TRINITY UMC & ST. PAUL'S UMC NEWSLETTER

October 24, 2024





Sunday Morning

October 27, 2024

Marla Jo High

Scripture: Matthew 25:36

Sermon: "Serving Others"

Services are streamed on Facebook Live at 9am at Trinity UMC and 11am at St. Paul's UMC.



Elizabeth's Epiphanies

This Sunday Marla Jo High will speak about her faith journey which led her to the Kairos Prison Ministry. I hope that you will plan to worship knowing that God will speak to your heart and nourish you with strength for the week ahead. Marla Jo has been a member of St. Paul's for many years. I know that you will be blessed by her message.

Rev. Elizabeth



Daylight Savings Time ends November 3rd. Don't forget to set you clocks back an hour.

"TO MAKE DISCIPLES OF JESUS CHRIST FOR THE TRANSFORMATION OF THE WORLD"

TRINITY UNITED METHODIST CHURCH-SUNDAY WORSHIP 9:00 AM 237 N. WATER AVE. IDAHO FALLS, ID 83402 | 208-522-7921

ST. PAUL'S UNITED METHODIST CHURCH- SUNDAY WORSHIP 11:00 AM
1730 ST. CLAIR ROAD IDAHO FALLS, ID 83404 | 208-522-9076



by Rev. Elizabeth

Conversations about St. Paul's UMC and Trinity UMC continue as we develop a "cooperative parish" and work together. The goal is to have a more effective United Methodist presence in the Idaho Falls community. At the Third Sunday Workshop on October 20, 2024, the participants reviewed demographic information about the Idaho Falls population and discussed implications for our ministry. The information comes from a market research company MissionInsite, which is owned by Experian, the credit bureau. The annual conference pays for each church to access the database.

Within a 15 miles radius of Idaho Falls, the population is 159,645. It is projected to grow by 13.7% by 2028. In 2010, the population was 100,242. The average age is 36.59 with 51% of the population under the age of 35. The average household income is \$88,464 and is projected to increase to \$101,302 by 2028. 91% of adults are high school graduates. The research also provided insight into ministry recommendations for our particular population.

The top 10 recommendations were:

- 1) Warm and friendly encounters
- 2) Quality sermons
- 3) Traditional worship experiences
- 4) Opportunities to develop personal relationships
- 5) Holiday programs/activities
- 6) Opportunities for volunteering in the community
- 7) Adult social activities
- 8) Family Oriented activities
- 9) Celebration of sacraments and
- 10) Seniors/retirees activities.

We will continue to discuss the recommendations and ways to implement them over the next several months.

If you would like to participate in these conversations, plan to attend the Third Sunday Workshop. The next one is scheduled for November 17, 2024 at 3:00pm at St. Paul's. The format will be a bit different. Instead of "work"shop, it will be a "fun"shop to get to know Rev. Elizabeth more. Participants are invited to submit a question to Rev. Elizabeth and God, church, theology, the Bible, or something else. We will bring snacks to share and fellowship.

TRINITY'S UMC FINANCIAL STATUSJanuary 1 - September 30, 2024



Income \$137,498 Expenses \$112,259 Current net income \$25,239

ST. PAUL'S AD COUNCIL 2025 VISION AND GOALS

CONNECT...GROW...SERVE

Connect in fellowship and fun developing relationships within our church and community. Grow in discipleship, prayer, and faith in Christ. Serve in justice and compassion for everyone.

Goals should be: Measurable, Specific/Realistic, Attainable, Timely (if appropriate insert a month), Clear and Understandable, Identifying the End Objective.

3-YEAR GOALS (2025-2027):

- Grow the St. Paul's UMC congregation to 150 people attending regularly.
- Become more involved and visible within the local community.
- Continue volunteer service engagement to help with church (i.e. liturgists, ushers, greeters, music, counters, kitchen,)

2025 GOALS

- Explore further options on transportation for our seniors/homebound folks to come to church and special activities. Purchase or lease like a van ministry (potential for the Idaho Falls Circuit use).
- Expand St. Paul's Soup for the Souls program (not during the Summer) by opening up the soup lunch as a mission opportunity to our Methodist and local communities. Phase one is an invitation to the homeless, people in both our congregations, LGBTQ+, and City of Refuge communities. Future expansion and scope will be determined by the end of 2025.
- Participate in quarterly community events for increased visibility & involvement (i.e. Pride Day, 4th of July, Ammon Days, and others)

- Explore further options and costs to install an electronic digital sign on the corner of St. Clair and 17th Streets; obtain bids/options, City regulatory concerns and present to the Ad Council and Church Family for support.
- Since Habitat for Humanity is focusing on the new Peterson Park "communityliving" project and no longer building individual houses, we will work with them to determine how St. Paul's can be involved.



TRINITY HAS UPDATED THE SUNDAY MORNING FELLOWSHIP SCHEDULE.

- Every 1st Sunday: Soup Brunch Bring your favorite Soup.
- Every 2nd Sunday: Potluck Brunch Bring your favorite dish to share.
- Every 3rd Sunday: Scout Brunch
 This is a fundraiser for Troop 6 and a wonderful meal to share as we visit.
- Every 4th Sunday: Potluck Brunch

Join St. Paul's UMC for at time of fellowship following the worship service every Sunday morning.



MARK YOUR CALENDAR: ANNUAL ALL-CHURCH CONFERENCE

St. Paul's and Trinity UMC Annual All-Church Conference will be held on Wednesday November 20 at 6:30 pm at St. Paul's UMC.

This is an important time for both congregations to come together and look ahead to the future.

All members and congregants are encouraged to attend as we celebrate our ministries and discuss plans for the year to come. Don't miss it!



Our next Soup for the Soul will be on
November 13th at noon
at St. Paul's United Methodist Church.
We can't wait to come together again for another afternoon of food, friendship, and nourishment for the soul. All are welcome.



Lay Ministry is the work of mission or ministry to which each believer is called. As Christians we are all called to this ministry or priesthood – not just clergy. Each of us has a responsibility to proclaim the Good News and reach out to others in love.

- October 28- The Polity Course
- January 6, 2025- Lay Pastoral Care Giving

For more information contact
Emilie Kroen, Director of Lay Servant
Ministries, OR-ID Conference
ekroen@yahoo.com 503-312-4138,
Facebook.com/UMCLaity

WHERE THERE IS HELP THERE IS HOPE

- Narcotics Anonymous Tuesday's and Friday's 7pm at Trinity United Methodist Church.
- Candlelight Narcotics Anonymous
 7pm at Trinity United Methodist
 Church
- Women's AA Thursdays 6:30pm at St. Paul's United Methodist Church
- Trinity United Methodist Day Shelter and Homeless Services.
 Open Monday-Thursday 9am-2pm.





Relax and breathe deeply for just 60 seconds!

Visualize the breathe of God filling every pore and all that is old, negative and stale being released.

Lord, give me an Open Heart. Lord, give me an Open Mind.

Lord, may our gathered fellowship always have an Open Door.

Update from the Meyer family.

Thank you to our Idaho Falls United

Methodist family. Your prayers and
thoughts have been greatly appreciated.





UNITED METHODIST WOMEN'S LUNCHEON

The next United Methodist Women's Luncehon will be held on

Tuesday, November 12, at Papa Toms Pizza on Woodruff.

Join us for a time of fellowship, good food, and connection. All women are welcome to attend. Sign up in the church information hall or talk to Sharon Evans.



FUNDRAISER FOR KRISTY CAMPBELL

There will be a fundraiser luncheon to help support Kristy Campbell in her cancer journey. Kristy and her mom Ruth Oar are long-time members of the Trinity congregation. Come and join us for pulled pork sliders, potato salad, green salad and dessert.

The luncheon will be held on
October 26th
12:00 pm to 2 pm
at Masonic Hall
at 225 South Capital Ave.

Tickets are \$15 for adults, \$10 for children under 10, Children under 3 are free. A family ticket is available for \$50.

For more information, please contact Ruth Oar 208-523-2976 or Lynn Howard 360-789-8802. If you wish to donate, please make checks out to "Chapter 85 Order of the Eastern Star".

Men's Coffee Group:

Wednesdays at 8:30 am at Perkins. All men are invited.

<u>Women's Outreach and Fellowship Group:</u>
Wednesdays at 9:30 am at St. Paul's

United Women of Faith

The UMW meets at Trinity UMC at 1:00pm the second Thursday of each month.

<u>United Methodist Women's Luncheon:</u>
Tuesday Nov 12th at 1:00pm. At Papa Tom's Pizza.
Talk to Sharon Evans for more info.

GEM STATE PLAYERS PRESENT





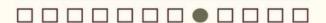
October 18th, 19th, 21st, 25th, 26th, & 28th Shows start at 7:00 p.m.

October 26th: Post-show Q&A included with ticket

Location: Heart 2 Hand Bingham Food Pantry 190 South Holmes in Shelley, Idaho

A portion of the show's profits will be donated to the food pantry. Please consider bringing non-perishable food donations to help us support this establishment.

Seating is limited. Pre-purchase ticketsby scanning the QR code below or by visiting ShelleySupportersOfTheArts.org





This Friday, October 25th will be "Trinity Night" and a portion of the proceeds will be given to Trinity's Homeless Outreach Program.



There are still tickets available for the Progressive Dinner, October 24th.

Trinity and St. Paul's will be responsible for the desserts. We have desserts donated, but we are still in need of volunteers to help plating the desserts, serving and cleanup.

Even if you have only any hour to give, it will be helpful. Contact Mary Nagel (208-522-9880) or either church office to volunteer.

Thank you to all that helped with the
October unit meeting and to Marilyn Taylor for
her program. Our next unit meeting is

November 14th.

Deaconess Jeanie Hughes will give the program and Jan Karinen and Nancy Copp will host. Jeanie is also our representative to the Ore/ID UWF Fall Conference in Albany, OR. She and Richard will be traveling to the conference so prayers go with them for a safe journey.



WOMEN'S OUTREACH & FELLOWSHIP GROUP

Our Women's Fellowship group meets at 9:30 am every Wednesday at St. Paul's UMC. All women are invited and welcome, there's no membership. This is a casual, friendly group of fine women.

Our October mission project is to gather items for the Center for Hope, who provide support for wellness and recovery in behavioral health challenges, and for Rise Up, a teen and child crisis center. We will collect:

- underwear (sizes little kids to adult), sport bras,
- weighted blankets.
- individual toothbrushes & toothpaste
- single-serve cereals and boxes of milk
- freezer breakfast foods,
- snacks, and treats. (All food should be individually wrapped.)

Everyone at St. Paul's UMC is invited to donate to this project. We are blessed to be a blessing!

THIRD SUNDAY "FUN" SHOP

November 17, 2024 at 3:00pm at St. Paul's.
Instead of "work"shop, it will be a "fun"shop to get to know Rev. Elizabeth more. Participants are invited to submit a question to Rev. Elizabeth about God, church, theology, the Bible, or something else. We will bring snacks to share and fellowship.

ISAIAH: "STRIVING LESS AND TRUSTING GOD MORE"



Women's Bible Study Group Thursday's at 1pm Facilitated by Mary Bash

Co-ed Bible Study Group
All are welcome
Friday's at 2:30 pm
facilitated by
Connie Dobbins
and Lori Wickham



MONDAY MORNING BIBLE STUDY

Every Monday Morning via zoom.

Contact Jeanie Hughes for more info.

All are welcome.



UPPER ROOM STUDY

Wednesday mornings at 10:00 am at Trinity UMC.
All are welcome.



Choir

Join the Choir at St. Paul's!

Do you love to sing? St. Paul's choir is always looking for new voices to join in!

Practice times are Sundays at 10:30 a.m. and 12:30 p.m.

If you're interested, talk to Jerry & Ann Shively or Jason Peters for more information.



Bell Choir

Bell Choir at Trinity - Come Ring with Us!
Whether you're a beginner or experienced, there's a place for you in Trinity's Bell Choir.

Beginners practice on Sundays at 3 p.m., and the Wesley Bell Choir practices Sunday from 4 to 5:30 p.m.

Come join the fun! For more information, reach out to Janet Miller.



Praise Band

St. Paul's Praise Band Wants You!

If you play an instrument and are looking for a way to get involved in worship, the St. Paul's Praise Team would love to have you!

Practices are Wednesday evenings at 7 p.m.

Contact Nancy Copp if you're interested in joining.

CHRISTMAS ADOPT-A-FAMILY 2024

St. Paul's Church is excited to offer the Christmas Adopted Family program this year with a Giving Tree located in the Church entry area. Christmas is a time to bring ALL of St. Paul's Family together as the Light of Christ within our community.

We are planning to accept up to 20 families this year. This is how we will connect with families to adopt this Christmas. We accept families YOU (Our Church Family) and Trinity UMC recommend. We are also accepting families through St. Vincent de Paul, and Hawthorne Elementary School. Applications are available in the church office and can be picked up during office hours Mon-Thurs from 9:00 a.m. to 1:00 p.m. or on Sunday morning.

DUE DATE FOR ALL APPLICATIONS - Sunday, November 10th (Applications cannot be accepted for families who are receiving other Christmas help.) Please let us know of any families or individuals you recommend.

How You Can Help:

You can purchase gifts from the giving tree for the adopted family members or donate money through St. Paul's UMC to purchase gifts and food. Make a note on your check "for Christmas families".

** If you are interested in adopting an entire family, please contact Mary Bash prior to November 10.

The Christmas Giving Tree will be available by Sunday, November 17th.

If you would like to purchase a specific gift but can't get to the church to choose from the Giving Tree, you can contact Mary and she will return your call from the giving tree and help you identify a gift you wish to provide.

RETURN GIFTS TO ST. PAUL'S GIVING TREE BY SUNDAY MORNING, DECEMBER 8th.

Shoppers may be needed! If you like to shop and have time to donate, please volunteer now! Shoppers will be provided with a list of items needed and a gift card with funds for those items. Contact Mary Bash to volunteer.

Holiday Food for our Adopted Families! One of the most important gifts we give this Christmas is food! Each adopted family will receive Family Friendly Gift Card in the amount of \$175 to purchase their holiday foods at WinCo. Individual recipients will receive a \$100 Gift Card from WinCo.

Wrapping party: There is a wrap party scheduled on December 10th, at the church in the Sonshine room from 10:00 a.m until we finish.

Adopted families will pick up their gifts on Saturday, December 14th, from 9 a.m. to noon. Families are asked to Drive by and pick up their gifts in St. Paul's Parking Lot.

In this season of preparing to celebrate the birth of Jesus, may the Light of God's love shine brightly into a dark world, bringing Hope to the world.

Mary Bash 208-360-4208 cheetah1954@live.com Jerry Cass St. Paul's Mission Coordinator



REGIONAL CHURCH COUNCIL
UPDATE - OCTOBER 2024

The Food Basket served 1,205 families in September including 107 Veterans and 43 Homeless. Included in September activities were providing hot dogs, buns, chips, and napkins for the Fire Prevention Block Party. On November 9, they will help with the Homeless Stand Down at the Activity Center on Skyline Drive where they will be handing out single serve food items and Bombas socks. They will provide breakfast supplies for the community breakfast which the Civitans will Cook.

The Food Drive is being held NOW with the goal being 100,000 pounds. Bins are set up at the 3 Albertson stores. Cash is always appreciated. Casino was a success and will be held in April next year.

A Thanksgiving service will be held this year on Sunday November 24. Contact Kevin Call if you would like to participate. The UTV light parade will be December 20, the entry fee will be 20 cans of food. Contact Kevin Call to participate.

There is an opening for an executive secretary at Regional Council of Christian Ministry. Must have excellent computer skills and accounting skills.

- Jan Karinen



Homeless Stand Down

Saturday, November 9th, 2024 9:00 A.M. to 12:00 P.M. Skyline Activity Center 1575 N. Skyline Dr., Idaho Falls



This annual event allows individuals and families that are homeless, Veterans, and community members that are on the brink of being homeless, at high risk of being homeless, or the majority of their resources are for rent to connect with service providers with resources for housing and other needs.

FREE!!

HOT BREAKFAST WILL BE SERVED FROM 9:00-11:00 A.M.

FREE!!

Veteran Services Medical Screenings Flu Shots Winter Clothing Cold Weather Gear Food Community Resources

DONATIONS IN NEED PRIOR TO THE EVENT

Your donations will be distributed to the homeless at this event.

Items needed for Donation:

Clean and Lightly Used Warm Winter Clothing

Cold Weather Supplies such as blankets, sleeping bags

Food that is easily transportable Such as hot cocoa, soup packets, fruit cups, tuna/crackers, granola bars

Donations can be dropped off Between Nov. 1st to Nov. 8th

Idaho Falls Activity Center - West Room 1575 N. Skyline Idaho Falls, ID

> Monday to Friday 8:00 a.m. to 4:00 p.m.

Falls, ID 83401 Every \$1.00 Donated Will Buy \$4.80 of Food

Free Transportation is available to the event, but must be scheduled by Friday, 11/1
Call CLUB, Inc. at (208) 529-4673 to reserve your ride



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Fiido	Office Closed 9:00am PEO Meeting 7:00pm Candlelight N.A 7:00pm N.A	1 All Saint's Day Office Closed 7:00pm Candlelight N.A 7:00pm N.A	8 Office Closed 7:00pm Candlelight N.A 7:00pm N.A	15 Office Closed 7:00pm Candlelight N.A 7:00pm N.A	Office Closed 9:00am PEO Meeting 7:00pm Candlelight N.A 7:00pm N.A
Thursday	24 10:30am Worship Flanning Meeting © St. Paul's 6:30pm - Women's AA Group	31 Halloween & Reformation Day 10:30am Worship Planning Meeting © St. Paul's 6:30pm - Women's AA Group	7 10:30am Worship Planning Meeting © Trinity 6:30pm - Women's AA Group	14 10:30am Worship Planuing Meeting © Trinity 1:00pm UWF UnitMeeting 6:30pm - Women's AA Group	21 9:30am UWF Evec. Board Meeting 10:30am Worship Planuing Meeting © Trinity 6:30pm - Women's AA Group
Wednesday	23 9:00am Men's Fit Stop 9:30am Women's Coffee 10:00am Upper Room Study 6:30pm Cub Scout Pack Starts Back Up 7:00 - Contemporary Practice 7:30pm Scouts BSA	30 9:00am Men's Fit Stop 9:30am Women's Coffee 10:00am Upper Room Study 6:30pm Cub Scout Pack Starts Back Up 7:00 - Can lemporary Practice 7:30pm Scouts BSA	6 9:00am Men's Pit Stop 9:30am Women's Coffee 10:00am Upper Room Study 6:30pm Cub Scout Pack Starts Back Up 7:00 - Cantemporary Practice 7:30pm Scouts BSA	9.00am Man's Ptt Stop 9.30am Women's Coffee 10.00am Upper Room Study 12.00pm Soup for the Soul 6.30pm Cub Scout Pack Starts Back Up 7.00 - Contemporary Practice 7.30pm Scouts BSA	20 9:00am Man's Fit Stop 9:30am Women's Coffee 10:00am Upper Room Study 6:30pm Cub Scout Pack Starts Back Up 6:30 All Church Conf. @ 9t. Paul's 7:30pm Scouts BSA
Tuesday		00pm N.A	5 7.00pm N.A	12 1:00pm Ladies Luncheon ® Papa Tom's 7:00pm N.A	19 7:00pm N.A
Monday		26 6:00pm BSA Female Troop 7:00pm N.A.	4 6:00pm BSA Female Troop 7:00pm N.A.	11 St. Paul's Office Closed 6:00pm BSA Female Troop 6:30pm Girl Scouts 7:00pm N.A.	18 6:00pm BSA Female Troop 7:00pm N.A.
Sunday		8.30am Fellow ship Coffee & Domits Coffee & Domits 9.00am Thinity Worship 10.30am Fellow ship Pottuck Brunch 11.40am St. Paul's Worship 12.30am Choir Practice 3.00pm Beginning Bell Choir 4.00pm Wesley Bell Choir	3 Daylight Savings 8:30am Fellowship Coffee & Domits 9:00am Worship 10:30am Fellowship Soup Brunch 11:30am St. Paul's Worship 12:30am Choir Practice 3:00pm Beginning Bell Choir 4:00pm Wesley Bell Choir	10 8:30am Fellowship Coffee & Domits 9:00am Worship 10:30am Fellowship Scott Brunch 11:00am St. Paul's Worship 12:30am Choir Practice 3:00pm Beginning Bell Choir 4:00pm Wesley Bell Choir 6:00pm N.A.	8:30am Fellowship Coffee & Domuts 9:00am Worship 10:30am Fellowship Pottuck Brunch 11:30am St. Paul's Worship 12:30am Choir Practice 3:00pm Beginning Bell Choir

Sunday, October 27th

8:30am Fellowship Coffee & Donuts at Trinity UMC 9:00am Worship at Trinity UMC Choir Rehearsals at 10:30 am at St. Paul's UMC Worship Service at 11:00 am at St. Paul's UMC Fellowship time following the service Choir practice at 12:30pm at St. Paul's UMC

Monday, October 28th

Scouts BSA Female Troop at 6pm at St. Paul's UMC

Tuesday, October 29th

N.A at 7:00 pm at Trinity UMC

Wednesday, October 30th

Men's Coffee at 8:30 or 9am at Perkins Women's Outreach & Fellowship 9:30 am at St. Paul's UMC Upper Room Study at 10:00 am at Trinity UMC Cub Scout Pack Meeting at 6:30 pm at Trinity UMC Scouts BSA at 7:30 pm at Trinity UMC

Thursday, October 31st

Women's Bible Study at 1pm at St. Paul's UMC Women's AA Group Meeting at 6:30 pm at St. Paul's UMC

Friday, November 1st

Bible Study at 2:30 pm at St. Paul's UMC N.A. at 7:00pm at Trinity UMC Candlelight N.A. at 7:00 pm at Trinity UMC

Sunday, November 3rd Day Light Savings Ends!

8:30am Fellowship Coffee & Donuts at Trinity UMC 9:00am Worship at Trinity UMC Choir Rehearsals at 10:30 am at St. Paul's UMC Worship Service at 11:00 am at St. Paul's UMC Fellowship time following the service Choir Rehearsals at 12:30pm at St. Paul's UMC

For even the Son of Man came not to be served but to serve, and to give His life as a ransom for many.

Mark 10:45

2024 CHURCH COUNCIL & STAFF

Trinity UMC

Pastor: Rev. Elizabeth McVicker

Chair of Admin Council: Gene Summers

Lay Leader: Tommy Lew

SPRC: Sherry Newey

Trustee: Don Rohde

Connect with Trinity UMC
http://tumcif.org/
trinityumcidahofalls@gmail.com
https://www.facebook.com/TUMCIF/

ST. PAUL'S UMC

Pastor: Rev. Elizabeth McVicker

Council Chair: Chris Holden

Member Delegate: Cindy Mason Jim Mason

<u>Trustees:</u> Jim Mason Jeff Bell

David Lively Cindy Mason

Treasurer: Lacey Moon

Finance Secretary: Lynda Fennern

SPRC: Tracy Gohr

Missions Coordinator: Jerry Cass

<u>Ministry Coordinator</u>: Melinda Ginosar

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StPaulsUMCoffice@gmail.com facebook.com/umcstpauls