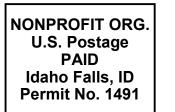
Trinity United Methodist Church 237 N. Water Ave Idaho Falls, ID 83402-4003 208-522-7921 office@tumcif.org

Return Service Requested



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You are welcome at: 9:00 am Sunday School for all ages 10:15 am Worship for Everyone

Looking Way Ahead...

Nov 6 - 2:00 am - Day Light Saving Time Change before church – "Fall Back"

- Nov 7 6:00 pm Election Day Eve Prayer meeting
- Nov 8 Election Day
- Nov 13 12:00 pm UMCOR Luncheon & Kit making meeting at St. Paul's
- Nov 15 7:30 pm Charge Conference
- Nov 22 6:30 pm ADAH Meeting "Elder Law"
- Nov 27 11:30 am "Thanksgiving Leftovers" Pot Luck after church

Dec 3 - 3:30 pm - "Ring in the Season" Handbell Christmas concerts
Dec 4 - 4:30 & 7:00 - "Ring in the Season" Handbell Christmas concerts
Dec 8 & 9 - 7:30 - Performance of Miracle on 34th street radio show.
Dec 10 - 2:00 & 7:30 - Performance of Miracle on 34th street radio show.



Pastor's Perspective

Dear sisters and brothers in Christ,

U Last month I wrote about what the United Methodist Book of Discipline has to say about various leadership ч і positions in the local church. This 0 month, I'd like to share what 1st Ð Timothy, chapter 3, has to say about Σ serving in the church. Whichever σ definition you choose to embrace, Ð Trinity has room for you to follow nit where the Holy Spirit is leading you to serve! I look forward to seeing itγ you at Charge Conference. L *If anyone wants to provide leadership in*

the church, good! But there are precon-

ditions: A leader must be well-thoughtof, committed to their spouse, cool and collected, accessible, and hospitable. They must know what they're talking about, not be overfond of wine, not pushy but gentle, not thin-skinned, not money-hungry. They must handle their own affairs well, attentive to their own children and having their respect. For if someone is unable to handle their own affairs, how can they take care of God's church? They must not be a new believer, lest the position go to their head and the Devil trip them up. Outsiders must think well of them, or else the Devil will figure out a way to lure them into his trap.

(1st Timothy 3:1-8 The Message)

On Tuesday, November 15th at 7:30pm the Trinity United Methodist Church will hold its "Charge Conference" in the Parlor.

So Just What Are We Charging?

No, it's not a shopping spree!

Why is it called a Charge Conference?

John Wesley, the founder of Methodism, instructed each local church to have annual meeting called a "Charge Conference" where the business of the parish would be conducted. A "Charge" is where a pastor serves. It can be comprised of one church or multiple churches. For instance, Davey Lefler serves 4 small churches, including Shelley UMC, and they are still just one Charge.

What kind of business takes place?

Many financial matters get taken care of. The pastor's salary and all expenses related to the pastor for the upcoming year are voted upon and the Trustees turn in a full report of the all money and property entrusted to them, which includes the church buildings, the parsonage, and the endowment fund.

Additionally, the Lay Leadership Committee brings a new slate of local church leadership for the upcoming year to be voted on by those present at Charge Conference. Nominations can also be taken from the floor to fill lead-

ership positions. Which brings me to the next question:

Who can come to Charge Conference?

You can! While a Charge Conference technically only requires those in leadership of the church to be there, in recent decades many churches have begun having "All Church Conferences" where the entire congregation is invited. You don't have to be member to attend.

Who leads the meeting?

Originally, John Wesley led these meetings himself. Now they are often led by the District Superintendent. Our Sage District Superintendent, Rev Gwen Drake, will not preside over the our Conference. Trinity will have a chance to meet Gwen on January 8th when she comes for our Mission and Ministry Meeting (more about that in next month's newsletter). The United Methodist Book of Disciple requires that all Charge Conferences by led by an ordained elder. That means that we get to have an opportunity to meet Rev. Desi Larson who is the new pastor up at Ashton UMC.

Will there be food?

Probably not. Unless you decide that there ought to be and get some friends together to make it happen.

Blessings,

Reverend Ruth

New Scholarship formed at Trinity UMC!

With great pleasure, the Endowment Committee, announces the formation of the Pete Isaksen Memorial Scholarship! Pete was the son of our very own Shirley Cowell. He was seldom

in attendance, but well aware of the wonderful work that Trinity was doing 3. in the community and the warm welcome we continue to provide for his family.

The terms of the scholarship, which

will be overseen by Trinity's Endowment Committee are:

- 1. The recipient is an active participant of Trinity UMC.
- 2. The recipient is pursuing studies (undergraduate or graduate) in the Science, Technology, Engineering, or Mathematics disciplines.
- 3. The annual amount of scholarship should be \$10,000, and up to \$40,000 for a single recipient.

Applications will be taken in the spring of 2017 starting for fall semester

Election Eve Prayer and Communion

RAY This election season has been stressful and down right vitriolic much of the time. There have been deep divisions across party lines that

may have even effected relationships you have with family and friends. Yet, on the day after the election, we will still be the worshipping body of Trinity United Methodist Church. We will still be the beloved children of God called to love each other and the

whole of creation.

To this end, the evening before the election, Monday, November 7th at 6pm, Trinity will host a 30 minute prayer and Communion worship in the sanctuary. Nothing fancy - just an opportunity to hold our country and the outcome of the election in prayer

as we begin the process of healing after these last few months of bitter political conflict.



Trinity in Local Mission

Almost \$70 was raised from the "sale" of produce during the summer. This money was sent to UMCOR for the Cleaning Bucket project. Many cleaning buckets were filled by churches throughout Idaho and Oregon. Because of all of the flooding in so many parts

of the United States, the buckets are being used as soon as they arrive. During December, there will be a tree for mittens, hats, gloves, scarves, un-

> derwear and socks to be distributed locally to folks in need. Watch the sales now and be ready to join in this project to keep hands and heads warm and protected.

There is still a need for diapers, wipes and pullups...watch for sales, purchase and place in the basket in the parlor.

- Marilyn Taylor

UMCOR Sunday

UMCOR Sunday will be held on November 13 at Trinity and St. Paul's United Methodist Churches. All persons and families are invited to attend to hear Rev. Brian Diggs, who is the Director of UMCOR West Depot in Salt Lake City, Utah

Volunteers are needed to help: set up, food, clean up, etc. Contacts:

- Betty Anderson 208-523-8272, 208-521-3039 (cell) <u>bettyellenba@gmail.com</u>
- Jill Ecklesdafer 208-523-7719, 208-201-6057 (cell) jackandjill@ida.net

You can also leave a message at either church office as well.

UMCOR Sunday Program

- 10:15 a.m. Worship Service Trinity UMC – Rev. Diggs guest speaker
- 12:00 p.m. UMCOR Luncheon and fellowship at <u>St. Paul's UMC.</u>
- 12:45 p.m. --Learn about UMCOR and spending a week at the UMCOR Depot in Salt Lake. (**at St. Paul's**)
- 1:15 2:30 p.m. Opportunity for all to help prepare some kits. (**at St. Paul's**)



United Methodist Women

Highlights of the October unit meeting of the United Methodist women included discussion about blessedness in our lives and how God impacts all of our lives, every day, in many ways.

Plans for the Holiday Treat Sale on December 4 are under way and everyone was encouraged to bake and/or make some food item to sell. This will include soups, casseroles and sweet items.

The November unit meeting will fea-

After Church Potluck Lunch

Please join us for the 4th Sunday pot luck lunch after worship on the 27th. Let's see those leftovers from Thanksgiving!

The Miracle on 34th Street

The Miracle on 34th Street will be presented radio-style at four performances here at Trinity December 8th through 10th. (See the calendar.) We look forward to this production by a new group of actors.

Church Information Forms

Thank you for filling out the church information forms! I believe that most

ture a speaker from the program that assists with the foster children in the area.

Bv: Marilvn Tavlor

Cordy Koelsch and Marilyn Taylor attended the Oregon-Idaho United Methodist Women's Annual

meeting at Hillview United Methodist Church in Boise. The theme of the UMW Annual meet-

ing is "Change Always Comes Bearing New Gifts" and the guest speaker was Marissa Villarreal from the Women's National Office of United Methodist Women.

of the church-going regulars have updated data. If you have not, or are unsure whether you'd signed up for email or snailmail newsletter, or whether you gave permission to publish phone numbers or addresses, please feel free to use another form to modify the information.

<u>Wesley Bell</u> <u>Choir</u>

There will be "Ring in the Season" concerts on Saturday, December 3 at 3:30 and Sunday, December 4 at 4:30 and 7:00.





Reverend Gwen Drake

Effective July 1st, Rev. Gwen Drake was appointed District Superintendent of the Sage District in the Oregon-Idaho Conference.

A lifelong Methodist, Gwen felt the call to ordained ministry 28 years ago. She attended seminary at the Pacific School of Religion and graduated with a Master's of Divinity degree. Gwen has served several churches. Her 2 daughters, 2 grandchildren, and dog, Kita, accompany her on her life journey.

It will be exciting to meet with her when she visits us in the new year.



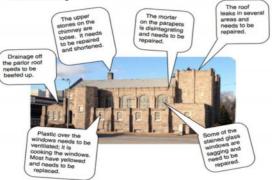
Building Preservation - Board of Trustees

Trustees are anxiously waiting news about the grant determination from the we'd love to share with members, Boy National Fund for Sacred Places. We should hear by early November if we are being asked to move forward with the grant process. We will let you know during church and in the next newsletter.

We are working to get the church ready for winter. Rob Denkins is to be congratulated on saving us lots of money by using a stethoscope to figure out which boiler/radiator valves and radiator traps needed replacement. His analysis and Rocky Mountain Boiler workers have dealt with last year's oversteam issue with a minimal cost!

We have lots of inside projects that Scouts and Girl Scouts. They include making the slats narrow in the Senior High Sunday School loft; painting unused rooms, boiler room, Parlor, etc. Please contact Nancy Stewart to discuss. Yours in Christ, Trinity Trustees.

Caring for a 100 Year old building



Regional Council for Christian Ministry

RCCM Thanksgiving Eve Service

The RCCM Thanksgiving Eve service will be held on Wednesday, November 23rd at 7:00 p.m. at First Lutheran Church, 455 W Sunnyside Road.

Anyone interested in singing in an ecumenical choir can come to First Lutheran Church on Tuesday, Nov. 22nd at 7:30 p.m. for a rehearsal.

We will also gather the night of the service at 6:00 p.m. for another rehearsal. Thank you, Penny Dixon

Community Food Basket

The Community Food Basket-Idaho Falls is in need of several food distribution volunteers to pick up excess meat and baked goods from grocery stores and bakeries throughout Idaho Falls, and distribute these items to institutions serving community members that face food insecurity, including but not limited to the Community Food Basket, Senior Citizens Center, Soup Kitchen, and City of Refuge. This activity is performed on a daily basis (typically in the morning), takes between 2 and 3 hours to complete, and can require lifting boxes weighing up to 30 pounds. Personal vehicles (which need to be a pickup truck, SUV or van) can be used,

or the Community Basket truck is also available. We need individuals who can either make a weekly commitment or serve in a back-up capacity. If interested, please call Rose Huntley at 208-709-3868.

Upcomina events:

- November 11 12: 10,000 Villages fundraiser for Hospice of Eastern Idaho, at First Lutheran Church
- November 12 13: Alternate Giving Fair at Eastern Idaho Technical College
- November 23: Thanksgiving Eve Service, 7 PM at First Lutheran Church
- November 24: Run to Feed the Hungry at Freeman Park

We Need Big Cans of Corn!

28th annual Community Thanksgiving Dinner is coming up on Thursday, Nov 24 at the Idaho Falls Elks Lodge. Last year they served 200 people at the Elks Lodge and made another 120 "to go" dinners to be delivered. Trinity's part is to supply 25

large (6 lb) cans of corn to be picked up Monday, Nov 21st. Please place the cans at the back of the sanctuary.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
BOO!	31 HALLOWEEN (All Hallows' Eve) Reformation Day 11:00 Soup Kitchen Mission 6:00 Beginning Handbells 6:30 Praise Band Rehearsal 7:00 Handbell Practice 7:00 Narcotics Anonymous	1 ALL SAINTS DAY	2 9:00 Breakfast - O'Brady's 11:00 Upper Room 6:30 Venture Crew 7:30 Boy Scouts 7:30 Marnie Circle	3 9:30 UMW Executive Committee Meeting 6:45 Girl Scouts 7:00 Choir Practice	 4 Church Office Closed 9:00 Community Partners 3:00 Eastern Idaho Music Teachers Association 7:00 Narcotics Anonymous 	5 8:00 Eastern Idaho Music Teachers Association FALL BACK 7:00 Alcoholics Anonymous	
6 Daylight Saving time ends 2am 9:00 Sunday School 10:15 Worship		8 ELECTION DAY 1:00 Prayer Group 6:30 Finance Committee 7:00 Cub Scout Den Meeting 7:00 Daisy / Brownie	9 9:00 Breakfast - O'Brady's 11:00 Upper Room 6:30 Venture Crew 7:30 Boy Scouts 7:30 Marnie Circle	10 1:00 UMW Unit Meeting 6:45 Girl Scouts 7:00 Choir Practice	11Church Office Closed Veterans Day	12 7:00 Alcoholics Anonymous	
 13 9:00 Sunday School 10:15 Worship 12:00 UMCOR Luncheon at St. Paul's UMC 12:45 UMCOR Presentation at St. Paul's 1:15 UMCOR Workshop 	10:00 F.I.S.H. 6:00 Beginning Handbells	15 News Letter Articles Due 1:00 RCCM Meeting 6:30 Pack Cake Auction 6:30 SPR Meeting 7:00 Daisy / Brownie 7:00 Cub Scout Dens <u>7:30 Charge Conference</u>	 16 9:00 Breakfast - O'Brady's 11:00 Upper Room 6:30 Venture Crew 7:00 Susannah Circle 7:30 Boy Scouts 	 17 1:00 Ethel Clark Circle 6:45 Girl Scouts 7:00 Choir Practice 7:30 Cub Scout Parent/ Comm. Meeting 	18 Church Office Closed7:00 Narcotics Anonymous	19 7:00 Alcoholics Anonymous	
20 9:00 Sunday School 10:15 Worship	21 11:00 Soup Kitchen Mission 2:00 Editing Newsletter 6:00 Beginning Handbells 6:30 Praise Band Rehearsal 7:00 Handbell Practice 7:00 Narcotics Anonymous	22 1:00 Prayer Group <u>6:30 Aging, Dementia,</u> <u>Alzheimer's, Help</u> <u>(ADAH)</u> 7:00 Daisy / Brownie	23 9:00 Breakfast - O'Brady's 10:00 Newsletter Crew	24 THANKSGIVING	25 Church Office Closed 7:00 Narcotics Anonymous	26 7:00 Alcoholics Anonymous	Please have your and cles for the Decemb newsletter submitt to: <u>office@tumcif.on</u>
27 ADVENT 9:00 Sunday School 10:15 Worship 11:30 Potluck Lunch <u>6:00 Evening Worship</u>	28 6:00 Beginning Handbells 6:30 Praise Band Rehearsal 7:00 Handbell Practice 7:00 Narcotics Anonymous	29 6:30 Cub Scouts Pack 7:00 Daisy / Brownie 7:00 Cub Scout Den Meeting	30 9:00 Breakfast - O'Brady's 11:00 Upper Room 6:30 Venture Crew 7:30 Boy Scouts 7:30 Marnie Circle	Dec 1 9:30 UMW Executive Committee Meeting 6:45 Girl Scouts 7:00 Choir Practice			no later than Satur- day, November 15tl so we can get the newsletter out in a timely manner. Thank you! Don Rohde - Editor donrohde@aol.com

Profit & Loss for January 1 to September 30, 2016

Ordinary Income/Expense

Income

Total Income		137,592.27
In-Kind Donations	\$	6.47
Other Income	\$	215.00
Schaumleffel Foundation	\$	7,866.71
Room Use - Facility Rent	\$	140.00
Interest Earned	\$	6.84
Sunday School Contributions	\$	89.80
Loose Plate Giving	\$	2,079.67
Pledges & Regular Giving	\$ 1	127,187.78

Expenses

Total Bank Charges	\$ 310.22
WORSHIP	
Worship Supplies	\$ 153.40
Copyright Licensing	\$ 397.00
Bell Choir Director	\$ 240.00
Organist	\$ 4,634.29
Pastor	
Pastor Salary	\$ 29,062.44
Utility Allowance	\$ 4,125.06
Medical Insurance	\$ 10,000.00
Pastor Pension	\$ 7,082.13
Professional Exp	\$ 1,453.28
Pastor Moving Exp	\$ 666.56
Total Pastor	\$ 52,389.47
Total WORSHIP	\$ 57,814.16

Finance Notes:

Please find in these pages the finance report for January 1, 2016 through September 30, 2016. Pages 1-3 are the profit and loss statement, so the figures represent money in the general fund, while pages 3-4 are the balance sheet which represents money that is dedicated to a particular purpose. Here is some additional information for a few lines that might be of particular interest:

Under building and property - church maintenance & repair, the figure \$4,379 may seem pretty low, that is because the Trustees were able to access a small amount from the endowment fund designated for the building and some nondesignated memorial funds to do some long term capital repairs equaling \$6,234. The true cost of caring for the building has been \$10,612 to date.

Profit & Loss for January 1 to September 30, 2016 Continued (page 2 of 4)

PROCRAM & FEI I OWSHIP MINISTRIES

FROGRAM & FELLOWSHIF MINISTRIES	
Christian Education Committee	\$ 58.47
Devotional Materials	\$ 192.60
Sunday School Supplies	\$ 742.00
Church Picnic	\$ 173.14
Coffee Hour Supplies	\$ 435.72
Total PROGRAM & FELLOWSHIP MINISTRIES	\$ 1,601.93
MISSION ACTIVITIES	
Progressive Dinner	\$ 48.95
Total MISSION ACTIVITIES	\$ 48.95
BUILDING & PROPERTY	
Custodial Supplies	\$ 608.80
Church Maintenance & Repair	\$ 4,379.00
Utilities	\$ 2,838.45
Natural Gas	\$ 4,424.07
Property Insurance & Workmen's	\$ 9,742.68
Parsonage Maintenance & Repair	\$ 617.50
Total BUILDING & PROPERTY	\$ 22,610.50
ADMINISTRATIVE OPERATIONS	
Employer Payroll Taxes	\$ 4,297.24
Interest Expense	\$ 9.95
Office Supplies	\$ 138.44
Postage	\$ 567.83
Printing	\$ 861.24
Telephone and Internet	\$ 1,426.95
Accounting	\$ 1,802.75
Publicity & Advertising	\$ 125.00
Conference Apportionments	\$ 14,675.55
Staff Payroll	\$ 33,610.35
Total ADMINISTRATIVE OPERATIONS	\$ 57,515.30
Total Expense	\$ 139,901.06
Net Ordinary Income	\$ (2,308.79)

Profit & Loss for January 1 to September 30, 2016 Continued (page 3 of 4)

Other Income/Expense		
Other Income		
Designated Giving-Internal		12,213.00
Designated Giving - Pass Thru		4,973.00
Total Other Income		17,186.00
Other Expense		
Pass Through Expense - Internal		12,213.00
Pass Through Expense - External		4,973.00
Total Other Expense		17,186.00
Net Other Income		0.00
Net Income	\$	(2,308.79)
BALANCE SHEET – LIABILITIES & EQUITY		
Liabilities		
Current Liabilities		
Total Accounts Payable	\$	5,666.99
Total Credit Cards	\$	28.00
Other Current Liabilities		
Total Payroll Liabilities	\$	1,426.39
Total Other Current Liabilities	\$	1,426.39
Total Current Liabilities	\$	7,121.38
Total Liabilities	\$	7,121.38
Equity		
Equity		
Designated Funds Bell Choir	¢	420.02
	\$ ¢	429.02
Bereavement Committee	\$ \$	443.73
Camp Scholarships	Φ	244.00
Capital Reserves Restoration Fund	\$	5 020 00
		5,930.00 4,600.00
Roof Repair Fund	\$ ¢	4,600.00 25.907.01
Capital Reserves - Other	\$	25,907.01
Total Capital Reserves	\$	36,437.01

bottom line, let Ordinary me was 308) for the quarter of 5. Since there not a positive me between e 1, 2016 and tember 30, we did not any Confer-Apportionits in the 3rd rter. Hopefulutumn will g a return to k ink for our ss! may have ly already the anncement ut the Pete sen Memorial olarship in newsletter. se funds have to reached our k, so they are vet reflected he Balance et.

Balance Sheet as of September 30, 2016 Continued (page 4 of 4)

Equity (continued)

Designated Funds (continued)

Designated Funds (continued)	
Chancel Choir	\$ 894.10
Christian Education	\$ 23.66
Christmas Fund	\$ 14.47
Compassionate Care Fund	\$ 1,478.77
Dinner Group Donations	\$ 496.28
Floral Tributes	\$ 248.00
Jack Wallace Estate Gift	\$ 59,967.00
Total Memorials	\$ 8,412.90
Mission Produce	\$ 69.00
Mission Trip Senior High	\$ 327.26
Other Designated Funds	\$ (88.00)
Pastor's Moving Fund	\$ 874.86
Soup Kitchen	\$ 159.00
Stephen Ministry	\$ 718.79
UMCOR	\$ 885.00
Video System	\$ 3,505.98
VIM - Honduras	\$ 3,287.00
Total Youth Ministries	\$ 1,141.13
Designated Funds - Other	\$ 312.00
Total Designated Funds	\$ 120,280.96
Endowment Fund Equity	\$ 166,678.63
Retained Earnings	\$ 383.07
Schaumleffel Foundation Annual	\$ 5,716.65
Net Income	\$ (2,308.79)
Total Equity	\$ 290,750.52
TOTAL LIABILITIES & EQUITY	\$ 297,871.90

The finance committee is busy putting together information that they hope will be useful as you figure out your financial commitment to the work of Trinity United Methodist Church. There will be pledge forms available for you to keep or turn into the office (whichever is more helpful as a reminder of your weekly, monthly, or annual goal.) Thank you again

for your generosity of time and financial resources.

Blessings,

Ruth

Scouting News

ber.

raisers.

Girl Scout Troop 60 /62



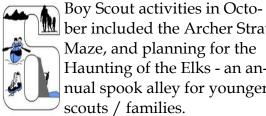
planning on the Festival of Trees, and working on cooking badges.

Girl Scouts are traveling to

swim / campout. They are

Green Canyon for the annual

Boy Scout Troop 6



🔟 ber included the Archer Straw Maze, and planning for the Haunting of the Elks - an annual spook alley for younger scouts / families.

The troop is starting to plan for the January "Winteree" - a frozen district Klondike derby.

Welcoming Statement

At the recent "Called to Love" workshop we learned lots of ways to enhance how our congregation welcomes neighbors into our warm embrace. If

you are interested in participating on a task force that will put together a welcoming statement and think intentionally about how we show hospitality, please contact Tia Durrant at tdurrant@gmail.com

Kemp, Denny

during the spring fund

November Birthdays & Anniversaries

Henze, Dan	11/03	Lybeck, Tim	11/17	N
Stewart, Nancy	11/06	Schaffer, Olivia	11/18	H
Wilson, Alice Kay	11/10	Empey, Marlene	11/20	(
Edwards, Martin	11/12	Plastino, Margaret	11/21]
Rhys, Dylann	11/15	Schulhauser, Lisa	11/23	H
Erickson, Robert	11/16	Christian, Jerry	11/25	ł
Cowell, Shirley	11/17	Empey, Rob	11/25	i

Thorp, Amanda	11/27				
McClure, Amanda	11/29				
Blackburn, Judith	11/30				
Castillo, Heather	11/30				
Гaylor, Don&Marilyn 11/30					
For additions or corrections in					
birthdays please contact Pam					
n the church office.					

11/27

Venture Crew 6

We are still building our Hudson Bay Blanket Capotes. These are the authentic winter garment of

VENTURING'-BSA primitive mountain men and explorers. They will all be finished in early Decem-The crew enjoyed a trip to straw/corn maze. We have purchased a new thatcher for use



Cub Scout Pack 6

Pack and Troop 6 joined Pack and Troop 310 at the Scouting for Food collection site held at Christ the King Catholic Church. This was 1 of 3 collection sites in Idaho Falls. Our site collected 8 pallets of food for the local area.

Pack 6 also has completed their annual Popcorn sales. The Pack increased their sales over 23% from last year, and even had 1 cub qualify for the scholarship program. Thanks

for all of the help we received for this to allow our scouts to have an Ideal Year of Scouting. This allowed us to bring the Cubs to Leo's place after the Scouting for Food for Pizza and playing in the Game room.

November's Pack meeting will feature our annual Cake Auction. Our Scouts and parents make baked goods we auction off, with the proceeds going to Trinity's Pastoral Emergency Fund.



Members of the congregation are invited to join us on November 15th at 6:30 PM to have the opportunity to bid on some of these creative items.

- Bill O'Steen

Aging, Dementia, Alzheimer's, Help (ADAH)

ADAH is Trinity's support group that identifies resources, and brings information on aging and help to the community. In November there 3 support groups available in Idaho Falls that you could attend:

Alzheimer's Caregivers Support:

Nov 22nd – Trinity ADAH

Nov 10th – Morningstar Senior Living 4000 S. 25th E 2nd Thursday, 5:30 pm - 6:30 pm Contact Jana at 208-529-0800

Nov 17th – Foothills Therapy

3715 Woodking Drive 3rd Thursday, 7:00 pm - 8:00 pm Contact Lisa at 208-521-3253

ADAH will present lawyer Steve Wright who will talk on elder law. He will cover issues that seniors face and strategies to overcome them. The meeting will be Tuesday Nov 22 at 6:30 pm in the Parlor. To get on the email list contact Don Rohde at donrohde@aol.com - (860) 810-3227