pm N.A.</p>	<p>28</p> <p>7:00pm N.A.</p>	<p>29</p> <p>9:00am Men's Pit Stop 9:30am Women's Coffee 10:00am Upper Room Study <b>12:00pm Soup for the Soul</b> 6:30pm Cub Scout Pack 7:00pm Contemporary Practice 7:30pm Scouts BSA</p>	<p>30</p> <p>10:30am Worship Planning Meeting @ Trinity <b>6:30pm - Women's AA Group</b></p>	<p>31</p> <p>Office Closed 7:00pm Candlelight N.A. 7:00pm N.A.</p>	

# 2024 CHURCH COUNCIL & STAFF

## Trinity UMC

**Pastor:** Rev. Elizabeth McVicker

**Chair of Admin Council:** Gene Summers

**Lay Leader:** Tommy Lew

**SPRC:** Sherry Newey

**Trustee:** Don Rohde

Connect with Trinity UMC

<http://tumcif.org/>

[trinityumcidahofalls@gmail.com](mailto:trinityumcidahofalls@gmail.com)

<https://www.facebook.com/TUMCIF/>

## ST. PAUL'S UMC

**Pastor:** Rev. Elizabeth McVicker

**Council Chair:** Kelly Lawrence

**Member Delegate:** Cindy Mason  
Jim Mason

**Trustees:** Jim Mason  
Jeff Bell  
David Lively  
Cindy Mason

### **FINANCE:**

Chris Holden, Chair  
Lacey Moon, Treasurer  
Lynda Fennern, Financial Secretary

**SPRC:** Tracy Gohr

**Missions Coordinator:** Jerry Cass

**Ministry Coordinator:** Melinda Ginosar

**Council Secretary:** Joyce Miles

Connect with St. Paul's UMC [www.umcstpauls.com](http://www.umcstpauls.com)

[StPaulsUMCoffice@gmail.com](mailto:StPaulsUMCoffice@gmail.com)

[facebook.com/umcstpauls](https://www.facebook.com/umcstpauls)

### **Sunday, January 19 MLK/ Human Relations Sunday**

8:30am Fellowship Coffee & Donuts at Trinity UMC

9:00am Worship at Trinity UMC

Choir Rehearsals at 10:30 am at St. Paul's UMC

Worship Service at 11:00 am at St. Paul's UMC

Fellowship time following the service

Choir Rehearsals at 12:30pm at St. Paul's UMC

Beginning Bell Choir Rehearsals at 3pm at Trinity UMC

Wesley Bell Choir Rehearsals at 4 pm at Trinity UMC

**MLK Remembrance Day at 3 am at Community Food Basket**

### **Monday, January 20**

Scouts BSA Female Troop at 6pm at St. Paul's UMC

### **Tuesday, January 21**

**Pickleball at 1:30 pm at St. Paul's UMC**

N.A at 7:00 pm at Trinity UMC

Young Adults Bible Study 6pm at Trinity UMC

### **Wednesday, January 22**

Men's Coffee at 8:30 or 9am at Perkins

Women's Outreach & Fellowship 9:30 am at St. Paul's UMC

Upper Room Study at 10:00 am at Trinity UMC

Cub Scout Pack Meeting at 6:30 pm at Trinity UMC

Scouts BSA at 7:30 pm at Trinity UMC

### **Thursday, January 23**

Women's Bible Study 1pm at St. Paul's UMC

**Pickleball at 1:30pm at St. Paul's UMC**

Women's AA Group Meeting at 6:30 pm at St. Paul's UMC

### **Friday, January 24**

Bible Study at 2:30pm at St. Paul's UMC

N.A. at 7:00pm at Trinity UMC

Candlelight N.A. at 7:00 pm at Trinity UMC

### **Sunday, January 26**

8:30am Fellowship Coffee & Donuts at Trinity UMC

9:00am Worship at Trinity UMC

Choir Rehearsals at 10:30 am at St. Paul's UMC

Worship Service at 11:00 am at St. Paul's UMC

Fellowship time following the service

Choir Rehearsals at 12:30pm at St. Paul's UMC

**New Member Class at 3pm at Parsonage**

**"Do nothing out of selfish ambition or vain conceit. Rather, in humility value others above yourselves, not looking to your own interests but each of you to the interests of the others."**

**Philippians 2:3-4**



# SUNDAY BULLETIN FOR ONLINE VIEWERS

## Welcome and Announcements

Ryan Atwood (TUMC) Melinda Ginosar (SPUMC)

## Prelude with the Light of Christ

Allison Andersen (TUMC)

Todd Shively (SPUMC)

## Call to Worship

Jo Rose (TUMC), Cathy Gray (SPUMC)

## Opening Hymn

“Lift Every Voice and Sing”

p. 519 v. 1-3

## Kid’s Time

### Prayer

Sharing Our Joys and Concerns  
Pastoral Prayer  
Lord’s Prayer

## Offering: Gathering Our Gifts

Offertory Music

“How Great Thou Art” (TUMC)

p.77 v.1-4

(Chosen by Bonnie Hiltner)

“Amazing Grace” Chancel Choir (SPUMC)

Doxology

“Praise God, From Whom All Blessings Flow”

p. 94

Offertory Prayer

God of wisdom, we are amazed that you know everything and understand everyone. Long ago, you established your plans to redeem the world from our sin. Your prophets prepared the way for Jesus, who lived as a teacher and healer, embodying your righteousness and grace. Help us to grow in maturity as disciples who follow Christ with trusting hearts. We dedicate these tithes and offerings for your work in our community of faith, through Jesus’ name. Amen.

## The Message

Psalm 36: 5-10

Jo Rose (TUMC), Cathy Gray (SPUMC)

Sermon

“Remembering MLK”

Rev. Elizabeth

## Hymn of Preparation

“Precious Lord, Take My Hand” (TUMC) p. 474 v.1-3

“Enter In” Praise Team (SPUMC)

## Holy Communion

Communion Liturgy  
Great Thanksgiving  
Serving the Bread and Cup

“In Remembrance”

Prayer After Communion

O Lord, as we rise from this communion meal, open our eyes that we may see the needs of others; open our ears that we may hear their cries; open our hearts so that they need not be without succor; let us not be afraid to defend the weak because of the anger of the strong, nor afraid to defend the poor because of the anger of the rich. Show us where love and hope and faith are needed, and use us to bring them to those places. And so open our eyes and our ears that we may this coming day be able to do some work of peace for thee. Amen.

## Hymn and Bringing the Light of Christ into the World

“We Shall Overcome”

p. 533 v.1-5

“River is Here” Praise Team (SPUMC)

## Sending Forth

Benediction  
Closing Song  
Postlude

“Thanks God”

Rev. Elizabeth

Ann Shively

Please join us for a time of fellowship after the worship service