

Trinity United
Methodist Church

237 N. Water Ave
Idaho Falls, ID 83402

208-522-7921
office@tumcif.org

Return Service Requested



Nonprofit Org.
U.S. Postage
Paid
Permit No. 1491
IDAHO FALLS
IDAHO

Find us on the web!

www.tumcif.org
www.facebook.com/TUMCIF

Publication Deadline:

Articles for the Newsletter are due ***NO LATER THAN*** the 15th of each month. Expect the next newsletter to arrive around April 1, 2015. Articles must be submitted via email at **newsletter@tumcif.org**.

March 2015

Volume 2 Issue 2



**A PASTOR'S
PERSPECTIVE**

Trinity United Methodist Church

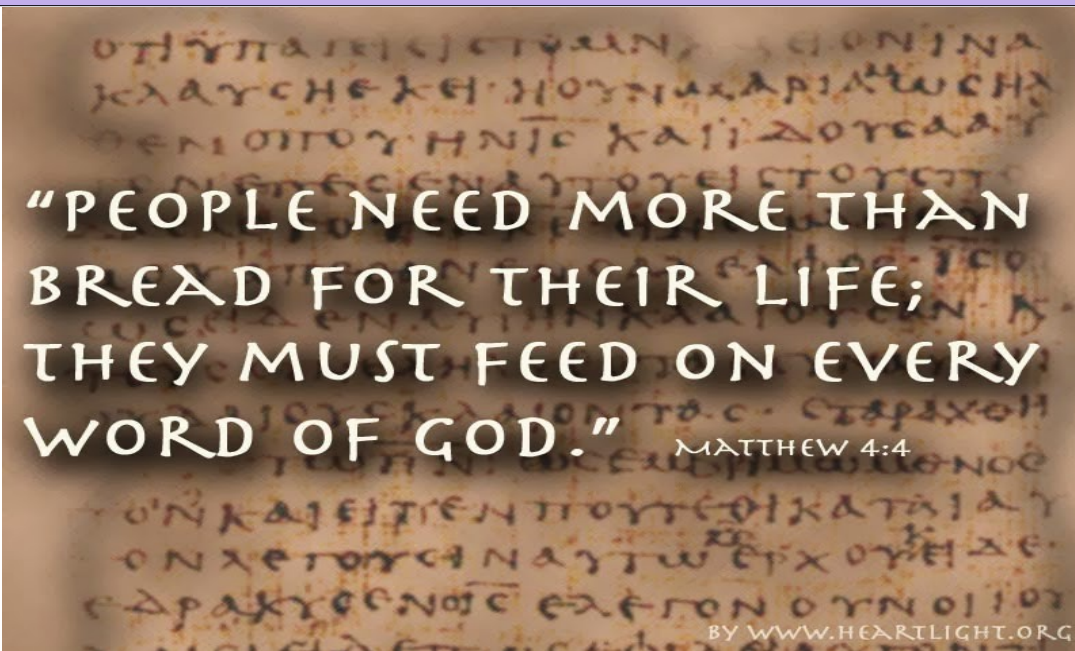
Dear Sisters and Brothers in Christ,
We are a few days into Lent, but as I mentioned in worship, it is never too late to take up a Lenten Discipline, or to restart if you have fallen off the wagon. So let me tell you a little bit more about Lent and give you some more suggestions about disciplines you might consider.

The word "Lent" comes from the old English word lencten" (meaning lengthen), and is a reference to the lengthening of days that occurs during this time of the year. For that reason, Lent is associated with Spring. As the earth sees a rebirth and renewal of the plants and flowers during this season, so Lent is a time for Christians to consider our rebirth

in Baptism and engage in spiritual renewal as preparation for Easter.

Lent is 40 days long, counting from Ash Wednesday (and minus the six Sundays, which are little celebrations of the resurrection). Those 40 days identify with Jesus' 40 days of fasting and prayer in the wilderness as he prepared for his ministry; with Moses' 40 days of fasting and prayer on Mt. Sinai as he waited to receive the Law from God; the 40 years that the Israelites spent wandering in the wilderness; and with Elijah's 40 days of fasting and prayer on his way to Mt. Horeb, the mountain of God.

The early Christians observed with great devotion the days of our Lord's passion and resurrection, and it became the custom of the Church that before the Easter celebration there



should be a forty day season of spiritual preparation. During this season converts to the faith were prepared for Holy Baptism. It was also a time when persons who had committed serious sins and, or, had separated themselves from the community of faith were reconciled by penitence and forgiveness, and restored to participation into the life of the Church. In this way the whole congregation was reminded of the mercy and forgiveness proclaimed in the gospel of Jesus Christ and the need we all have to renew our faith.

And so, my sisters and brothers in Christ, I invite you to observe a holy Lent. Prayerfully consider which opportunities on the list below might be appropriate for you to engage in as Lenten discipline. Then tell your plan to at least one other person and share with that person your experience of Lent during Holy Week. The list is long, but not exhaustive. You may think of others. However the Spirit leads you, may you be richly blessed in your Lenten Journey.

Blessings,

Reverend Ruth

HOLY WEEK WORSHIP SCHEDULE

Holy Week Information:

- 3/29 Palm Sunday worship at 9am & 11:30am
- 4/2 Maundy Thursday - worship at 7pm
- 4/3 Good Friday - 9am to 3pm drop-in prayer vigil
- 4/4 Holy Saturday (church is closed)
- 4/5 Easter Sunday
 - Sunrise Worship at 6:45am - 7:15am
 - Praise & Rejoice 9am with the band
 - Sunday School for all ages 10:15am to 11:15am
 - Traditional Worship 11:30am (with bells and Chancel Choir)

Palm Sunday Worship

Come experience the excitement of the Palms and the intensity of the Passion through symbol and music with Palm Sunday worship at 9am and 11:30am.

Holy Thursday Worship

Share in remembering the Last Supper and how Jesus gave of himself that we might live an abundant life in the Spirit. Open Communion and music by the Choir will be featured at this worship to be held at 7pm on April 2nd.

Good Friday Prayer Vigil

From 9am to 3pm on April 3rd the sanctuary will be open for prayer. Come and go as the Spirit calls you to be in prayer, retreat briefly from the busy world, or reflect on the journey of Lent.

Easter Sunrise Celebration

Come celebrate the Risen Lord (along with the rising of the sun) at a yet to be disclosed location at 6:45am on Easter morning, April 5th. Jammies *ARE* an option as we share in a proclamation of the resurrection of the Christ.

Easter Worship

Then it's back indoors for worship at Trinity UMC. 9am Praise & Rejoice with the praise band, 10:15 Sunday School for all ages, and 11:30 Traditional Worship when you can hear both the chancel choir and the bell choir!

2015

Regional Council for Christian Ministry Lenten Series

Schedule for each Friday:
11:30 Lunch Noon to 12:30 Worship 12:30 Lunch

Date:	Location:	Preacher:
February 27	St. Paul's UMC	Pamela Mayes
March 6	Trinity UMC	Regina Herman
March 13	St. Luke's Episcopal	Cathy Chisholm
March 20	First Presbyterian	Rev Dr Gemechis Buba
March 27	First Lutheran	Ric Shewell

The offering each week will go to MAC (Military Affairs Committee) Please make checks to RCCM

Journey Into Discipleship

1. God desires a relationship with us, and is calling us toward that end, even if we don't recognize God's call.
2. Jesus is God among us and worthy of our discipleship.
3. Being an active disciple is enhanced by being a continual learner.
4. We must experience (practice) giving and receiving love as modeled by Jesus.
5. A disciple has an active prayer life.

This year's Lenten class is named "Journey Into Discipleship" and will use these five points to help us dive deeply into what it means to be a disciple of Jesus the Christ. Please join Reverend Ruth Tuesdays at 6:30pm in the Sanctuary to share the journey into Discipleship. Please talk to Reverend Ruth if you missed the first class to get the hand out, you are still welcome to attend the rest of the classes.

Lenten Discipline Suggestions:

1. Spend time in solitude each day.
2. Share in the Lenten gatherings on Tuesday evenings at 6:30 in the Sanctuary.
3. Read a book for spiritual growth. (give pastor Ruth a call for some suggestions)
4. Read twice through the Gospel of Luke, or read the Passion Story in each of the Gospels.
5. Begin to keep a journal of prayer, concerns, questions, and readings.
6. Focus on thanksgiving, rather than on asking, in prayer.
7. Give myself a gift of three hours to do something I always say I don't have time to do.
8. Find a way to go to bed earlier or sleep in so I get enough rest.
9. Make a list of people with whom I need to be reconciled. Pray for them and let Jesus guide me in my thinking and feeling toward them.
10. Take control of my life by _____.
11. Go to all of the Holy Week services as an act of love and waiting with Jesus.
12. Take one hour to inventory my priorities and plan how I will reorder them.
13. Give up a grudge or a rehearsal of a past event.
14. Forgive someone who has hurt me.
15. Dance my prayers to a favorite tape or CD.
16. Take on some loving task:
17. Plan to visit a "shut-in" neighbor or church member weekly.
18. Write a letter of affirmation once a week to a person who has touched my life.
19. Listen and respond to Christ's call to a ministry of service:
20. Go to coffee or dinner with someone I want to know better.
21. Begin to recycle waste from my home and workplace.
22. Give blood and recall the cross.
23. Call the AIDS project and ask how I can help.
24. Say "NO" to something that is a waste of money and time.
25. Decide to become a member of the church and speak to the pastor or lay leader.
26. Rebuke the spirit of criticism and my own tongue out of control.
27. Find a way to live out the baptismal promise to "resist evil, injustice, and oppression" in the power and liberty God gives us by _____ (signed)
_____ (date) _____

Reverend Ruth Marsh
Trinity United Methodist Church

www.tumcif.org

UMC YOUTH

Whew! Another month has passed in the blink of an eye! Our Youth Group kids have been busy at work this month with the planning and execution of the annual Valentine's Spaghetti Dinner. We would like to thank all of those who came and showed their support. We had a great time and it was awesome to see everyone. Thanks to all the adults that helped put the dinner together. It was a learning curve for all of us and we look forward to next year's dinner. In March, we have a few projects in mind and are planning a trip to the bowling alley on the 21st to kick off Spring Break.

REGIONAL COUNCIL LENTEN SERIES

The theme for this year's Lenten Series, hosted by the Regional Council for Christian Ministry will be "Jesus is...." Each Friday during Lent, a RCCM church will provide a soup and bread lunch, with the service presided by a guest pastor from another church. Lunch will be held at 11:30am, the service at noon, and lunch again at 12:30pm to accommodate everyone's schedule. Trinity will host the Lenten Service on Friday, March 6th. If you can help with set up, clean up, soup or bread, please contact Sara Jensen at 529-8892. This year's offering will go to the local chapter of the Military Affairs Committee.

RCCM - Looking forward this year:

In March we are inviting all the Pastor and mission chairpersons to the meeting. At the April meeting, we will hear about the Island Park Ministry; it's history, present and future. In May, the focus will be on the Idaho Falls Food Bank. In June, the Soup Kitchen will have it's 30th anniversary. More details to come! Be watching for Trinity's weekend to host the service at the Little Church in the Pines this summer. The Little Church in the Pines Annual Pancake breakfast will be held August 22nd. In September, we will hear all about FISH - Friends in Service Here. The next meeting will be held Tuesday, March 17th at St. John Lutheran Church, 290 7th St. Remember, everyone is welcome to attend and get involved with our local missions!

ATTENTION HIGH SCHOOL SENIORS AND COLLEGE STUDENTS:

The TUMC Endowment Committee will be kicking off its scholarship process in April for the 2015/2016 academic year. Scholarship awards of up to \$1,000 will be available. Watch for details to come in the next Trinity Times.

UNITED METHODIST WOMEN

Greetings: The UMW have several happenings in March to tell about in the Trinity Times.

BAKED FOOD SALE

Sunday, March 8, after each service, the United Methodist Women will be holding a Baked Food Sale. This will include not only cookies and cakes, but casseroles, soups and other delights. Everyone is invited to contribute and/or purchase these home made food items to eat and enjoy. Joanne McCray and Lorraine Driskell are the co-chairs of this tasty event.

CABINFEVER CARD & GAME PARTY

Saturday, March 21 from 1:00 - 4:00 p.m., the United Methodist Women will be hosting a card and game party. Everyone is invited to attend; bring friends for an afternoon of fun, laughs, cards, games, door prizes and dessert!! One special activity will be a "dessert walk"....similar to a cake walk. Tickets will be available after March 1st from Kathy Harder, at services at the church or call Kathy at 552-3261. Only \$10 per person; invite others and had a grand time. Kathy Harder and her sister are planning a special time for everyone.

MARCH UNIT MEETING

Thursday, March 12 at 1:00 p.m., in the parlor, the monthly meeting of United Methodist Women will be held. Joy Christian and Marilyn Taylor will present a program from a Mission u study: The Church and People with Disabilities, a very important topic. Susannah Circle will be the hostesses. All women are invited to attend the UMW meetings where timely programs are presented and fellowship abounds.

DOMESTIC VIOLENCE AND TRAFFICKING

Some current topics that have been explored by the United Methodist Women include Domestic Violence and trafficking. There have been programs and ads on television concerning these topics and since much of the focus of the UMW concerns women, children and youth, Social Action chairman Cordy Koelsch has been alerting everyone to the programming available. Ask a UMW representative how you can help.

As of January, the soup kitchen has served 3866 people 4939 meals with a daily average of 125. 282 of those were children. Thank you!

Karen Parsons



MARCH BIRTHDAYS

Geneveive Clemens	3/01
Pat Dunzik	3/02
Chad Jakovac	3/03
Chelsey Jakovac	3/03
Josie Brown	3/04
Elenore Hampton	3/04
Gregory Clemens	3/07
Art Jensen	3/07
Sheila Mullin	3/10
Chelsea Gaskill	3/11
Ruth Anne Cole	3/12
Adyllena Castillo	3/13
Rosella Caveness	3/13
Geraldine Crighton	3/14
Mike Croson	3/15
Scott Brown	3/16
Justin Smith	3/16
Elaine Poulter	3/18
Giovi Castillo	3/19
Heidi Empey	3/21
Gene Summers	3/25
Janice Karinen	3/26
Jim Anderson	3/28
Chris	3/29
Whitney Wade	3/31

TUMC TRUSTEES LOOKING FOR GRANT WRITERS

Trinity is approaching our 100 years as a congregation and we want to ensure the church is properly maintained. Having a 100-year-old church means our windows and mortar; roof, walls etc. need lots of TLC.

We determined there are grants for historical buildings and their money will be wisely used. We don't have anyone with grant writing experience on Trustees and this message is to get together with our experienced grant writers and Pick Your Knowledge. Please call Nancy Stewart at 208-521-7247 if you have any experience with Grant writing and she will take notes and learn how to facilitate this important endeavor. We as a body look forward to preparing Trinity for another 100 years!

Yours in Christ
Nancy Stewart



ONE GREAT HOUR OF SHARING - UMCOR

Sunday, MARCH 15, 2015
 Gifts to One Great Hour of Sharing lay the foundation of all United Methodist Committee on Relief work by covering the costs of doing business. This means all contributions designated to specific programs can go 100 percent to those programs because UMCOR'S basic expenses are covered "Because of the faithful support of United Methodists, UMCOR can provide an example of the love of Jesus Christ by helping vulnerable communities around the world prepare for and recover from disaster. The programs that make up UMCOR also serve to transform and strengthen people and communities by providing access to clean water, improved sanitation practices and so much more. Again, thanks to your continued support, UMCOR will be with those in times of crisis for another 75 years."
 Rev. Denise Honeycutt, Deputy General Secretary, UMCOR Please support this annual offering on March 15, 2015. Please designate your donation for "One Great Hour of Sharing" - UMCOR Each year I invite people from our community and churches to cut and sew "School

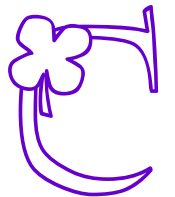
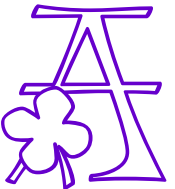
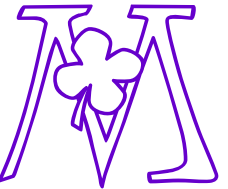
Bags" which are one of the 7 kits prepared by UMCOR. I have about 150 bags that will be on display at Trinity on March 15 and will be given a blessing. They will then be taken to the UMCOR West Depot in Salt Lake City.

Future Opportunity for Volunteers
 Oct 4 -11, 2015.- spend a week at UMCOR West, SLC, Utah - with a mission team.

More details available: Contact Betty Anderson – 208-523-8272

One Great Hour is a Christian effort to empower, provide water, supply food, and give relief from disasters. Visit www.onegreathourofsharing.org for more information.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9am Praise & Rejoice 10:15 Sunday School for all ages 11:30 Traditional Worship 4pm Youth Group	2 6pm Praise & Rejoice Practice 7pm Bells Practice 7pm NA Meeting	3 1pm Prayer Group 6:30 PEO 6:30 Lenten Class (Sanctuary) 7pm Cub Scouts 7:30 Trustees Meeting	4 9am Breakfast @ O'Bradys 10am Prayer Shawl 11am Upper Room 1:30 NAMI 5:30 Finance Meeting 7:30 Boy Scouts 7:30 Marnie Circle	5 9:30 UMW Executive Board Meeting 6:30 Missions Meeting 7pm Girl Scouts 7pm Choir	6 9:30 Community Partners RCCM Lenten Series At Trinity UMC 11:30 Lunch 12pm Worship 12:30 Lunch 7pm NA Meeting	7 7pm AA
8 *Girl Scout Sunday* UMW Bake Sale after Both Services 9am Praise & Rejoice 10:15 Sunday School 11:30 Tradition Worship 4pm Youth Group	9 10am FISH 6pm Praise & Rejoice Practice 7pm Bells Practice 7pm NA Meeting	10 1pm RCCM 6:30 Lenten Class (Sanctuary) 7pm Cub Scouts	11 9am Breakfast @ O'Bradys 10am Prayer Shawl 11am Upper Room 1:30 NAMI 7:30 Boy Scouts 7:30 Marnie Circle	12 1pm UMW Unit Meeting 7pm Girl Scouts 7pm Choir	13 RCCM Lenten Series At St. Luke's Episcopal 11:30 Lunch 12pm Worship 12:30 Lunch 7pm NA Meeting	14 7pm AA
15 9am Praise & Rejoice 10:15 Sunday School 11:30 Tradition Worship 4pm Youth Group	16 6pm Praise & Rejoice Practice 7pm Bells Practice 7pm NA Meeting	17 6:30 PEO 6:30 Cub Scouts Pack Meeting—Arrow of Light 6:30 Lenten Class (Sanctuary)	18 9am Breakfast @ O'Bradys 10am Prayer Shawl 11am Upper Room 1:30 NAMI 7:30 Boy Scouts 7:30 Marnie Circle	19 7pm Girl Scouts 7pm Choir	20 RCCM Lenten Series At First Presbyterian 11:30 Lunch 12pm Worship 12:30 Lunch 7pm NA Meeting	21 1pm UMW Card Party 7pm AA
22 9am Praise & Rejoice 10:15 Sunday School 11:30 Tradition Worship 4pm Youth Group	23 6pm Praise & Rejoice Practice 7pm Bells Practice 7pm NA Meeting	24 6:30 Cub Scouts 6:30 Lenten Class (Sanctuary) 7:30 Administrative Council Meeting	25 9am Breakfast @ O'Bradys 10am Prayer Shawl 11am Upper Room 1:30 NAMI 7:30 Boy Scouts 7:30 Marnie Circle	26 1pm Ethel Clark 7pm Girl Scouts 7pm Choir	27 RCCM Lenten Series At First Lutheran 11:30 Lunch 12pm Worship 12:30 Lunch 7pm NA Meeting	28 7pm AA
29 *Palm Sunday* 9am Praise & Rejoice 10:15 Sunday School 11:30 Tradition Worship 4pm Youth Group	30 6pm Praise & Rejoice Practice 7pm Bells Practice 7pm NA Meeting	31 6:30 Cub Scouts 6:30 Lenten Class (Sanctuary)				



Lent