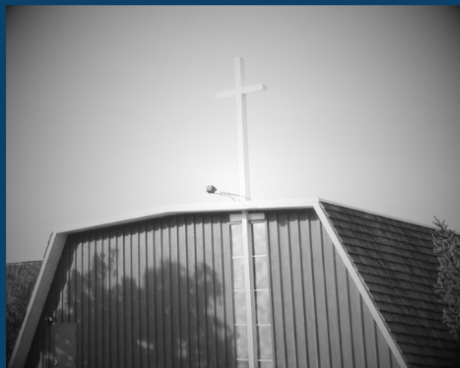


# TRINITY UMC & ST. PAUL'S UMC NEWSLETTER

November 7, 2024



## Sunday Morning

Nov 10, 2024

Rev. Elizabeth

Scripture: 2 Corinthians 8: 10-15

Sermon: "Generous Fairness"

Services are streamed on Facebook  
Live at 9am at Trinity UMC  
and 11am at St. Paul's UMC.



## Elizabeth's Epiphanies

Dear Friends,

As followers of Jesus Christ, we are stewards of God's creation and called to use our time, talents and financial resources to care for God's people through the church. We respond to all that God has given to us with gratitude, returning a portion to the work of God's kingdom. Over the next 2 Sundays, you are invited to consider your participation and financial support of the church for the coming year. On Sunday, November 17, the pledges will be consecrated so please bring your pledge card that day or earlier to the church office.

This week a letter and pledge card were mailed to Trinity and St. Paul's members and constituents requesting your participation. I want to apologize that some mistakes were made in gathering the names and addresses for the mailings for both churches. If you did not receive a letter and wish to have one, please notify the church office. Also, while the letters to the two churches were individualized for each church, I did not change the last line for the St. Paul's letter, and it may cause confusion. The finances for the two churches will remain separate.

As John Wesley encouraged us to move on to perfection, I will continue to work with the church staff to "perfect" the databases for future mailings. In the meantime, I am grateful for your grace and forgiveness to be "imperfect".

See you in worship--online or in person!

*Rev. Elizabeth*

"TO MAKE DISCIPLES OF JESUS CHRIST FOR THE TRANSFORMATION OF THE WORLD"

**TRINITY UNITED METHODIST CHURCH-SUNDAY WORSHIP 9:00 AM**

237 N. WATER AVE. IDAHO FALLS, ID 83402 | 208-522-7921

**ST. PAUL'S UNITED METHODIST CHURCH- SUNDAY WORSHIP 11:00 AM**

1730 ST. CLAIR ROAD IDAHO FALLS, ID 83404 | 208-522-9076

## Idaho Falls United Methodists: Better Together



Trinity UMC and St. Paul's UMC have received an invitation to participate in a program called C3 Courageous Congregations Collaborative. Your Discernment Team Leaders in this new adventure are Rev. Elizabeth McVicker, Melinda Ginosar, Don Rohde, Ryan Atwood, Sherry Newey, Tommy Lew, Ray Miles, Jill Ecklesdafer, Jeanie Hughes, Richard Hughes, Gene Summers and Kelly Lawrence.

The C3 program is part of the Texas Methodist Foundation's Learning and Innovative Team funded through Lilly Endowment's Thriving Congregation Initiative. The two Idaho Falls churches would be in a group with 2-3 other United Methodist churches in the Oregon-Idaho conference to learn tools and go through a process of discernment for their growth. C3 is an amazing resource opportunity for us to learn, grow, and experience new ideas as we work together to develop the cooperative parish.

The C3 program overlaps with the work we are doing with Kay Kotan's book. In addition, we will be learning the "Five Muscles" congregations need to strengthen and flex in order to thrive and grow. The five muscles are Cultivating Grief Practices, Attuning to Purpose, Togetherness, Accessing Power, and Igniting Imagination.

For the Discernment Team, the program involves 8 monthly zoom calls, an expenses-paid ministry immersion trip for 3-5 people, and a \$3,000 grant to launch a ministry program. The cost to participate is \$500.

Trinity UMC and St. Paul's UMC are grounded in our faith and not held back by the past. We have the capacity for deep conversation and deep change and are ready to expand our imagination to discern God's dream for our new vision together.

-Melinda Ginosar

### **A MESSAGE FROM BISHOP CEDRICK BRIDGEFORTH**

On the morning after a contentious election cycle, GNW Area Bishop Cedrick Bridgeforth shares this reminder of the people we are called to be in community (Use the QR Code to watch).

Feel free to watch this video and share it with others as you feel called.

Be Well,  
GNW Area Communications



**"RENDER UNTO GOD, NOT A TENTH,  
NOT A THIRD, NOT HALF, BUT ALL THAT  
IS GOD'S, BE IT MORE OR LESS."**

**-REV. JOHN WESLEY**

## MARK YOUR CALENDAR : ANNUAL ALL-CHURCH CONFERENCE

St. Paul's and Trinity UMC Annual All-Church Conference will be held on  
**Wednesday November 20 at 6:30 pm**  
**at St. Paul's UMC.**

This is an important time for both congregations to come together and look ahead to the future. All members and congregants are encouraged to attend as we celebrate our ministries and discuss plans for the year to come. Don't miss it!



Our next Soup for the Soul will be on  
**November 13th at noon**  
**at St. Paul's United Methodist Church.**

We can't wait to come together again for another afternoon of food, friendship, and nourishment for the soul. All are welcome.



## LAY SERVANT MINISTRIES COURSES

Lay Ministry is the work of mission or ministry to which each believer is called. Each of us has a responsibility to proclaim the Good News and reach out to others in love.

- **January 6, 2025-** Lay Pastoral Care Giving

For more information contact  
Emilie Kroen, Director of Lay Servant Ministries,  
OR-ID Conference [ekroen@yahoo.com](mailto:ekroen@yahoo.com)  
503-312-4138, Facebook.com/UMCLaity

## WHERE THERE IS HELP THERE IS HOPE

- **Narcotics Anonymous** Tuesday's and Friday's 7pm at Trinity United Methodist Church.
- **Candlelight Narcotics Anonymous** 7pm at Trinity United Methodist Church
- **Women's AA** Thursdays 6:30pm at St. Paul's United Methodist Church
- **Trinity United Methodist Day Shelter and Homeless Services.**  
Open Monday-Thursday 9am-2pm.

## SUNDAY MORNING FELLOWSHIP



## TRINITY HAS UPDATED THE SUNDAY MORNING FELLOWSHIP SCHEDULE.

- Every 1st Sunday: Soup Brunch  
Bring your favorite Soup.
- Every 2nd Sunday: Potluck Brunch  
Bring your favorite dish to share.
- Every 3rd Sunday: Scout Brunch  
This is a fundraiser for Troop 6 and a wonderful meal to share as we visit.
- Every 4th Sunday: Potluck Brunch

Join St. Paul's UMC for at time of fellowship following the worship service every Sunday morning.

## BREAKTHROUGH PRAYER

PRAYER



**Relax and breathe deeply for just 60 seconds!**

**Visualize the breathe of God filling every pore and all that is old, negative and stale being released.**

**Lord, give me an Open Heart.  
Lord, give me an Open Mind.**

**Lord, may our gathered fellowship always have an Open Door.**

## PRAYER NOTES



Have you looked closely at the cord pictured on our PRAYER PROMPTER? The cord is made of 3 strands. Solomon's words of wisdom in Ecclesiastes referred particularly to people working together, looking out for one another. A person alone is far more vulnerable than two or more working together. If one of those strands is the Spirit of God, the cord will be very difficult to break. Look again at the picture and you will see that each cord has many small strands. That suggests to us that Trinity and St. Paul's can each be a many stranded cord. The God Spirit can also be manifested in a variety of ways. When we are braided together, we have enormous potential and strength!

"Many Gifts, One Spirit " Hymnal #114  
Even if our bodies or circumstances don't allow us to do all we might like, tapping into the power of the Spirit through prayer can make marvelous things happen! As you pray, visualize that bonding, the cords strengthening, woven together with the Spirit.  
Do you have a song, poem, or hymn that has special meaning to you? Submit your "Prayer Note" to Jill Ecklesdafer (e.jill.eck@gmail.com) to be included in our newsletter.

Execute  
Justice  
Not  
People  
IdahoansAgainstTheDeathPenalty.org

**We've got a wide variety of resources to use as we seek to stop the death penalty. Can you take the actions below?**

- **Check out this 3.5 minute video called "Thou Shall not Kill." Use the QR code below to access the video.**
- **Anyone can get more info and learn about ways to get involved in Idaho at [Idahoans Against the Death Penalty.org](http://IdahoansAgainsttheDeathPenalty.org), which also has important information to share on social media.**



**"Thou Shall not Kill." Video QR**



# International Survivors of Suicide Loss Day

## November 23, 2024

Each year, AFSP supports hundreds of large and small Survivor Day events around the world, in which suicide loss survivors come together to find connection, understanding and hope through their shared experience. While each event is unique and offers various programming, all feature an AFSP-produced documentary that offers a message of growth, resilience and connection.

### Questions?

Idaho Chapter  
Christy Dirren  
Cdirren@afspidaho.org

### Local Event Information

Boise -  
JUMP 1000 W Myrtle St, Boise, ID  
83702

Twin Falls -  
Twin Falls United Methodist Church  
360 Shoshone St E, Twin Falls, ID  
83301

Blackfoot -  
168 S. University Ave Blackfoot, ID  
83221

Registration: 9 AM

Program: 9:30 AM - 12 PM



[afsp.org/SurvivorDay](https://afsp.org/SurvivorDay)



American  
Foundation  
for Suicide  
Prevention

**Men's Coffee Group:**

Wednesdays at 8:30 am at Perkins. All men are invited.

**Women's Outreach and Fellowship Group:**

Wednesdays at 9:30 am at St. Paul's

**United Women of Faith**

The UMW meets at Trinity UMC at 1:00pm the second Thursday of each month.

**United Methodist Women's Luncheon:**

Tuesday Nov 12th at 1:00pm. At Papa Tom's Pizza. Talk to Sharon Evans for more info.



**UNITED METHODIST WOMEN'S LUNCHEON**

The next United Methodist Women's Luncheon will be held on **Tuesday, November 12, at Papa Toms Pizza on Woodruff.**

Join us for a time of fellowship, good food, and connection. All women are welcome to attend. Sign up in the church information hall or talk to Sharon Evans.



**Homeless Stand Down**

**Saturday, November 9th, 2024**  
9:00 A.M. to 12:00 P.M.  
Skyline Activity Center  
1575 N. Skyline Dr., Idaho Falls



*This annual event allows individuals and families that are homeless, Veterans, and community members that are on the brink of being homeless, at high risk of being homeless, or the majority of their resources are for rent to connect with service providers with resources for housing and other needs.*

<p><b>FREE!!</b></p> <p><b>HOT BREAKFAST WILL BE SERVED FROM 9:00-11:00 A.M.</b></p>	<p><b>FREE!!</b></p> <p>Veteran Services Medical Screenings Flu Shots Winter Clothing Cold Weather Gear Food Community Resources</p>
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**DONATIONS IN NEED PRIOR TO THE EVENT**

*Your donations will be distributed to the homeless at this event.*

<p><b>Items needed for Donation:</b></p> <p>Clean and Lightly Used <b>Warm Winter</b> Clothing</p> <p>Cold Weather Supplies such as blankets, sleeping bags</p> <p>Food that is easily transportable Such as hot cocoa, soup packets, fruit cups, tuna/crackers, granola bars</p>	<p><b>Donations can be dropped off Between Nov. 1<sup>st</sup> to Nov. 8<sup>th</sup></b></p> <p><b>Idaho Falls Activity Center – West Room</b> 1575 N. Skyline Idaho Falls, ID</p> <p>Monday to Friday 8:00 a.m. to 4:00 p.m.</p>
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*Free Transportation is available to the event, but must be scheduled by Friday, 11/1 Call CLUB, Inc. at (208) 529-4673 to reserve your ride*



**UNITED WOMEN IN FAITH**



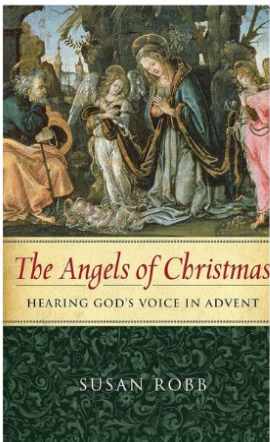
This weekend, **November 9th**, the UWF Unit at Blackfoot Jason Lee UMC will have their annual luncheon and bazaar. Let's try to be there to show our support and also have a great time!!!

Our next Unit meeting is **November 14** with Jeanie Hughes giving the program and Jan Karen and Nancy Copp hostessing. See you all there.

## THIRD SUNDAY “FUN” SHOP

**November 17, 2024 at 3:00pm at St. Paul's.** Instead of "work"shop, it will be a "fun"shop to get to know Rev. Elizabeth more. Participants are invited to submit a question to Rev. Elizabeth about God, church, theology, the Bible, or something else. We will bring snacks to share and fellowship.

## **THE ANGELS OF CHRISTMAS “HEARING GOD’S VOICE IN ADVENT”**



**Women’s Bible Study Group  
Thursday’s at 1pm  
Beginning November 21st**  
Facilitated by Mary Bash

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**Co-ed Bible Study Group  
All are welcome  
Friday’s at 2:30 pm  
Beginning November 22nd**  
facilitated by  
Connie Dobbins

**The Angels of Christmas: Hearing God’s Voice in Advent, a four-week Advent study by Susan Robb, explores the four angelic visits surrounding the birth of Jesus with Zechariah, Mary, Joseph, and the shepherds. In this study, the reader will explore the visits and dive deep into the history of the angel Gabriel—and other angels—in the Old Testament. The Angels of Christmas uses these four angelic appearances to discuss God’s presence in history and our lives today. The messages of the angels hold meaning for listeners both then and now.**



## MONDAY MORNING BIBLE STUDY

**Every Monday Morning via zoom.  
Contact Jeanie Hughes for more info.  
All are welcome.**



## UPPER ROOM STUDY

**Wednesday mornings at 10:00 am  
at Trinity UMC.  
All are welcome.**



## **Bell Choir**

**Bell Choir at Trinity - Come Ring with Us!**  
Whether you’re a beginner or experienced, there’s a place for you in Trinity’s Bell Choir.  
**Beginners practice on  
Sundays at 3 p.m.,  
and the Wesley Bell Choir practices  
Sunday from 4 to 5:30 p.m.**  
Come join the fun! For more information, reach out to Janet Miller.



## **CHRISTMAS ADOPT-A-FAMILY 2024**

St. Paul's Church is excited to offer the Christmas Adopted Family program this year with a Giving Tree located in the Church entry area. Christmas is a time to bring ALL of St. Paul's Family together as the Light of Christ within our community.

We are planning to accept up to 20 families this year. This is how we will connect with families to adopt this Christmas. We accept families YOU (Our Church Family) and Trinity UMC recommend. We are also accepting families through St. Vincent de Paul, and Hawthorne Elementary School. Applications are available in the church office and can be picked up during office hours Mon-Thurs from 9:00 a.m. to 1:00 p.m. or on Sunday morning.

**DUE DATE FOR ALL APPLICATIONS – Sunday, November 10th**  
**(Applications cannot be accepted for families who are receiving other Christmas help.)**  
**Please let us know of any families or individuals you recommend.**

### **How You Can Help:**

You can purchase gifts from the giving tree for the adopted family members or donate money through St. Paul's UMC to purchase gifts and food. Make a note on your check "for Christmas families".

**\*\* If you are interested in adopting an entire family, please contact Mary Bash prior to November 10.**

**The Christmas Giving Tree will be available by Sunday, November 17th.**

If you would like to purchase a specific gift but can't get to the church to choose from the Giving Tree, you can contact Mary and she will return your call from the giving tree and help you identify a gift you wish to provide.

**RETURN GIFTS TO ST. PAUL'S GIVING TREE BY SUNDAY MORNING, DECEMBER 8th.**

**Shoppers may be needed!** If you like to shop and have time to donate, please volunteer now! Shoppers will be provided with a list of items needed and a gift card with funds for those items. Contact Mary Bash to volunteer.

**Holiday Food for our Adopted Families!** One of the most important gifts we give this Christmas is food! Each adopted family will receive Family Friendly Gift Card in the amount of \$175 to purchase their holiday foods at WinCo. Individual recipients will receive a \$100 Gift Card from WinCo.

**Wrapping party:** There is a wrap party scheduled on December 10th, at the church in the Sonshine room from 10:00 a.m until we finish.

Adopted families will pick up their gifts on Saturday, December 14th, from 9 a.m. to noon. Families are asked to Drive by and pick up their gifts in St. Paul's Parking Lot.

In this season of preparing to celebrate the birth of Jesus, may the Light of God's love shine brightly into a dark world, bringing Hope to the world.

**Mary Bash 208-360-4208 [cheetah1954@live.com](mailto:cheetah1954@live.com)**  
**Jerry Cass St. Paul's Mission Coordinator**



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
<p><b>Red Text=Events at St. Paul's</b> <b>Blue Text=Events at Trinity</b></p> <p>10 8:30am Fellowship Coffee &amp; Donuts 9:00am Worship 10:30am Fellowship Poduck Brunch 11:00am St. Paul's Worship 12:30am Choir Practice 3:00pm Beginning Bell Choir 4:00pm Wesley Bell Choir 6:00pm N.A.</p>	<p>11 6:00pm BSA Female Troop 6:30pm Girl Scouts 7:00pm N.A.</p>	<p>12 1:00pm Ladies Luncheon @ Papa Tom's 7:00pm N.A.</p>	<p>6 9:00am Men's Fit Stop 9:30am Women's Coffee 10:00am Upper Room Study 6:30pm Cub Scout Pack Starts Back Up 7:00 - Contemporary Practice 7:30pm Scouts BSA</p>	<p>7 9:30am UWF Exec. Board Meeting 10:30am Worship Planning Meeting @ Trinity 6:30pm - Women's AA Group</p>	<p>8 Office Closed 7:00pm Candlelight N.A. 7:00pm N.A.</p>	<p>9 Office Closed 12pm Idaho Falls Opera Theatre Auditions "The Pirates of Penzance"</p>
<p>17 8:30am Fellowship Coffee &amp; Donuts 9:00am Worship 10:30am Fellowship Scout Brunch 11:00am St. Paul's Worship 12:30am Choir Practice 3:00pm Beginning Bell Choir 4:00pm Wesley Bell Choir 6:00pm N.A.</p>	<p>18 6:00pm BSA Female Troop 7:00pm N.A.</p>	<p>19 7:00pm N.A.</p>	<p>13 9:00am Men's Fit Stop 9:30am Women's Coffee 10:00am Upper Room Study 12:00pm Soup for the Soul 6:30pm Cub Scout Pack Starts Back Up 7:00 - Contemporary Practice 7:30pm Scouts BSA</p>	<p>14 10:30am Worship Planning Meeting @ Trinity 1:00pm UWF Unit Meeting 6:30pm - Women's AA Group</p>	<p>15 Office Closed 7:00pm Candlelight N.A. 7:00pm N.A.</p>	<p>16 Office Closed</p>
<p>24 Daylight Savings 8:30am Fellowship Coffee &amp; Donuts 9:00am Worship 10:30am Fellowship Poduck Brunch 11:00am St. Paul's Worship 12:30am Choir Practice 3:00pm Beginning Bell Choir 4:00pm Wesley Bell Choir 6:00pm N.A.</p>	<p>25 6:00pm BSA Female Troop 7:00pm N.A.</p>	<p>26 7:00pm N.A.</p>	<p>20 9:00am Men's Fit Stop 9:30am Women's Coffee 10:00am Upper Room Study 6:30pm Cub Scout Pack Starts Back Up 6:30 All Church Conf. @ St. Paul's 7:30pm Scouts BSA</p>	<p>21 10:30am Worship Planning Meeting @ Trinity 6:30pm - Women's AA Group</p>	<p>22 Office Closed 7:00pm Candlelight N.A. 7:00pm N.A.</p>	<p>23 Office Closed</p>
<p>1 Start of Advent 8:30am Fellowship Coffee &amp; Donuts 9:00am Worship 10:30am Fellowship Soup Brunch 11:00am St. Paul's Worship 12:30am Choir Practice 3:00pm Beginning Bell Choir 4:00pm Wesley Bell Choir</p>	<p>2 6:00pm BSA Female Troop 6:30pm Girl Scouts 7:00pm N.A.</p>	<p>3 7:00pm N.A.</p>	<p>27 9:00am Men's Fit Stop 9:30am Women's Coffee 10:00am Upper Room Study 6:30pm Cub Scout Pack Starts Back Up 7:00 - Contemporary Practice 7:30pm Scouts BSA</p>	<p>28 Thanksgiving Office Closed 10:30am Worship Planning Meeting @ Trinity 6:30pm - Women's AA Group</p>	<p>29 Office Closed 7:00pm Candlelight N.A. 7:00pm N.A.</p>	<p>30 Office Closed</p>
<p>11:00am St. Paul's Worship 12:30am Choir Practice 3:00pm Beginning Bell Choir 4:00pm Wesley Bell Choir</p>	<p>4 9:00am Men's Fit Stop 9:30am Women's Coffee 10:00am Upper Room Study 6:30pm Cub Scout Pack Starts Back Up 7:00 - Contemporary Practice 7:30pm Scouts BSA</p>	<p>5 9:30am UWF Exec. Board Meeting 10:30am Worship Planning Meeting @ St. Paul's 6:30pm - Women's AA Group</p>	<p>5 9:30am UWF Exec. Board Meeting 10:30am Worship Planning Meeting @ St. Paul's 6:30pm - Women's AA Group</p>	<p>6 Office Closed 7:00pm Candlelight N.A. 7:00pm N.A.</p>	<p>7 Office Closed</p>	<p>Office Closed</p>

# 2024 CHURCH COUNCIL & STAFF

## Trinity UMC

**Pastor:** Rev. Elizabeth McVicker

**Chair of Admin Council:** Gene Summers

**Lay Leader:** Tommy Lew

**SPRC:** Sherry Newey

**Trustee:** Don Rohde

Connect with Trinity UMC

<http://tumcif.org/>

[trinityumcidahofalls@gmail.com](mailto:trinityumcidahofalls@gmail.com)

<https://www.facebook.com/TUMCIF/>

## ST. PAUL'S UMC

**Pastor:** Rev. Elizabeth McVicker

**Council Chair:** Chris Holden

**Member Delegate:** Cindy Mason  
Jim Mason

**Trustees:** Jim Mason  
Jeff Bell  
David Lively  
Cindy Mason

**Treasurer:** Lacey Moon

**Finance Secretary:** Lynda Fennern

**SPRC:** Tracy Gohr

**Missions Coordinator:** Jerry Cass

**Ministry Coordinator:** Melinda Ginosar

Connect with St. Paul's UMC

[www.umcstpauls.com](http://www.umcstpauls.com)

[StPaulsUMCOffice@gmail.com](mailto:StPaulsUMCOffice@gmail.com)

[facebook.com/umcstpauls](https://www.facebook.com/umcstpauls)

### Sunday, November 10th

8:30am Fellowship Coffee & Donuts at Trinity UMC

9:00am Worship at Trinity UMC

Choir Rehearsals at 10:30 am at St. Paul's UMC

Worship Service at 11:00 am at St. Paul's UMC

Fellowship time following the service

Choir practice at 12:30pm at St. Paul's UMC

Beginning Bell Choir Rehearsals at 3pm at Trinity UMC

Wesley Bell Choir Rehearsals at 4 pm at Trinity UMC

### Monday, November 11th

#### OFFICE CLOSED

Scouts BSA Female Troop at 6pm at St. Paul's UMC

### Tuesday, November 12th

#### Women's Luncheon at Papa Tom's at 1pm

N.A at 7:00 pm at Trinity UMC

### Wednesday, November 13th

Men's Coffee at 8:30 or 9am at Perkins

Women's Outreach & Fellowship 9:30 am at St. Paul's UMC

**Soup for the Soul at 12:00 at St. Paul's UMC**

Upper Room Study at 10:00 am at Trinity UMC

Cub Scout Pack Meeting at 6:30 pm at Trinity UMC

Scouts BSA at 7:30 pm at Trinity UMC

### Thursday, November 14th

Women's AA Group Meeting at 6:30 pm at St. Paul's UMC

### Friday, November 15th

N.A. at 7:00pm at Trinity UMC

Candlelight N.A. at 7:00 pm at Trinity UMC

### Sunday, November 17th

8:30am Fellowship Coffee & Donuts at Trinity UMC

9:00am Worship at Trinity UMC

Choir Rehearsals at 10:30 am at St. Paul's UMC

Worship Service at 11:00 am at St. Paul's UMC

Fellowship time following the service

Choir Rehearsals at 12:30pm at St. Paul's UMC

**"FUN" SHOP AT ST. PAUL'S UMC AT 3:00 PM**

Beginning Bell Choir Rehearsals at 3pm at Trinity UMC

Wesley Bell Choir Rehearsals at 4 pm at Trinity UMC

**"A generous person will prosper;  
whoever refreshes others will be  
refreshed."  
Proverbs 11:25**