

TRINITY UMC & ST. PAUL'S UMC NEWSLETTER

September 29, 2024



Sunday Morning

September 29, 2024

Robin Stewart

Scripture: Proverbs 3:17

Sermon: "Do Good... Let it Go"

Services are streamed on Facebook
Live at 9am at Trinity UMC
and 11am at St. Paul's UMC.



Elizabeth's Epiphanies

I am writing this prior to my departure to Greece and Turkey, but I plan to be in Corinth on Sept. 26! I visited Corinth last October and look forward to seeing it again. The Apostle Paul started the first Christian community in Corinth about the year 50 C.E. Here is the link to a short video I took last year of the ancient city of Corinth. You can also access it with the QR code below.

<https://photos.app.goo.gl/mUCqDu8qsKa9W5iP8>

One of the reasons I enjoy returning to Biblical sites is the on-going excavations which allow me to see new things each time. I also see things I hadn't seen on previous trips. I have been to Israel 5 times and I always have a new experience. I wonder what I will see in Corinth this time! My hope is to return again and again and perhaps take you next time!



Rev. Elizabeth

"TO MAKE DISCIPLES OF JESUS CHRIST FOR THE TRANSFORMATION OF THE WORLD"

TRINITY UNITED METHODIST CHURCH-SUNDAY WORSHIP 9:00 AM

237 N. WATER AVE. IDAHO FALLS, ID 83402 | 208-522-7921

ST. PAUL'S UNITED METHODIST CHURCH- SUNDAY WORSHIP 11:00 AM

1730 ST. CLAIR ROAD IDAHO FALLS, ID 83404 | 208-522-9076

Idaho Falls United Methodists:
Better Together



IDAHO FALLS UNITED METHODIST MISSIONS OUTREACH

SOUP FOR THE SOUL

WEDNESDAY

OCTOBER 9, 2024 AT 12:00 PM

NOURISHING YOUR BODY AND
SPIRIT TOGETHER

St. Paul's United Methodist Church
1730 St. Clair, Idaho Falls



FREE CHILI AND DESSERT

Everyone is welcome, especially those in need of a warm meal and community.



LAY SERVANT MINISTRIES COURSES

Lay Ministry is the work of mission or ministry to which each believer is called. As Christians we are all called to this ministry or priesthood – not just clergy. Each of us has a responsibility to proclaim the Good News and reach out to others in love.

- **October 28-** The Polity Course
- **January 6, 2025-** Lay Pastoral Care Giving

For more information contact
Emilie Kroen, Director of Lay Servant Ministries,
OR-ID Conference ekroen@yahoo.com
503-312-4138, [Facebook.com/UMCLaity](https://www.facebook.com/UMCLaity)

WHERE THERE IS HELP THERE IS HOPE

- **Narcotics Anonymous** Tuesday's and Friday's 7pm at Trinity United Methodist Church.
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- **Candlelight Narcotics Anonymous** 7pm at Trinity United Methodist Church
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- **Women's AA** Thursdays 6:30pm at St. Paul's United Methodist Church
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- **Trinity United Methodist Day Shelter and Homeless Services.**
Open Monday-Thursday 9am-2pm.

"Help me, Lord, to remember that religion is not to be confined to the church... nor exercised only in prayer and meditation, but that every where I am in Thy Presence"
-Susanna Wesley

BREAKTHROUGH PRAYER

DAILY PRAYER



Relax and breathe deeply for just 60 seconds!

Visualize the breathe of God filling every pore and all that is old, negative and stale being released.

Lord, give me an Open Heart.
Lord, give me an Open Mind.

Lord, may our gathered fellowship always have an Open Door.

SUNDAY MORNING FELLOWSHIP



Trinity has updating the Sunday morning fellowship schedule.

- Every 1st Sunday: Soup Brunch
Bring your favorite Soup.
- Every 2nd Sunday: Potluck Brunch
Bring your favorite dish to share.
- Every 3rd Sunday: Scout Brunch
This is a fundraiser for Troop 6 and a wonderful meal to share as we visit.
- Every 4th Sunday: Potluck Brunch

Join St. Paul's UMC for at time of fellowship following the worship service every Sunday morning.



2024 Ministry Conference - October 11

The 2024 Ministry Conference is set for **Friday, October 11, from 9:00 to 10:30 a.m. at St. Paul's UMC**, followed by a brief SPR meeting.

This annual event is open to the entire congregation, with church leaders especially encouraged to attend. Key topics include **Ministry that Matters, Itineration & Location, Lay Ministry, and Eliminating Racism.**



YARD CLEAN-UP DAY AT ST. PAUL'S- MONDAY, SEPTEMBER 30TH

Join us on Monday, September 30th, from 9am to noon for a church yard clean-up day at St. Paul's! We'll be weeding flower beds and planting grass seed to help keep our grounds looking beautiful. Please bring your gardening tools and a willing spirit. All are welcome!

CHOIR REHERSALS BEGIN

Choir rehearsals will be at 10:30am and 12:30 pm on Sundays at St. Paul's UMC. All singers are welcome. Contact Ann Shively for more information.

Men's Coffee Group:

Wednesdays at 8:30 am at Perkins. All men are invited.

Women's Outreach and Fellowship Group:

Wednesdays at 9:30 am at St. Paul's

Monday Morning Bible Study:

Every Monday Morning via zoom. Contact Jeanie Hughes for more info. All are welcome.

Upper Room Study

Wednesdays at 10:00 am at Trinity UMC

United Women of Faith

The UMW meets at Trinity UMC at 1:00pm the second Thursday of each month.

UNITED METHODIST WOMEN'S LUNCHEON

All women are invited

Tuesday October 8th at 1pm

for a Luncheon at Longhorn Steakhouse.

A headcount is needed

SO PLEASE SIGN UP BY OCTOBER 3RD.

Sign up at the church information table or contact Sharon Evans.

Community Progressive Dinner

Thursday, October 24, 2024

4:30 p.m. to 7:30 p.m.

Tickets ~ Adults \$10 / Children under 12 \$1

St. Luke's Episcopal Church / New Day Lutheran Church
270 N. Placer Avenue
~ Soup & Salad ~

The Church of Jesus Christ of Latter-day Saints
885 S. Boulevard
~ Main Course ~ Spaghetti ~

Trinity United Methodist Church
237 N. Water Avenue
~ Dessert ~

***Proceeds Benefit the
Community Food Basket***

For Tickets Call:

Trinity United Methodist
Church
208-522-7921



Just a reminder the UWF District meeting is this weekend. We will be attending the meeting via zoom starting at 9:30 at Trinity. Please bring a sack lunch. Also, Reverend Elizabeth has asked UWF to help with the Progressive Dinner October 24. Trinity will be having the desserts. So..... we need a lot of desserts!!! There is a limit of 240 tickets being sold (80 tickets per church). St. Paul's ladies and Trinity ladies will be asked besides those in UWF. To sign up for desserts contact Mary Nagel at 208-522-9880. We are asking that each dessert feed at least 15 people. This will be the first progressive dinner event since Covid. Let's make this a success and start the tradition again.

**EMBRACING THE FUTURE
FAITH, HOPE AND LOVE IN ACTION**

**Sage District Annual Celebration
Saturday, September 28, 2024, 9am - 3pm
Hillview United Methodist Church
8525 W Ustick Rd.
Boise, ID 83704
Hybrid Zoom meeting**

Let us celebrate joyfully together, in an attitude of thankfulness and friendship.

Join Sage District UWF at our Annual business meeting, followed by learning about UWF changes, and in joyous worship and communion together.

If attending in person, be sure to bring your brown bag lunch. If on Zoom, prepare a simple communion offering of bread and juice for our afternoon worship service. Peace be with you all. You are welcome at our table.



BELL CHOIR REHEARSALS BEGIN AT TRINITY UMC

We are excited to announce that bell rehearsals will take place on Sunday afternoons in the Trinity sanctuary. **Starting this Sunday, rehearsals will be held from 4:00 to 5:30 p.m. for experienced and Wesley Bell Ringers, with a session for new ringers at 5:30 p.m.** Janet Miller will serve as the director, and we encourage anyone interested in joining to attend!

Additionally, there will be a special technique session on **Sunday, September 29 at 3:00 p.m.**, perfect for those wanting to learn the fundamentals of bell ringing.

Plans are underway for a concert in December, so this is the perfect time to get involved. We are always looking for more ringers, so please join us at rehearsals and be a part of this musical ministry!

PRESENTATION ON PLANNED GIVING



Julia Frisbie of Faith Foundation Northwest will give a presentation on Planned Giving to the church on September 29, at 4pm at Trinity UMC. Planned Giving covers including the church in your will or estate planning. It will be held in place of the normal September 15th 3rd Sunday” workshop.

Faith Foundation Northwest is an investment company setup to invest monies from Methodist churches. It is separate but closely tied with the Pacific Northwest Area and has Bishop Cedrick as an Ex Officio board member She will speak on

- 1. Planned Giving to the church**
- 2. Setting up endowments (from a donors perspective)**
- 3. Managing endowments (from a church’s perspective)**
- 4. Investing extra church monies with Faith Foundation Northwest**

For more information about Faith Foundation Northwest please see:
<https://www.faith.foundation/about-1>

FALL BIBLE STUDIES

ISAIAH: “STRIVING LESS AND TRUSTING GOD MORE”



This 7 week study, using Melisa Spoelstra’s book, will focus of Isaiah’s call to rely on the Lord. Everyone is invited to participate in the studies held at St. Paul’s UMC. Contact Connie Dobbins for questions or to let us know which study time you would like to attend.

Women’s Bible Study Group
Thursday’s at 1pm
Facilitated by Mary Bash

Co-ed Bible Study Group
All are welcome
Friday’s at 2:30 pm
facilitated by
Connie Dobbins and Lori Wickham

Women's Outreach & Fellowship Group

Our Women's Fellowship group meets at 9:30 a.m. every Wednesday at St. Paul's UMC. All women are invited and welcome, there's no membership. This is a casual, friendly group of fine women.

Our October mission project is to gather items for the Center for Hope, who provide support for wellness and recovery in behavioral health challenges, and for Rise Up, a teen and child crisis center. We will collect: underwear (sizes little kids to adult), sport bras, weighted blankets, individual toothbrushes, toothpaste, single-serve cereals and boxes of milk, freezer breakfast foods, snacks, and treats. (All food should be individually wrapped.)

Everyone at St. Paul's UMC is invited to donate to this project. We are blessed to be a blessing!



SAWTOOTH CAMP

"SENIOR SHINDIG" REPORT

Idaho Falls UMC had 5 participants in the newly offered "Senior Shindig" at the Sawtooth Camp. An immediate indication of the entire camp spirit was the Camp Director's Tee Shirt, "LOVE LIKE JESUS". Despite various infirmities, with the use of handy golf carts and mutual caring, everyone felt included in the wide variety of activities. From the hour of adaptable exercises to gathering around a campfire at sundown, there were opportunities to learn about oneself through games and Bible study, become acquainted with new friends around the dining tables, dabble in art, explore historical buildings and just breathe in the peace and beauty of the mountains. We highly recommend this experience for all who are 50+!

-Jill Ecklesdafer



ALZHEIMER'S WALK A SUCCESS

The Joint Idaho Falls Methodist Alzheimer's Walk team finished in 4th place in the Idaho Falls ALZ walk last weekend with \$1,249 raised. The clear star was Kathy Gaskill from St. Paul's who raised \$720 for the effort. There may be more dollars to come as the late checks get deposited. Other team members of the Memory Methodist team included Denny Kemp, Marcia Lew, Sherry Newey, Don Rohde, and Trudy Esparza who showed up to cheer us on. Thanks to all who supported this joint important effort between St. Paul's and Trinity.

Top Fundraisers

TEAMS

1	Lincoln Court Re...	\$4,336
2	Edward Jones Te...	\$2,620
3	MorningStar Se...	\$2,300.35
4	Memory Method...	\$1,249
5	UI Extension	\$1,225

2024 CHURCH COUNCIL & STAFF

Trinity UMC

Pastor: Rev. Elizabeth McVicker

Chair of Admin Council: Gene Summers

Lay Leader: Tommy Lew

SPRC: Sherry Newey

Trustee: Don Rohde

Connect with Trinity UMC

<http://tumcif.org/>

trinityumcidahofalls@gmail.com

<https://www.facebook.com/TUMCIF/>

Sunday, September 29th

8:30am Fellowship Coffee & Donuts at Trinity UMC

9:00am Worship at Trinity UMC

Choir Rehearsals at 10:30 am at St. Paul's UMC

Worship Service at 11:00 am at St. Paul's UMC

Fellowship time following the service

Choir practice at 12:30pm at St. Paul's UMC

Bell Choir Rehearsals at Trinity UMC at 3pm

Presentation of Planned Giving Trinity UMC at 4pm

Monday, September 30th

St. Paul's Yard Spruce Up at 9am

Scouts BSA Female Troop at 6pm at St. Paul's UMC

Tuesday, October 1st

N.A at 7:00 pm at Trinity UMC

Wednesday, October 2nd

Men's Coffee at 8:30 or 9am at Perkins

Women's Outreach & Fellowship 9:30 am at St. Paul's UMC

Upper Room Study at 10:00 am at Trinity UMC

Cub Scout Pack Meeting at 6:30 pm at Trinity UMC

Scouts BSA at 7:30 pm at Trinity UMC

Thursday, October 3rd

Women's Bible Study at 1pm at St. Paul's UMC

Women's AA Group Meeting at 6:30 pm at St. Paul's UMC

Friday, October 4th

Bible Study at 2:30 pm at St. Paul's UMC

N.A. at 7:00pm at Trinity UMC

Candlelight N.A. at 7:00 pm at Trinity UMC

Sunday, October 6th

8:30am Fellowship Coffee & Donuts at Trinity UMC

9:00am Worship at Trinity UMC

Choir Rehearsals at 10:30 am at St. Paul's UMC

Worship Service at 11:00 am at St. Paul's UMC

Fellowship time following the service

Choir Rehearsals at 12:30pm at St. Paul's UMC

ST. PAUL'S UMC

Pastor: Rev. Elizabeth McVicker

Council Chair: Chris Holden

Member Delegate: Cindy Mason
Jim Mason

Trustees: Jim Mason
Jeff Bell
David Lively
Cindy Mason

Treasurer: Lacey Moon

Finance Secretary: Lynda Fennern

SPRC: Tracy Gohr

Missions Coordinator: Jerry Cass

Ministry Coordinator: Melinda Ginosar

Connect with St. Paul's UMC

www.umcstpauls.com

StPaulsUMCOffice@gmail.com

[facebook.com/umcstpauls](https://www.facebook.com/umcstpauls)

**And a harvest of righteousness is sown in
peace by those who make peace.**

JAMES 3:18